



BALONNE COMMUNITY SERVICES DIRECTORY

Please help us to keep the BALONNE SERVICE PROVIDERS DIRECTORY current and notify us of any changes. To update information please contact Care Balonne at 32 Henry St, ST GEORGE QLD, via phone 07 4625 5450, or email cdo@carebalonne.com

Last Updated: July 2024





Care Balonne
CARING FOR THE COMMUNITY



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AGED CARE



Dirranbandi Home Care Service - CHSP QLD Health	Co-ordinator P 07 4625 8222	Referrals accepted from My Aged Care My Aged Care 1800 200 422
St George Home Care Service - CHSP Qld Health	Co-ordinator P 07 4620 2263	Referrals accepted from My Aged Care My Aged Care 1800 200 422
Meals on Wheels Association Inc. 	Dirranbandi Hospital Kitchen P 07 4625 8222 St George Hospital Kitchen P 07 4620 2222 P 07 4620 2213 Care Balonne Volunteers, monthly rosters, Enquiries: Emily Southern P: 0417 752 144 E: stgmealsonwheels@gmail.com	Provides meals to persons who are disabled, elderly or who have been referred from a GP as they are unable to provide meals for themselves. <ul style="list-style-type: none"> Dirranbandi – MOW Monday- Friday St George - MOW is delivered 3 times per week, Monday, Wednesday, and Friday including all public holidays.
Churches of Christ Aged Care Facility Warrawee 	276-296 Alfred Street, ST GEORGE QLD 4487 P: 07 4620 2000 E: warraweerv@cofcqld.com.au	Community Nursing Centre Residential Aged Care Serviced Apartments Home Care




CHURCHES




Anglican Parish of St George With Dirranbandi 	133-137 Victoria Street, ST GEORGE QLD 4487 P: 4625 3044 E: stgeorge@anglicanchurchsq.org.au E: stgeorgeanglican@bigpond.com Warden Annette Maclean	Mass times, Facebook: https://www.facebook.com/anglicanchurchstgeorge
Catholic Church 	St Patrick's Church, 26 Balonne Street St Patricks Parish Hall, 28 Balonne St ST GEORGE QLD 4487 P: 07 4625 3021 E: balonneparish@bigpond.com Priest Fr Anthony Arockiam	Mass Times: Monday to Friday 7:00am 1st & 3rd (Sunday) - Saturday 6:00pm 2nd, 4th & 5th Sunday - 8:30am Dirranbandi 1st & 3rd Sunday 8:00am HEBEL 1st Sunday 10 am
Harvest Point Church 	10 Hill Street, ST GEORGE QLD 4487 Jessie and Amber Richardson E: inc.stgeorge@gmail.com E: harvestpointchurchstg@gmail.com P: 0413 856 671	Services: 9.30am Sunday via zoom or face-to-face service
Jehovah's Witness 	14 Robert Street, ST GEORGE QLD 4487 M:0417 636 895 Presiding Minister Peter	Online services until further notice See website: https://www.jw.org/en/

Lutheran Church 	P. O. Box 477, ST GEORGE QLD 4487 P: 07 4625 4838 Contact Rhonda & Colin Roll	Lutheran services are held at the Anglican Church every second Sunday of the month at 8.30am.
Presbyterian Church 	56 Grey Street, ST GEORGE QLD 4487 P: 07 4625 3015 Minister Victor Weber: 0427254527 Session Clerk Debbie Weber E: dwe72153@bigpond.net.au	Service 9am Every Sunday
St George Kings Church 	100 Arthur Street, ST GEORGE QLD Pastor: Kirsty and Nathan Waters E: Kirsty.waters@kings.org.au https://www.kings.org.au/stgeorge/ https://www.facebook.com/kingschurchsg/ https://live.kings.org.au/ For online services and times.	King's Church is a multi-generational, Pentecostal, apostolic, soul-winning church that has been operating for over 40 years and is connected to a ground-breaking school. We are an ACC (Australian Christian Churches) Church, and we are a growing community where people gather to connect with each other and with God. #WeAreKings Afterschool Care
St George Uniting Church 	14-16 Barlee Street, ST GEORGE QLD 4487 Cnr Victoria and Barlee Streets P.O. Box 228 Contact: Allan Neale M: 0417 647 884 https://www.facebook.com/StGeorgeUnitingChurch/ E: stguc@outlook.com	Mass every Sunday: 9am in church.
St George Riverlife Church of Christ 	276 Alfred Street St George admin@rcoc.com.au Pastor: Mr Derek Schiller M: 0427 412 013	Any 5th Sunday of the month is usually a joint service with Riverlife Church of Christ in St George (time and place will be advertised on our Facebook page).
Bush Disciples 	Michael Brumpton 72 Barlee Street, ST GEORGE QLD P: 07 4625 1006 E: contact@bushdisciples.church W: bushdisciples.church	
COMMUNITY SERVICES		
Anglicare Southern Queensland	52 Arthur Street, ROMA QLD 4455 P: 1300 610 610	Forster and Kinship Care
Balonne Shire Council 	118 Victoria Street, ST GEORGE QLD 4487 P. O. Box 201 P: 07 4620 8888 E: council@balonne.qld.gov.au W: www.balonne.qld.gov.au	
Balonne Visitors Information Centre 	The Terrace, ST GEORGE QLD 4487 P: 07 4620 8877 E: vic@balonne.qld.gov.au Monday – Friday 9am -5pm Weekends and Public Holidays 10am – 2pm	

<p>Care Balonne Association Inc.</p>  <p><small>Funded by</small></p> 	<p>32 Henry Street, ST GEORGE QLD 4487 P. O. Box 517 P: 07 4625-5450 Monday – Friday 8.30am -4.30pm Excluding all public holidays</p> <p>Manager Robyn Fuhrmeister P: 0417 193 504 E: manager@carebalonne.com</p> <p>Administration Jodie Kings P: 07 4625 5450 E: admin@carebalonne.com</p> <p>Active Seniors Program Sophie Cooke P: 07 4625 5450 M: 0491 260 290 E: activeseniors@carebalonne.com</p> <p>Community Development Officer Sarah Southern P: 07 4625 5450 M: 0455 024 223 E: cdo@carebalonne.com</p> <p>Rural Family Support Worker Kymberley Wilde P: 07 4625 5450 M: 0428 528 251 E: familysupport@carebalonne.com</p>	<p>Various Resources and Services Available including Room & Equipment Rental:</p> <p>Free Use</p> <ul style="list-style-type: none"> - Baby Changing Facilities - Mothers Room with Lounge <p>The Following Services incur fees</p> <ul style="list-style-type: none"> - Computer Access - Laminating/ Scanning/ Photocopying <p>Hire of the following equipment and Rooms may incur a bond and fee.</p> <ul style="list-style-type: none"> - Conference Room - Office Space <p>ACTIVE SENIORS PROGRAM – FREE SERVICE The Active Seniors Program works with our senior community members to reduce social isolation and encourage active lifestyles. Regular activities, workshops and events are held throughout the year.</p> <p>COMMUNITY DEVELOPMENT - FREE SERVICE</p> <ul style="list-style-type: none"> • Provide information, advice & referrals. • Source funding opportunities • Respond to identified & emergent needs of the community. • To better inform the community of affecting issues <p>FAMILY SUPPORT - FREE SERVICE</p> <ul style="list-style-type: none"> • Focuses on empowering families to care for their children. • The service provides families with advice, information, referrals and where needed ongoing emotional support.
<p>Care Goondiwindi</p> 	<p>111 Callandoon Street, GOONDIWINDI QLD 4390 PO Box 648 P: 07 4670 0700 E: info@caregoondiwindi.org.au W: www.caregoondiwindi.org.au</p> <p>CEO Tracy McDonald E: manager@caregoondiwindi.org.au</p>	<p>Provides the following services:</p> <ul style="list-style-type: none"> • Rural Family Services • NILS – No Interest Loan Scheme • Community/ Seniors Development • Youth Development, NDIS • IPSS – Indigenous Parenting • Community Justice Group • Medico – transport to and from medical Appts.
<p>Centrelink</p> 	<p>88-90 The Terrace, St George QLD 4487 P: 132 490 Australian Government Services Australia Page: https://www.servicesaustralia.gov.au/contact-us</p>	<p>Local Offices: Dirranbandi Mon- Fri 9am -3.30pm (closed 12.30pm -1.30pm) Mungindi Mon –Fri 9am- 12 noon St George Mon – Fri 9am – 3:00pm</p>

	<p>Crisis Contact/Payment: https://www.servicesaustralia.gov.au/crisis-payment P: 1802266</p> <p>Phone Self Service 136 250</p> <p>Job Seekers 132 850</p> <p>Farmer Assist Hotline 132 316 Free call 1800 050 585</p> <p>Indigenous Contact Centre 1800 136 380</p> <p>Carers 132 717</p> <p>Family Payments 136150</p> <p>Languages Multilingual 131 202</p> <p>Migrants, Refugees & Visitors 132 850</p> <p>Mygov 132 307</p> <p>Older Australians 132 300</p> <p>People with Disability 132 717</p> <p>Report Income 133 276</p> <p>Students/Trainees & Apprentices 132 490 (<i>Austudy/ Youth Allowance</i>) 1800 132 317 (<i>ABSTUDY</i>) 132 318 (<i>Isolated children</i>) 133 633 (<i>Apprentices Line</i>)</p> <p>Child Support 131 272</p> <p>Medicare 132 011</p> <p>Australian Immunisation Register: 1800 653 809</p> <p>Other Services https://www.servicesaustralia.gov.au/contact-us</p>	<p>Mon-Fri 8am-5pm Mon-Fri 8am-5pm</p> <p>Mon-Fri 8am-5pm</p> <p>Mon-Fri 8am-5pm</p> <p>Mon-Fri 8am-8pm</p> <p>Mon-Fri 8am-5pm</p> <p>Open Mon-Friday 7am-7pm</p> <p>Mon-Fri 8am-5pm 7days week, 24hrs day</p> <p>Mon-Fri 8am-5pm Mon-Fri 9am-5pm Mon-Fri 8am-4:30pm Mon-Fri 8am-5pm</p> <p>Mon-Fri 8am-4:45pm</p> <p>Mon-Fri 8am-5pm</p>
Dirranbandi Rural Transaction Centre	35-37 Railway Street, DIRRANBANDI QLD 4486 P: 07 4625 8411	Town Library, Tourist Information Centre QGAP office: Housing forms, motor vehicle registrations, Centrelink Agency, Country Universities Centre (CUC)
Gateway to Training  	<p>ST GEORGE QLD 119 Victoria Street</p> <p>GOONDIWINDI OFFICE 15- 21 Russell Street, LMB 7</p>	GTT is a not-for-profit community-based organisation that offers flexible and responsive learning opportunities across Southwest Queensland.

	<p>GOONDIWINDI QLD 4390</p> <p>P 07 4671 2258 E info@gttc.com.au W www.gttc.com.au</p> <p>Patricia Kennedy M: 0447 123 600 E: patricia@gttc.com.au</p>	<p>Our vision is to connect and create partnerships that provide lifelong learning options to build resilient communities that are alive with opportunities. GTT offers the following specialised training and support programs as well as fee for service tailored training:</p> <ul style="list-style-type: none"> • Get Set for Work Program 15 to 19 years • Steady, Ready, Go! Program Over 15 years • Transition to Work Program 15 to 21 years • Tailored Training
<p>Goolburri Aboriginal Health Advancement Co Ltd</p>   	<p>Goolburri Aboriginal Health Advancement Co Ltd Toowoomba office 20 Scott Street, Toowoomba QLD 4350 PO Box 1198 P: 07 4632 0338 W: www.goolburri.org.au</p> <p>St George Office 94 Victoria Street, ST GEORGE QLD 4487 P: 07 4625 1058 Team Leader for the Southwest Leah Lang E: LeahL@goolburi.org.au</p> <p>Regional Family & Child Wellbeing Worker St George Office Kirsten Taylor P: 07 4625 1058 M: 0413 225 386 E: KirstenT@goolburi.org.au</p> <p>Foster & Kinship Care</p>	<p>Servicing St George, Cunnamulla, Charleville, Roma and Dirranbandi, Goondiwindi and surrounding area's.</p> <p>Goolburri Family Wellbeing Service supports Aboriginal and Torres Strait Islanders with a range of services to strengthen families and communities' relationship while protecting the vulnerable and those at risk.</p> <p>Goolburri aims to do this through supporting families at risk, acting as an Aboriginal and Torres Strait Islander 'voice' when working with the Department of Child Safety, Youth and Women and being actively involved in placing Aboriginal and Torres Strait Islander children and young people within appropriate families and/or cultural settings when the need arises.</p> <p>Goolburri Family Wellbeing Service has integrated two previous services into one:</p> <ul style="list-style-type: none"> • Services of Family Support (FS) • Recognised Entity (RE) <p>Goolburri Family Wellbeing Service understands that families sometimes face challenges and difficulties throughout the storyline of life. An Aboriginal and Torres Strait Islander Family Wellbeing Service Worker assists families with referrals and support to develop skills to deal with these hardships and the issues that surround them on their journey of life.</p> <p>Goolburri Aboriginal Health Advancement Foster & Kinship Care Service will ensure support through the arrangements of placement, implementation of a Care Plan, and support for Foster & Kinship Carers in meeting emotional, behavioural, and other needs of our Aboriginal and Torres Strait Islander children and young people while they are in out-of-home care.</p>

		<p>Carers receive an allowance to cover items such as food, clothing, household supplies, gifts, pocket money and entertainment for the children/young people in care. The allowance is not a payment but is a partial contribution towards the direct cost of looking after children/young people with high needs.</p> <p>Other reimbursements for carers are also available from the Department of Communities (Child Safety), including an additional allowance provided for carers who have children/young people with high needs.</p>
<p>Lifeline Darling Downs</p>   	<p>138 Victoria Street, ST GEORGE QLD 4487 1300 991 443 St George Office 0746 883 716</p> <p>Referrals: Lifeline@lifelinedarlingdowns.org.au</p> <p>Manager Southwest Region (Roma) P: 1300 991 443</p> <p>Administration Officer - Roma Phone: 1300 991 443 Monday – Friday 8:00am to 5:00pm.</p> <p>Tracks to Success P: 1300 991 443 (Ask for the St George office)</p> <p>St George Youth Development Worker P: 1300 991 443 (Ask for the St George office)</p>	<p>Provides Line Management functions to funded programs and staff in the Southwest Region</p> <p>Program aims: The Tracks to Success Program assists parents of Aboriginal and/or Torres Strait Islander descent with ongoing engagement on education and development to enrich family wellbeing. This includes:</p> <ul style="list-style-type: none"> · Improving family and parenting support in the areas of early childhood development, school education, youth engagement and transition · Focus on increasing school attendance and improved education · Support activities which nurture and educate Aboriginal and/or Torres Strait Islander children, youth, and adults <p>Referrals are welcome from self, community, schools and/or early childhood centers.</p> <p>Program aim: develop and deliver effective responses to the needs of young people aged 12- 18 years. In particular, those young people who are experiencing limited opportunities for participation in social, cultural and/or economic life within the St George and Dirranbandi communities. To reduce barriers facing young people in terms of their safety,</p>

	<p>Safe Connections Support Practitioner Phone: 1300 991 443 (Ask for the St George office)</p> <p>Family & Child Connect Program (FaCC) Nicole Beardmore P: 1300 991 443 M: 0448 013 277 E: nbeardmore@lifelinedarlingdowns.org.au W: https://familysupportreferral.org.au/</p>	<p>wellbeing and engagement in family and community living arrangements. This includes:</p> <ul style="list-style-type: none"> · Promotion of early, effective, and prompt support and interventions when risks to development, education, health and safety are identified · Manage an ongoing case load in the St George and Dirranbandi areas · Provide individual support using a planned approach · Activities that promote development of leadership, social and personal skills needed for independent and successful community living <p>Referrals are welcome from any service and clients are able to self-refer to this program.</p> <p>Program Aim: The Safe Connections program offers support to community members whose lives have been impacted by Domestic and Family Violence and Sexual Abuse. The program works closely with local service providers to ensure a strong multi-agency response to Domestic and Family Violence and is available in the communities throughout Southwest Queensland.</p> <p>Support Services offered:</p> <ul style="list-style-type: none"> • Domestic Violence Counselling • Court based support services. • Perpetrator Intervention Programs • Children’s Domestic Violence • Counselling • Sexual Violence Services • Women’s Health and Wellbeing <p>We have offices based in St George, Roma, Charleville and Cunnamulla with contact and travel visits available to other towns within this region. Please contact staff by the numbers provided for St George and Roma or Lifeline 1300 991 443 and your query can be directed to the other areas.</p> <p>Program aims: Family and Child Connect helps families care for and protect their children. at home by connecting them to the services they need. Family and Child Connect can talk to you about your family’s worries and refer you to local services that can help. This includes:</p> <ul style="list-style-type: none"> • developing your parenting skills and managing child behavior • building better relationships between family
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	<p>• members, including help with any violence. at home</p> <p>• budgeting and managing money.</p> <p>• managing alcohol, drug, or gambling problems</p> <p>• accessing housing, healthcare or other</p> <p>• community or government services</p> <p>Referrals are welcome from any service and clients are able to self-refer to this program.</p> <p>Program aim: To provide individual and group based cognitive Behavioral Therapy to people from 12yrs old and up, with or at-risk of developing low to moderate mental health issues.</p> <p>The program provides Low intensity Cognitive Behavioral Therapy (LICBT) interventions to people with mild to moderate depression and/or anxiety. Low intensity Cognitive Behavioral Therapy Coach is based in Roma on a part time basis. Mental Health coaches can help with:</p> <ul style="list-style-type: none"> • Grief and/or loss • Stress • Anxiety or uncertainty • Life events impacting your daily living <p>Program Aim: To access phone counselling in times of need for people during and after dealing with a loss of someone in their lives. Contact the Toowoomba office and the reception staff will be able to connect you with a suitable program counsellor who will be fully qualified to work with clients over the phone or travel to Toowoomba if clients wish to engage with the counsellor directly.</p> <p>Donate and buy with Lifeline and help save lives. Lifeline services in Qld are operated by Uniting Care Community. Proceeds from the shops help fund the Lifeline 24-Hour 13 11 14 Crisis Support Line. Suicide Prevention Services and the Lifeline Community Recovery program.</p> <p>If you would like more information about our business and services, please log onto the website: www.lifelineshipsqld.com.</p> <p>Program Aim: Lifeline is a national charity providing all Australians experiencing a personal crisis with access to 24-hour crisis support and suicide prevention services.</p> <p>We're committed to empowering Australians to be suicide-safe through connection, compassion, and hope.</p> <p>Our vision is for an Australia free of suicide.</p>
	<p>My Connections, My Way Mental Health Coach Phone: 1300 991 443</p> <p>Grief & Loss Counselling Lifeline Australia P: 13 11 14</p> <p>Lifeline Shop, St George 138 Victoria St, St George Qld 4487 Phone: 07 4625 4341</p> <p>Lifeline National Crisis Support & Suicide Prevention 24hrs P: 13 11 14</p>

DISABILITIES

Disability Plan Services

Level 2, Shop 2046a
Grand Central Shopping Centre
TOOWOOMBA QLD 4350

P:
E:

Fortnightly visits to St George – appts at Care
Balonne Association

Indigicare Connect



94 St Georges Terrace, ST GEORGE QLD 4487
P: 07 4625 1742

Managing Director

Jennifer Waters

jennie@indigicareconnect.com.au

Director

Ronald Waters

ron@indigicareconnect.com.au

Business Manager

Melissa Waters

melissa@indigicareconnect.com.au

Abilities Coordinator

Tracey Campbell

tracey@indigicareconnect.com.au

Support whole of community with assistance to achieve optimum quality of life, freedom of choice, inclusion in the community and psychosocial support.

NDIS Registered

NDIS or self-referred with an approved package

Services Provided:

- Assistance with Self Care Activities
- Social & Community Participation
- Support Coordination
- Supported Independent Living
- Short Term accommodation
- Health Supports by a Nurse

National Disability Insurance Agency



Susan Mullens

E: Susan.mullens@ndis.gov.au

E: enquiries.qld@ndis.gov.au

P: 0436 840 493

90 The Terrace, ST GEORGE QLD

Remote Planner

Australian Humanity In Action Network Organisation



Contact:

Emmanuel

Victoria street, ST GEORGE QLD 4487

M: 0458 624 261

E: info@ahano.org

W: www.ahano.org

- Disability Services
- Transport Services

DOMESTIC VIOLENCE

DV Connect



www.dvconnect.org

P: 1800 737 732

Women's line

P: 1800 811 811

Men's line






P: 1800 600 636








Sexual Assault Helpline



P: 1800 010 120





Pets in Crisis

We help Queenslanders find pathways to safety, away from domestic, family, and sexual violence. We provide emergency transport and accommodation for your entire family including pets. We also provide safety planning, crisis counselling, intervention, information, and referrals at no cost to you.






	Workplace Training WHAT TO EXPECT You can expect to be heard when you call DV Connect. Whether you are calling our Women's line, Men's line or Sexual Assault Helpline, we will listen, provide options and offer support. Your safety is our number one priority. We work with the National Relay Service and Translating and Interpreting Service (TIS National) to ensure access accessibility for people with disability or people from non-English speaking backgrounds	We operate bridging accommodation residence Bella's Sanctuary, a safe haven for victim survivors to heal and rebuild their lives. We also educate through our Workplace Domestic and Family Violence Training program.
LifeLine  	138 Victoria Street, ST GEORGE QLD 4487 PO Box 92 1300 991 443	We offer: <ul style="list-style-type: none"> • Crisis intervention • Counselling for: • Children who witness or experience domestic and family violence. • Young people who witness or experience domestic and family violence. • People who experience abuse and violence in relationships • Court support • information support and referral Towns serviced: Dirranbandi -fortnightly visits. Target group: Victims, young people, and children of domestic and family violence
Cunnamulla Aboriginal Corporation for Health  	Far West Indigenous Family Violence Service Domestic Violence Support Worker Lifeline Building 138 Victoria Street, St George 4487 Coordinator Far West Indigenous Family Violence Service Tracey McKay E: tmackay@cphcc.com.au P: 0427 900 319 Domestic Violence Support Worker - St George Fred Wharton E: fwharton@cphcc.com.au P: 0498 600 625 Monday – Friday 8:30am – 5:00pm	Far West Indigenous Family Violence Service offers support, advice and advocacy to families who have or are experiencing Domestic and Family Violence in the form of crisis assistance and intervention.
DROUGHT SUPPORT SERVICES		
Drought Angels 	P: 07 4662 7371 E: admin@droughtangels.org.au W: www.droughtangels.org.au PO box 451, Chinchilla QLD 4413	A not-for-profit agency based in Chinchilla providing assistance in the form of pre-paid Visa cards, food hampers, care packs, and local store vouchers.
Flood and Drought	Regional Recovery Officer South West QLD E: RROsouthwestqld@pmc.gov.au P: 0428 557 342	The Agency works hand in hand with communities, all levels of government, charities, and agricultural organisations to support farmers and other rural






Response and Recovery Agency 	W: www.droughtandflood.gov.au	and regional Australians living through the immediate and longer-term effects of drought and flood.
Queensland Country Women's Association 	P: 07 3236 6419 W: www.qcwa.org.au St George: StGeorgeBranch@QCWA.org.au Dirranbandi: DirranbandiBranch@QCWA.org.au Thallon: ThallonDaymarBranch@QCWA.org.au Bollon: BollonBranch@qcwa.org.au	QCWA Public Rural Crisis Fund supports families suffering from drought, flood, or fire, as well as families experiencing any type of crisis. Support is in the form of grocery vouchers, store credit or payment of overdue accounts.
Royal Flying Doctor Service  Royal Flying Doctor Service	RFDS Drought and Wellbeing Service E: outback@rfdsgld.com.au P: 1300 010 174	Offer a wide range of mental health services including <ul style="list-style-type: none"> individual counselling sessions talks, group presentations and training Pit stop health checks
Rural aid 	Community Representative Gail Courte P: 1300 327 624 M: 0428 185 184 E: gail.courte@ruralaid.org.au 70 Station Road, Indooroopilly, Q, 4068. PO Box 476, Indooroopilly Centre, Q. 4068	Rural Aid is a not-for-profit relief agency founded by a Brisbane couple who were motivated to help address the needs of primary producers experiencing drought and natural disaster. They provide material, practical, and financial aid through a range of programs including Buy a Bale as well as a fully funded specialised on-farm counselling program.
Rural Financial Counsellor 	David Knight P: 07 4622 5500 M: 0447 760 743 E: david.knight@rfcssf.org.au W: www.rfcssq.org.au small Business Rural Financial Counsellors P: 1300 372 777 P: 07 4622 5500 E: admin@rfcssq.org.au W: www.rfcssq.org.au	The RFCS Program enables eligible rural operators to access free, independent, impartial, and confidential support and assistance, to work through their current situation and towards financial self-sufficiency. Rural Financial Counsellors can meet in the office or on farm. Local Office: C/- QDAF Building 126 Alfred Street, St George QLD C/- QDAF Building 26 Lagoon Street, Goondiwindi QLD 4390
St Vincent de Paul 	Vinnies Drought Appeal P: 1300 846 643 W: www.vinnies.org.au	In the Western Downs Local Government Area SVDP administrate the Drought Community Relief Program for farmers, farm workers and farm suppliers/contractors affected by the drought. SVDP also have their own relief programs and funds.
DRUG & ALCOHOL SUPPORT		
Anglicare  Support for the life you want	Youth Alcohol and Other Drugs Counsellor Youth in Charge Program 50-52 Arthur Street PO Box 795 ROMA QLD 4455 P: 07 4620 4038	We support young people aged up to 25 years old, who are worried about their drug or alcohol use or who are at risk of lapsing/relapsing and would like some support around their use to improve their health and wellbeing. WHAT DO WE DO?

	<p>M: 0418 901 891</p> <p>E: kculverhouse@anglicaresq.org.au</p> <p>W: www.anglicaresq.org.au</p>	<ul style="list-style-type: none"> • Management of lapse and prevention of relapse. • Provide education and information sessions. • Brief intervention • Individual counselling • Group counselling • Advocacy and support <p>Self-referral or referral from service providers P: 1300 114 397</p>
<p>Drug ARM Australasia</p> 	<p>Clinical Worker – Creating Options</p> <p>Ben Chan 44 Grey Street St George Medical Centre Allied Health Building ST GEORGE QLD 4487</p> <p>E: BenC@drugarm.com.au P: 0436 913 603 Intake: 07 3620 8880</p>	<p>Creating Options is a twelve-week treatment program for people who want help to address issues related to their alcohol or other drug use. Our team of specialists provide non-judgemental and confidential support through weekly counselling sessions and case management.</p> <p>We can help in areas such as relapse prevention, coping strategies, relationship skills, anger management, emotional regulation, mental health, and other life skills support.</p> <p>Creating Options can also help to coordinate care by engaging with existing healthcare and social services providers or connecting to new providers. Our holistic approach means we help with all the issues that might be contributing to, and maintaining, alcohol and other drug use. We work with each person to identify their goals and provide practical solutions to make progress towards them. Creating Options is free, voluntary and no referral is required. Our flexible program delivery approach means that you can access support in our office, your home, a safe community space or via telephone.</p>
<p>Drug ARM Australasia</p> 	<p>Breakthrough for Families QLD Family Support Facilitator</p> <p>Felicia Lin</p> <p>61 McDowell Street ROMA QLD 4455 P: 0473 072 264 Intake: 07 3620 8880 E: Felicial@drugarm.com.au</p>	<p>A program designed to provide information and support to families and significant others of those affected by substance use.</p> <p><u>We offer:</u></p> <ul style="list-style-type: none"> • Free one-on-one counselling and support sessions for Family members (by appointment) • Free public information sessions • Connection and referral to other support service <p><u>We can help with:</u></p> <ul style="list-style-type: none"> • How to have a conversation with a family member, friend or loved one who has a substance use issue • How to set healthy boundaries... and keep them. • Information on why people use alcohol and other drugs, lapse and relapse. and the stages of behaviour change • Trustworthy source of information about alcohol and other drugs • Information on how to navigate the alcohol and other drug treatment system. • Support for family members, including connection to ongoing social and health services




<p>Goondir Health</p>  	<p>127 Victoria Street, ST GEORGE QLD 4487 P.O.Box 246 P: 07 4625 5040 W: www.goondir.org.au</p> <p>Mon-Thurs 8.30am-4.30pm Fri 8am-2pm</p> <p>Social Emotional Wellbeing Counsellor Janelle Fatnowna E: j.fatnowna@goondir.org.au M: 0436 621 456 P: 4625 5040</p> <p>Big Buddy Program Jaiden Davis P: 0436 689 843 E: j.davis@goondir.org.au</p>	<p>General Practice, Dental Care, 715 health checks, Client Transport to and from appointments and long-distance travel, Gym facilities, Big Buddies Program</p> <ul style="list-style-type: none"> 2 Aboriginal Health Workers assist with screening patients. Assists with self-harm, loss & grief, drugs and alcohol issues, self-esteem issues, anxiety & emotional support. Service is available for children, youths, adults, and elderly. Families are also welcome. Service extends to connecting indigenous individuals and/or families to genealogy. Intake via referrals, self-referrals, medical referrals
<p>St George Pharmacy</p>	<p>103 Victoria St, ST GEORGE QLD 4487 P: 07 4625 3469</p>	<p>TRADING HOURS Mon – Fri 8.30am-5.30pm Sat 8.30am-12noon</p>
<p>Visiting Service – Drug & Alcohol</p>	<p>Roma QLD 4455 P: 07 4624 2977</p>	<p>Outreach to St George occurs every fortnight and clinic is held at the St George Hospital</p>
<p>#SITC Sober in the Country</p>	<p>https://www.soberinthecountry.org/ Website offering anonymous online support for drinkers of all levels. https://www.soberinthecountry.org/bush-tribe</p>	<p>Sober In The Country is a grassroots rural charity leading social impact and change across rural Australia through peer support, education, advocacy, and our #OK2SAYNO campaign.</p>
<p>EARLY CHILDHOOD</p>		
<p>Early Childhood Centre St George</p> 	<p>40 Kenny Lane, ST GEORGE QLD 4487 P: 07 4625 1830 F 07 4625 3227 E: stgeorge@nccearlylearners.com.au W: www.nccearlylearners.com.au/stgeorge</p> <p>Director Roslyn Coaker P: 07 4625 1830 E: roslyn.coaker@ncc.qld.edu.au</p>	<p>Provide Long Day Care for children from 6 weeks to school age weekdays from 7.30am – 6pm</p> <p>Now operating a Qld Government Approved Kindergarten Program, provided by a qualified teacher. Kindy is an important time for children, to assist in developing social skills, emotional wellbeing and building steps in literacy, numeracy, and creativity to lay foundations for future learning. Including other advantages such as an Active Kids Sports Program and Incursions, NCC early learners Kindy prepares every child for school and beyond.</p>
<p>Lady Gowrie Balonne Community Kindergarten</p>  <p>Lady Gowrie^{QLD} Educating and caring for children since 1940</p>	<p>144-146 Victoria St, ST GEORGE QLD 4487 P: 07 4625 3923 E: balonnekindy@ladygowrie.com.au</p> <p>Hours of operation: Monday, Tuesday & Wednesday 8:15 – 3:30 Thursday & Friday 8:15am – 4:00 8.15am - 4.00pm</p>	<p>Two groups:</p> <ol style="list-style-type: none"> Mon, Tues & Wed 8:30 – 2:30 Thurs & Fri 8:30 – 4:00 <p>Kindergarten Pre-Prep (4-5yrs)</p>

St George Kings Church 	100 Arthur Street, ST GEORGE QLD Pastor: Kirsty and Nathan Waters E: Kirsty.waters@kings.org.au https://www.kings.org.au/stgeorge/ https://www.facebook.com/kingschurchsg/ https://live.kings.org.au/ For online services and times.	King's Church is a multi-generational, Pentecostal, apostolic, soul-winning church that has been operating for over 40 years and is connected to a ground-breaking school. We are an ACC (Australian Christian Churches) Church, and we are a growing community where people gather to connect with each other and with God. #WeAreKings
Dirranbandi Kindergarten Assoc.	16 Moore Street, DIRRANBANDI QLD 4486 P.O.Box 19 P: 07 4625 8458 E: dirranbandi@candk.asn.au	<i>Playgroup runs every Friday 9am-11am at the Dirranbandi State School.</i>
Mungindi Community Pre School	Barwon Street, MUNGINDI NSW 2406 P: 02 6753 2220	8am -3pm Tues/ Wed/ Thurs
Mungindi Playgroup	Mungindi Youth Centre P: 02 6752 4536	Wednesday's 10am-11.30am
Bollon Playgroup	Rural Children's Centre (Beside Bollon School) Sarah Isles 0437757667	Every Tuesday 9am -11am
Begonia Playgroup	Contact Danielle Koster P: 0467 323 042 @ Begonia Sports Club	Playgroup First Wednesday of the month
St George Aboriginal Housing Pty Ltd 	90 The Terrace, ST GEORGE QLD 4487 P. O. Box 222 P: 07 4625 1883 Early Childhood Worker Nerissa Webster M: 0448 016 879 E: stgahc_earlychildhood@bigpond.com Indigenous Family and Children Support Officer Jolean Bennett M:0448 016 638 E: stgahc_familysupport@bigpond.com	Offers pick up and drop off for school, appointments, and ongoing support for families. After school activities like Homework Club, on Tuesdays and Thursdays 3:15pm – 4:30 pm
Parent Group 	Family Support Worker Kymberley Wilde P: 07 4625 5450 M: 0428 528 251 E: familysupport@carebalonne.com Care Balonne 32 Henry Street, ST GEORGE QLD	Every 1 st Tuesday of the month 9.30am – 11.30am This group is open to all parents with children 0-5yrs. The group is informal, and topics are generated by the parents. This is a great opportunity to meet other parents and enjoy a cuppa and friendly conversation.
Sunrise Playgroup 	St George State School P: 07 4620 8333 E: admin@stgeorgess.eq.edu.au	Wednesday and Thursday Weekly 9am -10:30am Please contact School if you require transport. Please Note: <i>The above play days and time excludes all School and Public Holidays</i>
First 5 Forever	St George Library 110 Victoria Street, ST GEORGE QLD P: 07 4620 8878	Friday's 9.30am-10.30am

Mainly Music	Harvest Point Church, Hill Street ST GEORGE QLD P: 0413 856 671	Monday's 9.30am-11am \$3/child or \$5/family Under 12months is free
EDUCATION		
Begonia State School 	4233 Begonia Road, Begonia via St George Qld 4487 P: 07 4625 7445 Principal E: principal@begoniass.eq.edu.au	Kindergarten to Year 6 OFFICE HOURS The school Office is open 8:00am – 4:00pm
Bollon State School 	60 Main St, BOLLON QLD 4488 P.O.Box 39 P: 07 4625 6139 Principal E principal@bollonss.eq.edu.au	OFFICE HOURS The school office is staffed by an administration officer two days a week (Tuesday and Thursday) from 8:30am – 2:30pm.
Country Universities Centre	Centre Manager Elspeth Hurse P: 0409 446 421 E: elspeth.hurse@cucbalonne.edu.au W: https://www.cucbalonne.edu.au	We provide dedicated learning and study spaces in St George and Dirranbandi that have been designed for regional people by regional people. Students have free access to high-speed internet, modern technology, and wrap around support. Registration is free and available to students enrolled with any higher education provider.
Dirranbandi P-10 State School 	Jane Street, DIRRANBANDI QLD 4486 P: 07 4625 8555 Absence line:4625 8566 E: admin@dirrranbass.eq.edu.au W: www.dirranbass.eq.edu.au	Prep – Grade 10 Playgroup every Friday 9am -11am Dirranbandi State School
Hebel State School 	41/49 Maud Street, HEBEL QLD 4486 P: 07 4625 0938 E: principal@hebelss.eq.edu.au	Hebel State School is a small Kindy to Year 6 school in the Balonne Cluster, member of the Darling Downs Southwest Region.
Mungindi Central School 	59-67 Wirrah Street MUNGINDI NSW 2406 P: 02 6753 2207 E: mungindi-c.school@det.nsw.edu.au	A preschool to year 12 comprehensive school.
St George State High School 	2 Victoria St, ST GEORGE QLD 4487 P.O.Box 209 P: 07 4620 8222 W: www.stgeorgeshs.eq.edu.au EQ Service Centre P 1800 680 445 Principal E admin@stgeorgeshs.eq.edu.au Guidance Officer Annette Mclean E: guidance.officer@stgeorgeshs.eq.edu.au School Based Youth Health Nurse E: SBYHN@stgeorgeshs.eq.edu.au	The school caters for more that 200 students from Years 7 to 12 and aims to provide high quality education which makes a positive difference to the lives of all its students.

	<p>Community Education Counsellor Joy Weatherall E: CEC@stgeorgeshs.eq.edu.au</p> <p>School Chaplain E: chaplain@stgeorgeshs.eq.edu.au</p>	
<p>St George State School</p> 	<p>20-40 Grey Street, ST GEORGE QLD 4487 P.O.Box 231 P: 07 4620 8333</p> <p>Principal E: principal@stgeorgess.eq.edu.au</p> <p>Guidance Officer Annette Mclean E: guidance.officer@stgeorgeshs.eq.edu.au</p>	<p>Prep – Grade 6 Special Education Unit</p>
<p>St Joseph's Catholic Primary School</p> 	<p>72-74 Bucknell Street, MUNGINDI NSW 2406 P: 02 6753 2327 E: munadmin@arm.catholic.edu.au</p>	<p>Prep- Grade 6</p>
<p>St Patrick's Catholic Primary School</p> 	<p>36-44 Balonne Street, ST GEORGE QLD 4487 P.O. Box 609 P: 07 4625 3058 8.30am – 3.00pm</p> <p>Principal Mr James Wren E: James.Wren@twb.catholic.edu.au W: www.stgeorge.catholic.edu.au</p> <p>Admin/Finance Tracey Bella M: 0429 853 487 E: stgeorge@twb.catholic.edu.au</p>	<p>Prep- Grade 6 At St Patrick's our aim is to provide quality educational experiences for all our students from levels Prep to Year Six. We encourage students to explore and learn about the Catholic faith and the understanding of and the love for Jesus</p>
<p>SU QLD School Chaplaincy</p> 	<p>Community Chaplain St George State High School Chaplain P: 07 4620 8222 St George State School Chaplain P: 07 4620 8333</p>	<p>Currently servicing St George High School, St George State School, Bollon State School, and Thallon State School. Providing pastoral care support for students and the wider community including emotional, spiritual, and practical support</p>
<p>Thallon State Primary School</p> 	<p>15 Henry St, THALLON QLD 4497 P: 07 4625 9139 E: principal@thallonss.eq.edu.au W: https://thallonss.eq.edu.au/OurSchool/ContactUs</p>	<p>Kindy to Year 6</p>

EMERGENCY SERVICES **FOR ALL EMERGENCIES DIAL 000**

Fire & Rescue 	<p><u>St George Fire & Rescue</u> 39 Henry Street, ST GEORGE QLD 4487 P: 07 4671 4457</p> <p><u>Thallon Rural Fire Brigade</u> Pine Street, THALLON QLD 4497 P: 07 4625 9284 M: 0428 259 284</p> <p><u>Dirranbandi Rural Fire Brigade</u> 4 Cowildi Street, Dirranbandi QLD 4486 07 4671 8112</p>	
Qld Ambulance 	<p><u>Dirranbandi</u> Cr Jane & Crothers Street, DIRRANBANDI QLD 4486 P: 07 4625 8632</p> <p><u>St George</u> 62 Victoria Street, ST GEORGE QLD 4487 P: 07 4625 3224</p>	
Qld Police 	<p><u>Bollon</u> 22 Mary Street, BOLLON QLD 4488 P: 07 4625 6200</p> <p><u>Dirranbandi</u> Kirby Street, DIRRANBANDI QLD 4486 P: 07 4622 9707</p> <p><u>Mungindi - QLD</u> 49-67 Mungindi M: 0429 648 757</p> <p><u>Mungindi – NSW</u> 250 St George Street P: 0267 591 260</p> <p><u>St George</u> The Terrace, ST GEORGE QLD 4487 P: 07 4620 3033</p> <p>Police Liaison Officers Sydney Mann Chelsea Beardmore</p> <p><u>Thallon</u> Pine Street, THALLON QLD 4497 P: 07 4625 9120</p>	<p>Reporting of crimes not occurring at the time is Police link 131444 Crime Stoppers 1800 333 000</p> <p>Stations should only be contacted for local enquiries, not reporting.</p> <p>Emergencies (occurring at the time) Dial: 000</p> <p>Police Liaison Officers are here to assist the community.</p> 
State Emergency Service Ph 132500 	<p><u>St George</u> Balonne Shire Council, ST GEORGE 4487 P: 07 4620 8888</p> <p><u>Thallon</u> Pine Street, THALLON QLD 4497 P: 07 4625 9259</p>	<p>Balonne Shire Council Emergency Dashboard Provides information on Emergency News, Road Conditions, Weather Warnings and Power Outages within the shire. Log onto emergency.balonne.qld.gov.au click on Opt-In Alerts and register details.</p>

EMPLOYMENT SERVICES

Busy at Work



78b The Terrace, ST GEORGE Qld 4487
P: 0437 282 953 or 13 18 79
E: busy@busyatwork.com.au

Call Centre open 8am – 8pm AEST

Programs and Services

- Workforce Australia Employment Services
- Workforce Australia Transition to Work

FINANCIAL SERVICES

Rural Financial Counsellor Service QLD Central Southern Region

David Knight
P: 07 4622 5500
M: 0447 760 743
E: david.knight@rfcssq.org.au
W: www.rfcssq.org.au

Primary role is to support Primary Producers & small Rural Businesses who are suffering financial hardship, who have no alternative sources of impartial support, to manage challenges of industry change and adjustment.
Independent of Financial institutions, welfare agencies and the government **FREE SERVICE**

Lifeline Darling Downs & South West Qld Financial Counselling Service



PO Box 2119, TOOWOOMBA QLD 4350
Free call 1300 991 443
F: 07 46991610
Financial Counsellor
Bill McNaughton
M: 0457 844 089

Financial Counselling Service covering Roma, St George & Charleville area/s. Providing a FREE and independent service to consumers who want information or assistance.

SPER



P.O.Box 1387, BRISBANE QLD 4000

General Enquiries
P: 13 QGOV (13 74 68)
W: www.qld.gov.au

The State Penalties Enforcement Registry is responsible for the collection and enforcement of unpaid fines and penalties. SPER will only be able to assist with inquiries about debts or that have been registered with SPER by the issuing authority.

FUNERAL DIRECTORS

HEALTH SERVICES

Alexandra Donoghue Rural Psych










Alex Donoghue
Psychologist & Occupational Therapist





St George Medical Centre
Beardmore Place St George






M: 0447 086 607
E: alex@ruralpsych.info
W: www.ruralpsych.info

Comprehensive Psychologist Assessment, including psychometric assessment, to inform diagnosis. Psychological Interventions across the Lifespan: children, teens, adults & seniors. Group facilitation and presentations upon request. Referrals accepted from GP, self, Workover, NDIS.

<p>Community & Allied Health Services - St George</p> 	<p>1 Victoria St, ST GEORGE QLD 4487 P 07 4620 2265</p>	<p>Aboriginal Health Worker Adult Mental Health Worker Allied Health Assistants Breast Care Nurse Cancer and Palliative Care Nurse Cardiac Nurse Child & Family Health Nurse Child & Youth Mental Health Worker Chronic Disease Nurse Community Health Nurse Midwifery Service Dietitian Occupational Therapist Nurse Navigators Physiotherapists Podiatrist School Based Health Nurse Speech Therapist Social Worker</p>
<p>Bollon Community Clinic</p>	<p>37 Main Street, BOLLON QLD 4488 P.O.Box 17 P: 07 4625 6105 E: bollonadministration@health.qld.gov.au</p>	<p>Primary Health Care Facility visiting Doctor clinics Twice a week.</p>
<p>Dirranbandi Multipurpose Health Service</p>   	<p>Cr Jane & Crothers Street, DIRRANBANDI QLD 4486 PO Box 20 Dirranbandi, Q 4486 P: 07 4625 8222 F: 07 4625 8273 E: dirranbandi_administration@health.qld.gov.au</p> <p>Community Health Nurse Kimberley Clark M: 0428722659 E: kimberley_clark@health.qld.gov.au</p> <p>Aboriginal Health Worker Donna Hooper M: 0447 767349 E: donna_hooper@health.qld.gov.au</p>	<p>24-hour service providing acute and non-acute care.</p> <p>A range of visiting Allied Health Professionals provide Outreach services to Dirranbandi.</p> <p>Community Health Nurse Mon – Fri 8am – 4pm Registered Nurse who provides information, advice and services oriented toward improving the health and / or quality of life and the development of optimal independence. Information, support, referral, and resources can be provided. Also Endorsed Nurse Immuniser – can do all scheduled immunisations.</p> <p>Aboriginal Health Worker Mon – Fri 8am – 4pm Available to all members of the indigenous community to provide information, advice, and advocacy regarding their health needs.</p>
<p>Dirranbandi Medical Practice</p>	<p>Cr Jane & Crothers Street, DIRRANBANDI QLD 4486 P: 07 4625 8266 F: 07 4625 8267 E: dirranbandi-medical-practice@health.qld.gov.au</p>	<p>Child Health services and Antenatal care can be provided by Practice Nurse</p>

<p>Goondir Health  </p>	<p>127 Victoria Street, ST GEORGE QLD 4487 P.O.Box 246 P: 07 4625 5040 W: www.goondir.org.au</p> <p>Mon-Thurs 8.30am-4.30pm Fri 8am-2pm</p> <p>Clinic Manager Kelvin Duiker M: 0448 993 479 E: k.duiker@goondir.org.au</p> <p>Social and Emotional Wellbeing Counsellor Janelle Fatnowna M: 0436 621 456 P: 4625 5040 E: j.fatnowna@goondir.org.au</p>	<p>General Practice, Dental Care, 715 health checks, Client Transport to and from appointments and long-distance travel, Gym facilities, Big Buddies Program</p> <ul style="list-style-type: none"> 2 Aboriginal Health Workers assist with screening patients. Assists with self-harm, loss & grief, drugs and alcohol issues, self-esteem issues, anxiety & emotional support. Service is available for children, youths, adults, and elderly. Families are also welcome. Service extends to connecting indigenous individuals and/or families to genealogy. <p>Intake via referrals, self-referrals, medical referrals</p>
<p>Mungindi Community Health Centre</p>	<p>153 George Street, MUNGINDI NSW 2406 P: 02 6705 6000 M: 0429 002 732</p>	<p>8:30am – 5:00pm, Monday – Thursday (Excluding public holidays)</p>
<p>Mungindi Doctor Surgery</p>	<p>86 -90 Barwon Street MUNGINDI NSW 2406 P: 02 6705 6158</p>	<p>Mon – Fri 8.30am -12pm 2pm -5pm Sat 8.30am -12pm</p>
<p>Mungindi Hospital</p>	<p>90 Barwon Street, Mungindi Qld 2406 In an emergency call 000 P: 02 6705 6100 F: 02 6705 6190 E: mungindiadmin@health.qld.gov.au W: https://www.southwest.health.qld.gov.au ATSI Health Worker Casey Orchid M: 0497 275 546</p>	<p>Accident and Emergency, Outpatients, Pharmaceutical (Nurse), Respite Care. Long term residential Acute Inpatient Care – Adult and Children, Minor Operations, Indigenous Health Care, Palliative Care, Nurse X-ray operator Services (Chest and Extremities only), Dental, Immunisation, Paediatrics, Child Health Clinic and Parenting groups, Foot Clinic (Nurse), teleconferencing with specialists, Aboriginal Health, Occupational Therapy.</p>
<p>Optometrist</p>	<p>Goondir Health P: 07 4625 8211</p>	<p>St George Book appts through Goondir Health Dirranbandi Hospital Book appts at Post Office Dirranbandi Bollon Consulting Community Care</p>
<p>RHealth  Your Health Our Health</p>	<p>Gayle Lancaster Medicare Mental Health (formerly Head to Health) Western QLD SWQ Community Connector E gayle.lancaster@rhealth.com.au P 1800 595 212 (team) M 0437 529 260 (direct)</p>	<p>phone service providing free, easily accessible entry point into and between community mental health services, including WQPHN commissioned service providers, headspace, and other community-based services, such as those provided by state jurisdictions, NGOs, and private providers. Anyone of any age, including children, young people and older adults, families and carers, can access Medicare Mental Health to support or improve their sense of wellbeing and/or connection to local mental and general health supports.</p>

River Country Support Services 	Ann Lee Health and Wellbeing Counsellor P: 0499 850 937 E: rivercountryss@gmail.com Referrals can be self, GP, NDIS or Child Safety Services	Qualified, registered and experienced Counsellor and Primary Health Worker responsive to the concerns and needs of children, young people and adults. Helps to build an awareness of holistic health and wellbeing. Is able to use a mix of therapeutic interventions to work through worries for anxiety, depression, trauma, grief and loss; connection and self compassion.
Roma Hospital 	Street Address 197-234 McDowall Street, Roma Qld Postal Address PO Box 124, Roma Qld 4455 In an emergency call 000 P: 07 4624 2700 F: 07 4624 2711 W: https://www.southwest.health.qld.gov.au	Roma Hospital provides community and allied health services, and home and community care support to the Roma community, nearby towns and the wider Southwest. General enquires office hours: 8:30am to 5:00pm Monday to Friday
St George Hospital 	Street Address Victoria Street, St George Qld Postal Address PO Box 602, St George Qld 4487 In an emergency call 000 P: 07 4620 2222 F: 07 4620 2200 W: https://www.southwest.health.qld.gov.au	TRAVEL SUBSIDY FORMS AVAILABLE St George Visiting Specialists Include: <ul style="list-style-type: none"> • Anaesthetist • Adult Psychiatry Team • Dermatologist • Obstetrician/Gynaecologist • Ophthalmologist • Paediatrician • Physician • Surgeon St George parent and family rooms consist of 2 self-contained, 2-bedroom units (linen supplied), for use by expectant mothers, day surgery patients and relatives of an ill patient, who live outside the St George township. The units are provided at no cost to eligible persons. Bookings can be made through the St George Hospital Administration Office.
Dirranbandi Pharmacy	50 Railway Street, DIRRANBANDI 4486 P: 4620 7060	Opening Hours: Mon-Fri 9am-12:30pm, 1:30-5pm Sat-Sun 9am-12pm
St George Medical Centre 	116 Alfred Street/ Po Box 180 P: 07 46255344 Monday to Thursday: 8.00am to 5.30pm Friday: 8:00am – 5:00pm	Sullivan and Nicolaides Pathology Steven Smith – Optometrist Steven Oreo – Sonographer Matthew Edwards – Podiatrist AOD Counsellor Vital Health – Physiotherapist, OT, Speech Therapist

	<p>13 Grey St, ST GEORGE QLD 4487</p> <p>Community Managed Mental Health Jo Bunyan Support Worker M: 0447 748 682 P: 1300 001 907 E: josephine.bunyan@stride.com.au</p> <p>Formerly known as Aftercare</p>	<p>Stride's Mental Health Community Support (MHCS) program delivers community-based services supporting people aged 18+ that are experiencing mental concerns. Our aim is to keep people out of hospital and improve their overall wellbeing. Personalised, one-on-one support, self-help services, and group support services for people with mental health concerns.</p>
<p>Tackling Regional Adversity through Connected Communities (TRACC)</p> 	<p>Corner Spencer & Bowen Streets, ROMA QLD 4455 P: 0429 328 335 E: traic_swhhs@health.qld.gov.au</p> <p>Kelly Harms P: 0429 328 335 E: kelly.harms@helath.qld.gov.au W: www.health.qld.gov.au</p> <p>Gavin Johannesen P: 0409 059 201 E: gavin.johannesen@health.qld.gov.au W: www.health.qld.gov.au</p>	<p>Services: Working with communities to reduce the mental health impact of disaster-related adversity and community crises; building resilience and creating connections in the Southwest.</p>
HOUSING		
<p>Bollon & District Children's Residence</p>	<p>Main Street, BOLLON QLD 4488 P: 07 4625 6159</p>	
<p>Care Balonne Association Inc.</p> 	<p>32 Henry St, ST GEORGE QLD 4487 P. O. Box 517 P: 07 4625 5450 E: cdo@carebalonne.com</p>	<p>Assists with Housing Applications and lodgement to the Department</p>
<p>Dirranbandi RTC (Dirranbandi Housing)</p>	<p>35 Railway St DIRRANBANDI, QLD 4486 P: 07 4625 8411</p>	<p>QGAP – Housing. Send lodge applications and hold keys Centrelink Agency</p>
<p>Dirranbandi Progress Association Inc</p> 	<p>PO BOX 15, Dirranbandi QLD 4486 P: 46207309</p>	<p>Registered Community Housing Provider with ten units – 6 x 1 brm and 4 x 2 brm – focused on aged and disabled tenants. Assists with Housing Applications and lodgement to the Department</p>
<p>St George Aboriginal Housing Pty Ltd</p> 	<p>90 The Terrace, ST GEORGE QLD 4487 P. O. Box 222 P: 07 4625 4160</p> <p>Manager E: stgahc@bigpond.com</p>	<p>Assist with applications and lodgement.</p>

<p>Department of Communities, Housing and Digital Economy</p> 	<p>Toowoomba South West Housing Service Centre Ground Floor, 10 Russell Street, TOOWOOMBA QLD 4350 PO Box 418 P: 07 4699 4400 E: toowoombahsc@chde.qld.gov.au W: www.chde.qld.gov.au</p> <p>Online application for Social Housing www.qld.gov.au</p>	<p>Social housing is available to vulnerable Queenslanders who are assessed as having the greatest need. Our housing Service Centre delivers coordinated service to support people throughout Queensland. Housing service centres help people sustain housing in the private rental market through bond loans, rental grants and other products and services.</p>
LEGAL SERVICES		
<p>Aboriginal & Torres Strait Islander Legal Service (Qld)</p> 	<p>88 The Terrace, ST GEORGE QLD 4487 P.O. Box 222 P: 07 4625 3052</p> <p>Field Officer Diana Weribone E: diana.weribone@atsils.org.au</p>	<p>ATSI LEGAL SERVICE -information and referral -court support</p>
<p>Inland Legal</p>	<p>68 The Terrace, ST GEORGE QLD 4487 P.O.Box 501 P: 07 4625 5083 E: info@inlandlegal.com.au</p>	<p>Open from 8.30am-5.00pm Mon-Fri</p>
<p>Justice Group</p> 	<p>Justice Group Coordinator Shaun Lacey P: 07 4625 4160 M: 0467 875 048 E: stgcommunityjustice@outlook.com</p>	
<p>Aboriginal Family Legal Service</p> 	<p>ROMA NEIGHBOURHOOD CENTRE Cnr Quinton & Bowen Streets, ROMA QLD 4455 FREECALL 1800 185 950 8.20am -5pm</p> <p>P: 07 4624 0813 E: robyn.ouden@maranoa.qld.gov.au</p>	<p>Legal and Counselling support for ATSI victims of Family Violence & Sexual Assault</p>
<p>The Advocacy and Support Centre Inc.</p> 	<p>96 Arthur Street Roma QLD 4455</p> <p>P: 07 4523 6600 Monday to Thursday 9am to 4.30pm; Friday 9am to 4pm</p> <p>http://www.tascnational.org.au/ https://www.qsjc.com.au/</p> <p>Shannon Rasmussen <i>Social Justice Advocate</i> P: 07 4616 9781 E: shannonr@tascnational.org.au</p>	<p>TASC is a Community Service that provides Legal Assistance and Advocacy to the vulnerable and marginalised members of our community.</p> <p>Our Advocacy and Legal services are free for those who meet our eligibility criteria.</p> <p>We are the largest regional Community Legal Centre in Queensland, we have embraced the Social Justice message and pursue powerful ways to raise awareness, collaborate and showcase our advocacy for Social Justice throughout our communities. TASC upholds the principles of social justice when we remove barriers that people face because of gender, age, race, ethnicity, religion, culture, or disability.</p> <p>Opening Times: 9am to 4.30pm Monday to Thursday; 9am to 4pm Friday.</p>

		<p>Towns serviced include Charleville, Stanthorpe, Tara, Warwick, Dalby, St George, Miles, Millmerran, Cunnamulla, Roma, Goondiwindi, Chinchilla</p> <p>Visits approximately once per month (depends on demand and solicitor/advocate available) or target groups, assistance available</p> <ul style="list-style-type: none"> • Family Law • Civil Law • Criminal Law • Disability Advocacy • Tenancy
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MENS SUPPORT

St George Community Men's Shed



Lindores Street, ST GEORGE QLD 4487
PO Box 233

Chairperson

Keith Codrington

E: cathcod@hotmail.com

P: 0457 282 437

We support men's health, wellbeing, and sense of community. We welcome new members over 18 years. We work within the community for the community.

OPPORTUNITY SHOPS

Jacobs Well

Roe Street (Behind Anglican Church) ST GEORGE QLD 4487

Open Tuesday and Thursday from 9am-2pm
Last Saturday of each month 9am-12.30pm

Lifeline

138 Victoria St, ST GEORGE QLD 4487
P: 07 4625 4341

Open Mon-Fri from 9am-4pm Sat 9am-12noon

Vinnies

115 Victoria St, ST GEORGE QLD 4487
P: 07 4625 5572

Tuesday, Wed, Fri - 9.30am -2pm
Thursday 10am -2.30pm
Saturday 9am -12pm

YOUTH SERVICES

Goondir Health



127 Victoria Street, ST GEORGE QLD 4487
P.O. Box 246
P: 07 4625 5040
W: www.goondir.org.au
Mon-Thurs 8.30am-4.30pm
Fri 8am-2pm

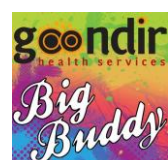
Social Emotional Wellbeing Counsellor

Janelle Fatnowna

M: 0436 621 456

P: 4625 5040

E: j.fatnowna@goondir.org.au



Big Buddy Program

Jaiden Davis






P: 0436 689 843

General Practice, Dental Care, 715 health checks, Client Transport to and from appointments and long-distance travel, Gym facilities, Big Buddies Program

- 2 Aboriginal Health Workers assist with screening patients.
- Assists with self-harm, loss & grief, drugs and alcohol issues, self-esteem issues, anxiety & emotional support.
- Service is available for children, youths, adults and elderly. Families are also welcome. Service extends to connecting indigenous individuals and/or families to genealogy.

Intake via referrals, self-referrals, medical referrals

The Big Buddy Programs aims to empower Indigenous Youth to achieve their full potential and

	E: j.davis@goondir.org.au	thrive through mentorship, education, social interaction and promoting life skills.
Gateway to Training  	ST GEORGE QLD 119 Victoria Street GOONDIWINDI OFFICE 15- 21 Russell Street, LMB 7 GOONDIWINDI QLD 4390 P 07 4671 2258 E info@gttc.com.au W www.gttc.com.au	GTT is a not-for-profit community-based organisation that offers flexible and responsive learning opportunities across Southwest Queensland. Our vision is to connect and create partnerships that provide lifelong learning options to build resilient communities that are alive with opportunities. GTT offers the following specialised training and support programs as well as fee for service tailored training: <ul style="list-style-type: none"> • Get Set for Work Program 15 to 19 years • Steady, Ready, Go! Program Over 15 years • Transition to Work Program 15 to 21 years • Tailored Training
Lifeline Darling Downs   	St George Youth Development Worker P: 1300 991 443 (Ask for the St George office)	Program aim: The program is responding to the needs of youth within the LGA between the ages of 12-24 focusing on youth at risk of involvement in criminal activity and antisocial behaviour. Partnering with Big Buddy to run programs, events and teaching for the youth in our area to build their life skills, improve their education and improve their social interaction skills. Some current programs running are: <ul style="list-style-type: none"> - Suspension support for students - Youth group club every Wednesday from 5pm to 7pm.

**St George Aboriginal
Housing Pty Ltd**



90 The Terrace, ST GEORGE QLD 4487
P. O. Box 222
P: 07 4625 1883

Youth & Cultural Officer

Kaiamba Davis

P: 0491 230 161

E: stgahc_youthculture@bigpond.com

Program aim: The program is responding to the needs of youth within the LGA between the ages of 12-24 focusing on youth at risk of involvement in criminal activity and antisocial behaviour.

Partnering with Big Buddy to run programs, events, and teaching for the youth in our area to build their life skills, improve their education and improve their social interaction skills.

Some current programs running are:

- Suspension support for students
- Youth group club every Wednesday from 5pm to 7pm.

24 HOUR ASSISTANCE HOTLINE NUMBERS

AMBULANCE – POLICE – FIRE EMERGENCY	000
ALCOHOL & DRUG DEPENDANCY	1800 177 833
BEYOND BLUE	1300 224 636
CHILD ABUSE HOTLINE (SWQ Only)	1800 458 288
CRISIS CARE	1800 177 135
CRIMESTOPPERS	1800 333 000
DV Connect	1800 811 811
ELDERS ABUSE HOTLINE	1300 651 192
HEALTHLINE	13 43 25 84
INTERPRETER SERVICE	07 3018 0333
KIDS HELP LINE	1800 551 800
LEGAL AID	1300 65 11 88
LIFELINE HELPLINE	13 11 14
MENTAL HEALTH (24hr Emergency & Out of Hrs Advice)	07 4616 5210
MENS INFO LINE	1800 600 636
PARENTLINE	1300 301 300
POISONS HOTLINE	131126
RELATIONSHIPS AUSTRALIA	1300 364 277
SES (State Emergency Service)	132 500
SEXUAL ASSAULT HELPLINE	1800 010 120
SIDS and Kids Queensland	1800 628 648
WOMEN's INFO LINK	1800 177 577