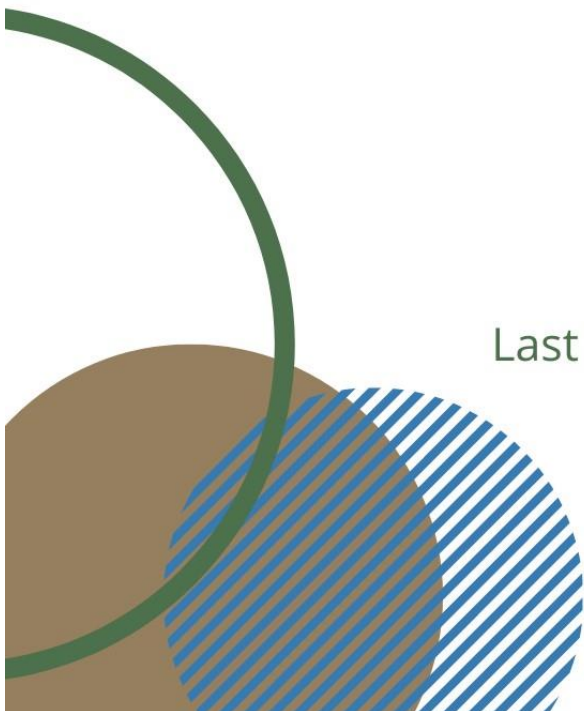


# BALONNE COMMUNITY SERVICES DIRECTORY

Please help us to keep the BALONNE SERVICE PROVIDERS DIRECTORY current and notify us of any changes. To update information please contact Care Balonne at 32 Henry St, ST GEORGE QLD, via phone 07 4625 5450, or email [cdo@carebalonne.com](mailto:cdo@carebalonne.com)








Last Updated: October 2023















**Care Balonne**  
CARING FOR THE COMMUNITY





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| AGED CARE   |  |   |
|---|--|---|
| <b>Dirranbandi Home Care Service - CHSP QLD Health</b>  | <b>Co-ordinator</b><br>P 07 4625 8222  | Referrals accepted from My Aged Care<br>My Aged Care 1800 200 422   |
| <b>St George Home Care Service - CHSP Qld Health</b>  | <b>Co-ordinator</b><br>P 07 4620 2263  | Referrals accepted from My Aged Care<br>My Aged Care 1800 200 422   |
| <b>Meals on Wheels Association Inc.</b><br>                 | <b>Dirranbandi</b><br>Hospital Kitchen<br>P 07 4625 8222<br><br><b>St George</b><br>Hospital Kitchen<br>P 07 4620 2222<br>P 07 4620 2213<br><br><b>Care Balonne</b><br>Volunteers, monthly rosters,<br>Enquiries: Emily Southern<br>P: 0417 752 144<br>E: stgmealsonwheels@gmail.com | Provides meals to persons who are disabled, elderly or who have been referred from a GP as they are unable to provide meals for themselves. <ul style="list-style-type: none"> <li>• <b>Dirranbandi</b> – MOW Monday- Friday</li> <li>• <b>St George</b> - MOW is delivered 3 times per week, Monday, Wednesday, and Friday including all public holidays.</li> </ul> |
| <b>Churches of Christ Aged Care Facility Warrawee</b><br> | 276-296 Alfred Street, ST GEORGE QLD 4487<br>P: 07 4620 2000<br>E: <a href="mailto:warraweerv@cofcqld.com.au">warraweerv@cofcqld.com.au</a>  | Community Nursing Centre<br>Residential Aged Care<br>Serviced Apartments<br>Home Care   |
| CHURCHES  |  |   |
| <b>Anglican Parish of St George With Dirranbandi</b><br> | 133-137 Victoria Street, ST GEORGE QLD 4487<br>P: 4625 3044<br>E: <a href="mailto:stgeorge@anglicanchurchsq.org.au">stgeorge@anglicanchurchsq.org.au</a><br>E: <a href="mailto:stgeorgeanglican@bigpond.com">stgeorgeanglican@bigpond.com</a><br><b>Warden</b><br>Annette Maclean    | Mass times, Facebook:<br><a href="https://www.facebook.com/anglicanchurchstgeorge/">https://www.facebook.com/anglicanchurchstgeorge/</a>  |
| <b>Catholic Church</b><br>                               | St Patrick's Church, 26 Balonne Street<br>St Patricks Parish Hall, 28 Balonne St<br>ST GEORGE QLD 4487<br>P: 07 4625 3021<br>E: <a href="mailto:balonneparish@bigpond.com">balonneparish@bigpond.com</a><br><b>Priest</b><br>Fr Anthony Arockiam                                     | <b>Mass Times:</b><br>Monday to Friday 7:00am<br>1st & 3rd (Sunday) - Saturday 6:00pm<br>2nd, 4th & 5th Sunday - 8:30am<br><b>Dirranbandi</b><br>1 st & 3rd Sunday 8:00am<br><b>HEBEL</b><br>1 st Sunday 10 am  |
| <b>Harvest Point Church</b><br>                          | 10 Hill Street, ST GEORGE QLD 4487<br>Jessie and Amber Richardson<br>E: <a href="mailto:inc.stgeorge@gmail.com">inc.stgeorge@gmail.com</a><br>E: <a href="mailto:harvestpointchurchstg@gmail.com">harvestpointchurchstg@gmail.com</a><br>P: 0413 856 671                             | Services: 9.30am Sunday via zoom or face-to-face service  |
| <b>Jehovah's Witness</b><br>                             | 14 Robert Street, ST GEORGE QLD 4487<br>M:0417 636 895<br><b>Presiding Minister</b><br>Peter   | Online services until further notice<br>See website: <a href="https://www.jw.org/en/">https://www.jw.org/en/</a>  |
| <b>Lutheran Church</b><br>                               | P. O. Box 477, ST GEORGE QLD 4487<br>P: 07 4625 4838<br><b>Contact</b><br>Rhonda & Colin Roll  | Lutheran services are held at the Anglican Church every second Sunday of the month at 8.30am.   |

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| <p><b>Presbyterian Church</b></p>   | <p>56 Grey Street, ST GEORGE QLD 4487<br/> P: 07 4625 3015<br/> Minister Victor Weber: 0427254527<br/> Session Clerk Debbie Weber<br/> E: <a href="mailto:dwe72153@bigpond.net.au">dwe72153@bigpond.net.au</a></p>   | <p>Service 9am Every Sunday</p>   |
| <p><b>St George Kings Church</b></p>   | <p>100 Arthur Street, ST GEORGE QLD<br/> Pastor: Kirsty and Nathan Waters<br/> E: <a href="mailto:Kirsty.waters@kings.org.au">Kirsty.waters@kings.org.au</a><br/> <a href="https://www.kings.org.au/stgeorge/">https://www.kings.org.au/stgeorge/</a><br/> <a href="https://www.facebook.com/kingschurchsg/">https://www.facebook.com/kingschurchsg/</a><br/> <a href="https://live.kings.org.au/">https://live.kings.org.au/</a> For online services and times.</p> | <p>King's Church is a multi-generational, Pentecostal, apostolic, soul-winning church that has been operating for over 40 years and is connected to a ground-breaking school. We are an ACC (Australian Christian Churches) Church, and we are a growing community where people gather to connect with each other and with God. #WeAreKings</p>   |
| <p><b>St George Uniting Church</b></p>    | <p>14-16 Barlee Street, ST GEORGE QLD 4487<br/> Cnr Victoria and Barlee Streets<br/> P.O. Box 228<br/> Contact: Allan Neale<br/> M: 0417 647 884<br/> <a href="https://www.facebook.com/StGeorgeUnitingChurch/">https://www.facebook.com/StGeorgeUnitingChurch/</a><br/> E: <a href="mailto:stguc@outlook.com">stguc@outlook.com</a></p>   | <p>Mass every Sunday: 9am in church.</p>  |
| <p><b>St George Riverlife Church of Christ</b></p>   | <p>276 Alfred Street St George<br/> <a href="mailto:admin@rcoc.com.au">admin@rcoc.com.au</a><br/> <b>Pastor:</b><br/> Mr Derek Schiller<br/> M: 0427 412 013</p>   | <p>Any 5th Sunday of the month is usually a joint service with Riverlife Church of Christ in St George (time and place will be advertised on our Facebook page).</p>  |
| <p><b>Bush Disciples</b></p>    | <p>Michael Brumpton<br/> 72 Barlee Street, ST GEORGE QLD<br/> P: 07 4625 1006<br/> E: <a href="mailto:contact@bushdisciples.church">contact@bushdisciples.church</a><br/> W: <a href="http://bushdisciples.church">bushdisciples.church</a></p>  |   |
| <b>COMMUNITY SERVICES</b>  |  |   |
| <p><b>Balonne Shire Council</b></p>    | <p>118 Victoria Street, ST GEORGE QLD 4487<br/> P. O. Box 201<br/> P: 07 4620 8888<br/> E: <a href="mailto:council@balonne.qld.gov.au">council@balonne.qld.gov.au</a><br/> W: <a href="http://www.balonne.qld.gov.au">www.balonne.qld.gov.au</a></p>   |   |
| <p><b>Balonne Visitors Information Centre</b></p>    | <p>The Terrace, ST GEORGE QLD 4487<br/> P: 07 4620 8877<br/> E: <a href="mailto:vic@balonne.qld.gov.au">vic@balonne.qld.gov.au</a><br/> Monday – Friday 9am -5pm<br/> Weekends and Public Holidays<br/> 10am – 2pm</p>   |   |
| <p><b>Care Balonne Association Inc.</b></p>  <p><small>CARING FOR THE COMMUNITY</small></p> <p><small>Funded by</small></p>  <p><small>Queensland Government</small></p> | <p>32 Henry Street, ST GEORGE QLD 4487<br/> P. O. Box 517<br/> P: 07 4625-5450<br/> Monday – Friday 8.30am -4.30pm<br/> <b>Excluding all public holidays</b></p> <p><b>Manager</b><br/> Robyn Fuhrmeister<br/> P: 0417 193 504<br/> E: <a href="mailto:manager@carebalonne.com">manager@carebalonne.com</a></p>  | <p><b>Various Resources and Services Available including Room &amp; Equipment Rental:</b></p> <p><b>Free Use</b></p> <ul style="list-style-type: none"> <li>- Baby Changing Facilities</li> <li>- Mothers Room with Lounge</li> </ul> <p><b>The Following Services incur fees</b></p> <ul style="list-style-type: none"> <li>- Computer Access</li> <li>- Laminating/ Scanning/ Photocopying</li> </ul> |

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|  | <p><b>Administration</b><br/>Jodie Kings<br/>P: 07 4625 5450<br/>E: <a href="mailto:admin@carebalonne.com">admin@carebalonne.com</a></p> <p><b>Active Seniors Program</b><br/>Sophie Cooke<br/>P: 07 4625 5450<br/>M: 0491 260 290<br/>E: <a href="mailto:activeseniors@carebalonne.com">activeseniors@carebalonne.com</a></p> <p><b>Community Development Officer</b><br/>P: 07 4625 5450<br/>M: 0455 024 223<br/>E: <a href="mailto:cdo@carebalonne.com">cdo@carebalonne.com</a></p> <p><b>Rural Family Support Worker</b><br/>Kymberley Wilde<br/>P: 07 4625 5450<br/>M: 0428 528 251<br/>E: <a href="mailto:familysupport@carebalonne.com">familysupport@carebalonne.com</a></p> | <p><b>Hire of the following equipment and Rooms may incur a bond and fee.</b></p> <ul style="list-style-type: none"> <li>- Conference Room</li> <li>- Office Space</li> </ul> <p><b>ACTIVE SENIORS PROGRAM – FREE SERVICE</b><br/>The Active Seniors Program works with our senior community members to reduce social isolation and encourage active lifestyles. Regular activities, workshops and events are held throughout the year.</p> <p><b>COMMUNITY DEVELOPMENT - FREE SERVICE</b></p> <ul style="list-style-type: none"> <li>• Provide information, advice &amp; referrals.</li> <li>• Source funding opportunities</li> <li>• Respond to identified &amp; emergent needs of the community.</li> <li>• To better inform the community of affecting issues</li> </ul> <p><b>FAMILY SUPPORT - FREE SERVICE</b></p> <ul style="list-style-type: none"> <li>• Focuses on empowering families to care for their children.</li> <li>• The service provides families with advice, information, referrals and where needed ongoing emotional support.</li> </ul> |
| <p><b>Care Goondiwindi</b></p>               | <p>111 Callandoon Street, GOONDIWINDI QLD 4390<br/>PO Box 648<br/>P: 07 4670 0700<br/>E: <a href="mailto:info@caregoondiwindi.org.au">info@caregoondiwindi.org.au</a><br/>W: <a href="http://www.caregoondiwindi.org.au">www.caregoondiwindi.org.au</a></p> <p><b>CEO</b><br/>Tracy McDonald<br/>E: <a href="mailto:manager@caregoondiwindi.org.au">manager@caregoondiwindi.org.au</a></p>   | <p><b>Provides the following services:</b></p> <ul style="list-style-type: none"> <li>• Rural Family Services</li> <li>• NILS – No Interest Loan Scheme</li> <li>• Community/ Seniors Development</li> <li>• Youth Development, NDIS</li> <li>• IPSS – Indigenous Parenting</li> <li>• Community Justice Group</li> <li>• Medico – transport to and from medical Appts.</li> </ul>  |
| <p><b>Catholic Care Social Services</b></p>  | <p>119 Victoria Street, ST GEORGE<br/>PO Box 155 QLD 4487<br/>P: 1300 477 433<br/><a href="http://www.catholiccare.services">www.catholiccare.services</a></p> <p><b>Business Development Coordinator</b><br/>Gayle Lancaster</p>  | <p><b>Provides the following services:</b></p> <ul style="list-style-type: none"> <li>• Mental Health Support Services</li> <li>• Professional Counselling</li> <li>• Mediation</li> <li>• Employee Assistance Program (EAP)</li> <li>• Legally Assisted Mediation</li> <li>• Child Inclusive Mediation</li> <li>• Parenting Programs: <ul style="list-style-type: none"> <li>*SPARK – Separated Parents Are Raising Kids Program</li> <li>*Bringing up great kids</li> </ul> </li> <li>• Phone: 1300 477 433 for all services</li> </ul>   |
| <p><b>Centrelink</b></p>                     | <p>88-90 The Terrace, St George QLD 4487<br/>P: 132 490<br/><b>Australian Government Services Australia Page:</b><br/><a href="https://www.servicesaustralia.gov.au/contact-us">https://www.servicesaustralia.gov.au/contact-us</a></p>  | <p><b>Local Offices:</b><br/><b>Dirranbandi Mon- Fri 9am -3.30pm (closed 12.30pm -1.30pm)</b><br/><b>Mungindi Mon -Fri 9am- 12 noon</b><br/><b>St George Mon – Fri 9am – 3:00pm</b></p>   |

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|  | <p><b>Crisis Contact/Payment:</b><br/> <a href="https://www.servicesaustralia.gov.au/crisis-payment">https://www.servicesaustralia.gov.au/crisis-payment</a><br/> P: 1802266<br/> <b>Phone Self Service</b><br/> 136 250<br/> <b>Job Seekers</b><br/> 132 850<br/> <b>Farmer Assist Hotline</b><br/> 132 316 Free call 1800 050 585<br/> <b>Indigenous Contact Centre</b><br/> 1800 136 380<br/> <b>Carers</b><br/> 132 717<br/> <b>Family Payments</b><br/> 136150<br/> <b>Languages Multilingual</b><br/> 131 202<br/> <b>Migrants, Refugees &amp; Visitors</b><br/> 132 850<br/> <b>Mygov</b><br/> 132 307<br/> <b>Older Australians</b><br/> 132 300<br/> <b>People with Disability</b><br/> 132 717<br/> <b>Report Income</b><br/> 133 276<br/> <b>Students/Trainees &amp; Apprentices</b><br/> 132 490 (<i>Austudy/ Youth Allowance</i>)<br/> 1800 132 317 (<i>ABSTUDY</i>)<br/> 132 318 (<i>Isolated children</i>)<br/> 133 633 (<i>Apprentices Line</i>)<br/> <b>Child Support</b><br/> 131 272<br/> <b>Medicare</b><br/> 132 011<br/> <b>Australian Immunisation Register:</b><br/> 1800 653 809<br/> <b>Other Services</b><br/> <a href="https://www.servicesaustralia.gov.au/contact-us">https://www.servicesaustralia.gov.au/contact-us</a></p> | <p>Mon-Fri 8am-5pm<br/> Mon-Fri 8am-5pm<br/> <br/> Mon-Fri 8am-5pm<br/> <br/> Mon-Fri 8am-5pm<br/> <br/> Mon-Fri 8am-8pm<br/> <br/> Mon-Fri 8am-5pm<br/> <br/> <br/> Open Mon-Friday 7am-7pm<br/> <br/> Mon-Fri 8am-5pm<br/> <br/> 7days week, 24hrs day<br/> <br/> <br/> Mon-Fri 8am-5pm<br/> Mon-Fri 9am-5pm<br/> Mon-Fri 8am-4:30pm<br/> Mon-Fri 8am-5pm<br/> <br/> Mon-Fri 8am-4:45pm<br/> <br/> <br/> <br/> Mon-Fri 8am-5pm</p>  |
| <p><b>Dirranbandi Rural Transaction Centre</b></p>   | <p>35-37 Railway Street, DIRRANBANDI QLD 4486<br/> P: 07 4625 8411</p>  | <p>Town Library, Tourist Information Centre<br/> QGAP office: Housing forms, motor vehicle registrations, Centrelink Agency, Country Universities Centre (CUC)</p>  |
| <p><b>Gateway to Training</b></p>   | <p><b>ST GEORGE QLD</b><br/> 119 Victoria Street</p> <p><b>GOONDIWINDI OFFICE</b><br/> 15- 21 Russell Street,<br/> LMB 7<br/> GOONDIWINDI QLD 4390</p> <p>P 07 4671 2258<br/> E <a href="mailto:info@gttc.com.au">info@gttc.com.au</a><br/> W <a href="http://www.gttc.com.au">www.gttc.com.au</a></p>  | <p><b>GTT</b> is a not-for-profit community-based organisation that offers flexible and responsive learning opportunities across Southwest Queensland. Our vision is to connect and create partnerships that provide lifelong learning options to build resilient communities that are alive with opportunities. GTT offers the following specialised training and support programs as well as fee for service tailored training:</p> <ul style="list-style-type: none"> <li>• <b>Get Set for Work Program</b><br/> 15 to 19 years</li> <li>• <b>Steady, Ready, Go! Program</b><br/> Over 15 years</li> </ul> |



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|  | <p><b>Patricia Kennedy</b><br/> M: 0447 123 600<br/> E: <a href="mailto:patricia@gttc.com.au">patricia@gttc.com.au</a></p>   | <ul style="list-style-type: none"> <li>● <b>Transition to Work Program</b><br/>15 to 21 years</li> <li>● <b>Tailored Training</b></li> </ul>   |
| <p><b>Goolburri Aboriginal Health Advancement Co Ltd</b></p> <br>  | <p><b>Goolburri Aboriginal Health Advancement Co Ltd Toowoomba office</b><br/> 20 Scott Street, Toowoomba QLD 4350<br/> PO Box 1198<br/> P: 07 4632 0338<br/> W: <a href="http://www.goolburri.org.au">www.goolburri.org.au</a></p> <p><b>St George Office</b><br/> 94 Victoria Street, ST GEORGE QLD 4487<br/> P: 07 4625 1058</p> <p><b>Team Leader for the Southwest</b><br/> Leah Lang<br/> E: <a href="mailto:LeahL@goolburri.org.au">LeahL@goolburri.org.au</a></p> <p><b>Regional Wellbeing Worker</b><br/> Fred Wharton<br/> E: <a href="mailto:FredW@goolburri.org.au">FredW@goolburri.org.au</a></p> <p><b>Regional Family &amp; Child Wellbeing Worker</b><br/> <b>St George Office</b><br/> <b>Kirsten Taylor</b><br/> P: 07 4625 1058<br/> M: 0413 225 386<br/> E: <a href="mailto:KirstenT@goolburri.org.au">KirstenT@goolburri.org.au</a></p> <p><b>Foster &amp; Kinship Care</b></p> | <p>Servicing St George, Cunnamulla, Charleville, Roma and Dirranbandi, Goondiwindi and surrounding area's.</p> <p>Goolburri Family Wellbeing Service supports Aboriginal and Torres Strait Islanders with a range of services to strengthen families and communities' relationship while protecting the vulnerable and those at risk.</p> <p>Goolburri aims to do this through supporting families at risk, acting as an Aboriginal and Torres Strait Islander 'voice' when working with the Department of Child Safety, Youth and Women and being actively involved in placing Aboriginal and Torres Strait Islander children and young people within appropriate families and/or cultural settings when the need arises.</p> <p>Goolburri Family Wellbeing Service has integrated two previous services into one:</p> <ul style="list-style-type: none"> <li>● Services of Family Support (FS)</li> <li>● Recognised Entity (RE)</li> </ul> <p>Goolburri Family Wellbeing Service understands that families sometimes face challenges and difficulties throughout the storyline of life. An Aboriginal and Torres Strait Islander Family Wellbeing Service Worker assists families with referrals and support to develop skills to deal with these hardships and the issues that surround them on their journey of life.</p> <p>Goolburri Aboriginal Health Advancement Foster &amp; Kinship Care Service will ensure support through the arrangements of placement, implementation of a Care Plan, and support for Foster &amp; Kinship Carers in meeting emotional, behavioural, and other needs of our Aboriginal and Torres Strait Islander children and young people while they are in out-of-home care. Carers receive an allowance to cover items such as food, clothing, household supplies, gifts, pocket money and entertainment for the children/young people in care. The allowance is not a payment but is a partial contribution towards the direct cost of looking after children/young people with high needs. Other reimbursements for carers are also available from the Department of Communities (Child Safety), including an additional allowance provided for carers who have children/young people with high needs.</p> |
| <p><b>Lifeline Darling Downs</b></p> <br>                     | <p>138 Victoria Street, ST GEORGE QLD 4487<br/> 1300 991 443</p> <p><b>St George Office</b><br/> 0746 883 716</p> <p>Referrals: <a href="mailto:Lifeline@lifelinedarlingdowns.org.au">Lifeline@lifelinedarlingdowns.org.au</a></p>   | <p>Provides Line Management functions to funded programs and staff in the Southwest Region</p>   |

**Manager Southwest Region**

(Roma)

P: 1300 991 443

**Administration Officer - Roma**

**Phone: 1300 991 443**

**Monday – Friday 8:00am to 5:00pm.**

**Tracks to Success**

P: 1300 991 443 (Ask for the St George office)

**St George Youth Development Worker**

P: 1300 991 443 (Ask for the St George office)

**Safe Connections**

Support Practitioner

Phone: 1300 991 443 (Ask for the St George office)

**Program aims:** The Tracks to Success Program assists parents of Aboriginal and/or Torres Strait Islander descent with ongoing engagement on education and development to enrich family wellbeing.

This includes:

- Improving family and parenting support in the areas of early childhood development, school education, youth engagement and transition
- Focus on increasing school attendance and improved education
- Support activities which nurture and educate Aboriginal and/or Torres Strait Islander children, youth, and adults

Referrals are welcome from self, community, schools and/or early childhood centers.

**Program aim:** develop and deliver effective responses to the needs of young people aged 12- 18 years. In particular, those young people who are experiencing limited opportunities for participation in social, cultural and/or economic life within the St George and Dirranbandi communities. To reduce barriers facing young people in terms of their safety, wellbeing and engagement in family and community living arrangements.

This includes:

- Promotion of early, effective, and prompt support and interventions when risks to development, education, health and safety are identified
- Manage an ongoing case load in the St George and Dirranbandi areas
- Provide individual support using a planned approach
- Activities that promote development of leadership, social and personal skills needed for independent and successful community living

Referrals are welcome from any service and clients are able to self-refer to this program.

**Program Aim:** The Safe Connections program offers support to community members whose lives have been impacted by Domestic and Family Violence and Sexual Abuse.


The program works closely with local service providers to ensure a strong multi-agency response to Domestic and Family Violence and is available in the communities throughout Southwest Queensland.





Support Services offered:

- Domestic Violence Counselling
- Court based support services.
- Perpetrator Intervention Programs








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|  | <p><b>Family &amp; Child Connect Program (FaCC)</b><br/> Nicole Beardmore<br/> P: 1300 991 443<br/> M: 0448 013 277<br/> E: <a href="mailto:nbeardmore@lifinedarlingdowns.org.au">nbeardmore@lifinedarlingdowns.org.au</a><br/> W: <a href="https://familysupportreferral.org.au/">https://familysupportreferral.org.au/</a></p> <p><b>My Connections, My Way</b><br/> Mental Health Coach<br/> Phone: 1300 991 443</p> <p><b>Grief &amp; Loss Counselling</b><br/> <b>Lifeline Australia</b><br/> <b>P: 13 11 14</b></p> <p><b>Lifeline Shop, St George</b><br/> 138 Victoria St, St George Qld 4487<br/> Phone: 07 4625 4341</p> | <ul style="list-style-type: none"> <li>• Children’s Domestic Violence</li> <li>• Counselling</li> <li>• Sexual Violence Services</li> <li>• Women’s Health and Wellbeing</li> </ul> <p>We have offices based in St George, Roma, Charleville and Cunnamulla with contact and travel visits available to other towns within this region. Please contact staff by the numbers provided for St George and Roma or Lifeline 1300 991 443 and your query can be directed to the other areas.</p> <p><b>Program aims:</b> Family and Child Connect helps families care for and protect their children. at home by connecting them to the services they need. Family and Child Connect can talk to you about your family’s worries and refer you to local services that can help.</p> <p>This includes:</p> <ul style="list-style-type: none"> <li>• developing your parenting skills and managing child behavior</li> <li>• building better relationships between family members, including help with any violence. at home</li> <li>• budgeting and managing money.</li> <li>• managing alcohol, drug, or gambling problems</li> <li>• accessing housing, healthcare or other</li> <li>• community or government services</li> </ul> <p>Referrals are welcome from any service and clients are able to self-refer to this program.</p> <p><b>Program aim:</b> To provide individual and group based cognitive Behavioral Therapy to people from 12yrs old and up, with or at-risk of developing low to moderate mental health issues.</p> <p>The program provides Low intensity Cognitive Behavioral Therapy (LICBT) interventions to people with mild to moderate depression and/or anxiety. Low intensity Cognitive Behavioral Therapy Coach is based in Roma on a part time basis. Mental Health coaches can help with:</p> <ul style="list-style-type: none"> <li>• Grief and/or loss</li> <li>• Stress</li> <li>• Anxiety or uncertainty</li> <li>• Life events impacting your daily living</li> </ul> <p><b>Program Aim:</b> To access phone counselling in times of need for people during and after dealing with a loss of someone in their lives. Contact the Toowoomba office and the reception staff will be able to connect you with a suitable program counsellor who will be fully qualified to work with clients over the phone or travel to Toowoomba if clients wish to engage with the counsellor directly.</p> <p>Donate and buy with Lifeline and help save lives. Lifeline services in Qld are operated by Uniting Care Community. Proceeds from the shops help fund the Lifeline 24-Hour 13 11 14 Crisis Support Line.</p> |
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|   | <p><b>Lifeline National Crisis Support &amp; Suicide Prevention</b><br/>24hrs P: 13 11 14</p> <p><b>Gambling Help</b><br/>P: 1300 991 443<br/>Monday to Friday - 9:30am to 4:30pm</p>  | <p>Suicide Prevention Services and the Lifeline Community Recovery program.<br/>If you would like more information about our business and services, please log onto the website: <a href="http://www.lifelineshipsqld.com">www.lifelineshipsqld.com</a> .</p> <p><b>Program Aim:</b> Lifeline is a national charity providing all Australians experiencing a personal crisis with access to 24-hour crisis support and suicide prevention services.<br/>We're committed to empowering Australians to be suicide-safe through connection, compassion, and hope.<br/>Our vision is for an Australia free of suicide.</p> <p>Gambling, relationship &amp; financial counselling.</p> <ul style="list-style-type: none"> <li>• Information, support or counselling to individuals, families or friends of people affected by gambling.</li> <li>• Face to face or telephone counselling.</li> <li>• Education and training on gambling issues to community groups.</li> <li>• Liaise with venues around the issue of responsible gambling.</li> </ul> <p>For enquiries &amp; appointments contact Gambling Help Toowoomba &amp; Southwest Queensland during business hours</p> |
| <p><b>QGAP</b></p>  | <p><b><u>DIRRANBANDI</u></b><br/>Rural Transaction Centre, DIRRANBANDI QLD 4486<br/>P: 07 4625 8411</p> <p><b><u>ST GEORGE</u></b><br/>Court House, The Terrace, ST GEORGE QLD 4487<br/>P: 07 4570 9300</p>  | <p>Pay Car Registrations, housing applications and lodgement.</p> <p><b>St George Hours:</b><br/>Mon- Tues and Thurs- Fri 8.30am-4pm<br/>Weds 9.30am-4pm<br/>Close every day from 1pm-2pm</p>  |
| <p><b>St George Aboriginal Housing Pty Ltd</b></p>  | <p>88-90 The Terrace, ST GEORGE QLD 4487<br/>PO Box 222<br/>P: 07 4625 4160</p> <p><b>Manager</b><br/>E: <a href="mailto:stgahc@bigpond.com">stgahc@bigpond.com</a></p> <p><b>Community Housing</b><br/>E: <a href="mailto:stgahc_rentals@bigpond.com">stgahc_rentals@bigpond.com</a></p> <p><b>Community Justice Worker</b><br/>E: <a href="mailto:stgcommunityjustice@outlook.com">stgcommunityjustice@outlook.com</a></p> <p><b>Youth &amp; Cultural Officer</b><br/>E: <a href="mailto:stgahc_youthculture@bigpond.com">stgahc_youthculture@bigpond.com</a></p> <p><b>Early Childhood Worker</b><br/>E: <a href="mailto:stgahc_earlychildhood@bigpond.com">stgahc_earlychildhood@bigpond.com</a></p> <p><b>Family Support Worker</b><br/>E: <a href="mailto:stgahc_familysupport@bigpond.com">stgahc_familysupport@bigpond.com</a></p> | <p>STGAHC provide Community Housing for people in St George and Dirranbandi. We also offer Support Services as listed below for all members of our community both indigenous and non-indigenous. STGAHC is to assist Aboriginal and Torres Strait Islander people within the region to live a healthy, safe and a culturally enriched life.</p> <p>The Early Childhood and Family Support Programs aims to:</p> <ul style="list-style-type: none"> <li>• Provide parents/caregivers with the support and skills training on early childhood development and parenting.</li> <li>• Provide children with age appropriate social, emotional, developmental, and educational experiences.</li> </ul>  |

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|  | <p><b>Receptionist</b><br/>E: <a href="mailto:stgahc_housing@bigpond.com">stgahc_housing@bigpond.com</a></p> <p><b>Barry Combarngo Gym</b><br/>P: 07 4625 4160</p>  | <ul style="list-style-type: none"> <li>• Provide families with the opportunities to connect and interact socially.</li> <li>• Transport available ONLY for Playgroup</li> </ul>   |
| <p><b>Child Protection &amp; Youth Services</b></p> <p><b>Tuffnel Residential &amp; Community Care (TRACC)</b></p>   | <p>52 Arthur Street, ROMA QLD 4455<br/>P: 07 4622 4876</p> <p><b>Manager</b><br/>Helen McLeod<br/>P: 07 4622 4876<br/>M: 0427 678 078<br/>E: <a href="mailto:hmcLeod@anglicaresq.org.au">hmcLeod@anglicaresq.org.au</a></p> <p><b>Family Intervention Service Caseworker TRACC Roma</b><br/>M: 0427 224 097</p> <p><b>Parent and Childhood Early Intervention Coordinator</b><br/>Andrew Macdivitt<br/>M: 0418 873 917<br/>E: <a href="mailto:amacdivitt@spiritus.org.au">amacdivitt@spiritus.org.au</a></p>  | <p>Forster Care Services</p> <p>Manager for the TRACC team and family intervention team.</p>  |
| <b>DISABILITIES</b>  |   |   |
| <p><b>Indigicare Connect</b></p>   | <p>94 St Georges Terrace, ST GEORGE QLD 4487<br/>P: 07 4625 1742</p> <p><b>Managing Director</b><br/>Jennifer Waters<br/><a href="mailto:jennie@indigicareconnect.com.au">jennie@indigicareconnect.com.au</a></p> <p><b>Director</b><br/>Ronald Waters<br/><a href="mailto:ron@indigicareconnect.com.au">ron@indigicareconnect.com.au</a></p> <p><b>Business Manager</b><br/>Melissa Waters<br/><a href="mailto:melissa@indigicareconnect.com.au">melissa@indigicareconnect.com.au</a></p> <p><b>Abilities Coordinator</b><br/>Tracey Campbell<br/><a href="mailto:tracey@indigicareconnect.com.au">tracey@indigicareconnect.com.au</a></p> | <p>Support whole of community with assistance to achieve optimum quality of life, freedom of choice, inclusion in the community and psychosocial support.</p> <p><b>NDIS Registered</b></p> <p><b>NDIS or self-referred with an approved package</b></p> <p>Services Provided:</p> <ul style="list-style-type: none"> <li>• Assistance with Self Care Activities</li> <li>• Social &amp; Community Participation</li> <li>• Support Coordination</li> <li>• Supported Independent Living</li> <li>• Short Term accommodation</li> <li>• Health Supports by a Nurse</li> </ul> |
| <p><b>National Disability Insurance Agency</b></p>   | <p>Susan Mullens<br/>E: <a href="mailto:Susan.mullens@ndis.gov.au">Susan.mullens@ndis.gov.au</a><br/>E: <a href="mailto:enquiries.qld@ndis.gov.au">enquiries.qld@ndis.gov.au</a><br/>P: 0436 840 493<br/>90 The Terrace, ST GEORGE QLD</p>  | <p>Remote Planner</p>   |
| <p><b>Australian Humanity In Action Network Organisation</b></p>    | <p><b>Contact:</b><br/>Emmanuel<br/>Victoria street, ST GEORGE QLD 4487<br/>M: 0458 624 261<br/>E: <a href="mailto:info@ahano.org">info@ahano.org</a><br/>W: <a href="http://www.ahano.org">www.ahano.org</a></p>   | <ul style="list-style-type: none"> <li>• Disability Services</li> <li>• Transport Services</li> </ul>   |




## DOMESTIC VIOLENCE






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| <p><b>DV Connect</b></p>   | <p><b>www.dvconnect.org</b><br/> P: 1800 737 732<br/> <b>Women's line</b><br/> P: 1800 811 811<br/> <b>Men's line</b><br/> P: 1800 600 636<br/> <b>Sexual Assault Helpline</b><br/> P: 1800 010 120<br/> <b>Pets in Crisis</b><br/> <b>Workplace Training</b><br/> <b>WHAT TO EXPECT</b> You can expect to be heard when you call DV Connect. Whether you are calling our Women's line, Men's line or Sexual Assault Helpline, we will listen, provide options and offer support. Your safety is our number one priority. We work with the National Relay Service and Translating and Interpreting Service (TIS National) to ensure access accessibility for people with disability or people from non-English speaking backgrounds</p> | <p>We help Queenslanders find pathways to safety, away from domestic, family, and sexual violence. We provide emergency transport and accommodation for your entire family including pets. We also provide safety planning, crisis counselling, intervention, information, and referrals at no cost to you. We operate bridging accommodation residence Bella's Sanctuary, a safe haven for victim survivors to heal and rebuild their lives. We also educate through our Workplace Domestic and Family Violence Training program.</p>  |
| <p><b>LifeLine</b></p>    | <p>138 Victoria Street, ST GEORGE QLD 4487<br/> PO Box 92<br/> <b>1300 991 443</b></p>  | <p>We offer:</p> <ul style="list-style-type: none"> <li>• Crisis intervention</li> <li>• Counselling for: <ul style="list-style-type: none"> <li>• Children who witness or experience domestic and family violence.</li> <li>• Young people who witness or experience domestic and family violence.</li> <li>• People who experience abuse and violence in relationships</li> <li>• Court support</li> <li>• information support and referral</li> </ul> </li> </ul> <p>Towns serviced: Dirranbandi -fortnightly visits.<br/> Target group: Victims, young people, and children of domestic and family violence</p> |
| <p><b>Cunnamulla Aboriginal Corporation for Health</b></p>   | <p><b>Far West Indigenous Family Violence Service Domestic Violence Support Worker</b><br/> Lifeline Building<br/> 138 Victoria Street, St George 4487</p> <p><b>Coordinator Far West Indigenous Family Violence Service</b><br/> Tracey Mckay<br/> E: <a href="mailto:tmackay@cphcc.com.au">tmackay@cphcc.com.au</a><br/> P: 0427 900 319</p> <p><b>Monday – Friday 8:30am – 5:00pm</b></p>  | <p>Far West Indigenous Family Violence Service offers support, advice and advocacy to families who have or are experiencing Domestic and Family Violence in the form of crisis assistance and intervention.</p>   |

# DROUGHT SUPPORT SERVICES








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| <p><b>Drought Angels</b></p>    | <p>P: 07 4662 7371<br/> E: <a href="mailto:admin@droughtangels.org.au">admin@droughtangels.org.au</a><br/> W: <a href="http://www.droughtangels.org.au">www.droughtangels.org.au</a><br/> PO box 451, Chinchilla QLD 4413</p>  | <p>A not-for-profit agency based in Chinchilla providing assistance in the form of pre-paid Visa cards, food hampers, care packs, and local store vouchers.</p>  |
| <p><b>Flood and Drought Response and Recovery Agency</b></p>                   | <p><b>Regional Recovery Officer South West QLD</b><br/> E: <a href="mailto:RROsouthwestqld@pmc.gov.au">RROsouthwestqld@pmc.gov.au</a><br/> P: 0428 557 342<br/> W: <a href="http://www.droughtandflood.gov.au">www.droughtandflood.gov.au</a></p>  | <p>The Agency works hand in hand with communities, all levels of government, charities, and agricultural organisations to support farmers and other rural and regional Australians living through the immediate and longer-term effects of drought and flood.</p>  |
| <p><b>Queensland Country Women's Association</b></p>                           | <p>P: 07 3236 6419<br/> W: <a href="http://www.qcwa.org.au">www.qcwa.org.au</a><br/> St George: <a href="mailto:StGeorgeBranch@QCWA.org.au">StGeorgeBranch@QCWA.org.au</a><br/> Dirranbandi: <a href="mailto:DirranbandiBranch@QCWA.org.au">DirranbandiBranch@QCWA.org.au</a><br/> Thallon: <a href="mailto:ThallonDaymarBranch@QCWA.org.au">ThallonDaymarBranch@QCWA.org.au</a><br/> Bollon: <a href="mailto:BollonBranch@qcwa.org.au">BollonBranch@qcwa.org.au</a></p> | <p>QCWA Public Rural Crisis Fund supports families suffering from drought, flood, or fire, as well as families experiencing any type of crisis. Support is in the form of grocery vouchers, store credit or payment of overdue accounts.</p>   |
| <p><b>Royal Flying Doctor Service</b></p>  <p>Royal Flying Doctor Service</p> | <p>RFDS Drought and Wellbeing Service<br/> E: <a href="mailto:outback@rfdsqld.com.au">outback@rfdsqld.com.au</a><br/> P: 1300 010 174</p>  | <p>Offer a wide range of mental health services including</p> <ul style="list-style-type: none"> <li>• individual counselling sessions</li> <li>• talks, group presentations and training</li> </ul> <p>Pit stop health checks</p>   |
| <p><b>Rural aid</b></p>   | <p><b>Community Representative</b><br/> <b>Gail Courte</b><br/> P: 1300 327 624<br/> M: 0428 185 184<br/> E: <a href="mailto:gail.courte@ruralaid.org.au">gail.courte@ruralaid.org.au</a><br/> 70 Station Road, Indooroopilly, Q, 4068.<br/> PO Box 476, Indooroopilly Centre, Q. 4068</p>   | <p>Rural Aid is a not-for-profit relief agency founded by a Brisbane couple who were motivated to help address the needs of primary producers experiencing drought and natural disaster. They provide material, practical, and financial aid through a range of programs including Buy a Bale as well as a fully funded specialised on-farm counselling program.</p>   |
| <p><b>Rural Financial Counsellor</b></p>                                    | <p>David Knight<br/> P: 07 4622 5500<br/> M: 0447 760 743<br/> E: <a href="mailto:david.knight@rfcssf.org.au">david.knight@rfcssf.org.au</a><br/> W: <a href="http://www.rfcssq.org.au">www.rfcssq.org.au</a></p> <p><b>small Business Rural Financial Counsellors</b><br/> P: 1300 372 777<br/> P: 07 4622 5500<br/> E: <a href="mailto:admin@rfcssq.org.au">admin@rfcssq.org.au</a><br/> W: <a href="http://www.rfcssq.org.au">www.rfcssq.org.au</a></p>               | <p>The RFCS Program enables eligible rural operators to access free, independent, impartial, and confidential support and assistance, to work through their current situation and towards financial self-sufficiency. Rural Financial Counsellors can meet in the office or on farm.</p> <p><b>Local Office:</b><br/> C/- QDAF Building<br/> 126 Alfred Street, St George QLD</p> <p>C/- QDAF Building<br/> 26 Lagoon Street, Goondiwindi QLD 4390</p> |
| <p><b>St Vincent de Paul</b></p>   | <p><b>Vinnies Drought Appeal</b></p> <p>P: 1300 846 643<br/> W: <a href="http://www.vinnies.org.au">www.vinnies.org.au</a></p>   | <p>In the Western Downs Local Government Area SVDP administrate the Drought Community Relief Program for farmers, farm workers and farm suppliers/contractors affected by the drought. SVDP also have their own relief programs and funds.</p>   |






## DRUG & ALCOHOL SUPPORT






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| <p><b>Anglicare</b></p>               | <p><b>Youth Alcohol and Other Drugs Counsellor</b><br/>Youth in Charge Program</p> <p>50-52 Arthur Street<br/>PO Box 795<br/>ROMA QLD 4455<br/>P: 07 4620 4038<br/>M: 0418 901 891</p> <p>E: <a href="mailto:kculverhouse@anglicaresq.org.au">kculverhouse@anglicaresq.org.au</a><br/>W: <a href="http://www.anglicaresq.org.au">www.anglicaresq.org.au</a></p> | <p>We support young people aged up to 25 years old, who are worried about their drug or alcohol use or who are at risk of lapsing/relapsing and would like some support around their use to improve their health and wellbeing.</p> <p><b>WHAT DO WE DO?</b></p> <ul style="list-style-type: none"> <li>• Management of lapse and prevention of relapse.</li> <li>• Provide education and information sessions.</li> <li>• Brief intervention</li> <li>• Individual counselling</li> <li>• Group counselling</li> <li>• Advocacy and support</li> </ul> <p>Self-referral or referral from service providers<br/>P: 1300 114 397</p>  |
| <p><b>Drug ARM Australasia</b></p>    | <p><b>Clinical Worker – Creating Options</b></p> <p>44 Grey Street<br/>St George Medical Centre Allied Health Building<br/>ST GEORGE QLD 4487<br/>P: 0438 978 400<br/>Intake: 07 3620 8880</p>  | <p>Creating Options is a twelve-week treatment program for people who want help to address issues related to their alcohol or other drug use. Our team of specialists provide non-judgemental and confidential support through weekly counselling sessions and case management.</p> <p>We can help in areas such as relapse prevention, coping strategies, relationship skills, anger management, emotional regulation, mental health, and other life skills support.</p> <p>Creating Options can also help to coordinate care by engaging with existing healthcare and social services providers or connecting to new providers.</p> <p>Our holistic approach means we help with all the issues that might be contributing to, and maintaining, alcohol and other drug use. We work with each person to identify their goals and provide practical solutions to make progress towards them.</p> <p>Creating Options is free, voluntary and no referral is required. Our flexible program delivery approach means that you can access support in our office, your home, a safe community space or via telephone.</p> |
| <p><b>Drug ARM Australasia</b></p>  | <p><b>Breakthrough for Families QLD</b><br/><b>Family Support Facilitator</b><br/>Felicia Lin</p> <p>61 McDowell Street<br/>ROMA QLD 4455<br/>P: 0473 072 264<br/>Intake: 07 3620 8880<br/>E: <a href="mailto:FeliciaL@drugarm.com.au">FeliciaL@drugarm.com.au</a></p>  | <p><b>A program designed to provide information and support to families and significant others of those affected by substance use.</b></p> <p><b>We offer:</b></p> <ul style="list-style-type: none"> <li>• Free one-on-one counselling and support sessions for Family members (by appointment)</li> <li>• Free public information sessions</li> <li>• Connection and referral to other support service</li> </ul> <p><b>We can help with:</b></p> <ul style="list-style-type: none"> <li>• How to have a conversation with a family member, friend or loved one who has a substance use issue</li> <li>• How to set healthy boundaries... and keep them.</li> <li>• Information on why people use alcohol and other drugs, lapse and relapse. and the stages of behaviour change</li> <li>• Trustworthy source of information about alcohol and other drugs</li> <li>• Information on how to navigate the alcohol and other drug treatment system.</li> </ul>  |

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|  |  | <ul style="list-style-type: none"> <li>Support for family members, including connection to ongoing social and health services</li> </ul>   |           |               |     |               |
| <p><b>Goondir Health</b></p>    | <p>127 Victoria Street, ST GEORGE QLD 4487<br/>P.O.Box 246<br/>P: 07 4625 5040<br/>W: <a href="http://www.goondir.org.au">www.goondir.org.au</a></p> <p><b>Mon-Thurs 8.30am-4.30pm</b><br/><b>Fri 8am-2pm</b></p> <p><b>Social Emotional Wellbeing Counsellor</b><br/>Janelle Fatnowna<br/>E: <a href="mailto:j.fatnowna@goondir.org.au">j.fatnowna@goondir.org.au</a><br/>M: 0436 621 456<br/>P: 4625 5040</p> <p><b>Big Buddy Program</b><br/>Jaiden Davis<br/>P: 0436 689 843<br/>E: <a href="mailto:j.davis@goondir.org.au">j.davis@goondir.org.au</a></p> | <p>General Practice, Dental Care, 715 health checks, Client Transport to and from appointments and long-distance travel, Gym facilities, Big Buddies Program</p> <ul style="list-style-type: none"> <li>2 Aboriginal Health Workers assist with screening patients.</li> <li>Assists with self-harm, loss &amp; grief, drugs and alcohol issues, self-esteem issues, anxiety &amp; emotional support.</li> <li>Service is available for children, youths, adults, and elderly. Families are also welcome. Service extends to connecting indigenous individuals and/or families to genealogy.</li> <li>Intake via referrals, self-referrals, medical referrals</li> </ul> |           |               |     |               |
| <b>St George Pharmacy</b>  | <p>103 Victoria St, ST GEORGE QLD 4487<br/>P: 07 4625 3469</p>   | <p>TRADING HOURS</p> <table> <tr> <td>Mon – Fri</td> <td>8.30am-5.30pm</td> </tr> <tr> <td>Sat</td> <td>8.30am-12noon</td> </tr> </table>  | Mon – Fri | 8.30am-5.30pm | Sat | 8.30am-12noon |
| Mon – Fri  | 8.30am-5.30pm  |  |           |               |     |               |
| Sat  | 8.30am-12noon  |  |           |               |     |               |
| <b>Visiting Service – Drug &amp; Alcohol</b>   | <p>Roma QLD 4455<br/>P: 07 4624 2977</p>   | <p>Outreach to St George occurs every fortnight and clinic is held at the St George Hospital</p>   |           |               |     |               |
| <b>#SITC Sober in the Country</b>  | <p><a href="https://www.soberinthecountry.org/">https://www.soberinthecountry.org/</a><br/>Website offering anonymous online support for drinkers of all levels.<br/><a href="https://www.soberinthecountry.org/bush-tribe">https://www.soberinthecountry.org/bush-tribe</a></p>   | <p>Sober In The Country is a grassroots rural charity leading social impact and change across rural Australia through peer support, education, advocacy, and our #OK2SAYNO campaign.</p>   |           |               |     |               |
| <b>EARLY CHILDHOOD</b>   |  |  |           |               |     |               |
| <p><b>Early Childhood Centre St George</b></p>   | <p>40 Kenny Lane, ST GEORGE QLD 4487<br/>P: 07 4625 1830 F 07 4625 3227<br/>E: <a href="mailto:stgeorge@nccearlylearners.com.au">stgeorge@nccearlylearners.com.au</a><br/>W: <a href="http://www.nccearlylearners.com.au/stgeorge">www.nccearlylearners.com.au/stgeorge</a></p> <p><b>Director</b><br/>Roslyn Coaker<br/>P: 07 4625 1830<br/>E: <a href="mailto:roslyn.coaker@ncc.qld.edu.au">roslyn.coaker@ncc.qld.edu.au</a></p>   | <p>Provide Long Day Care for children from 6 weeks to school age weekdays from 7.30am – 6pm</p> <p>Now operating a Qld Government Approved Kindergarten Program, provided by a qualified teacher. Kindy is an important time for children, to assist in developing social skills, emotional wellbeing and building steps in literacy, numeracy, and creativity to lay foundations for future learning. Including other advantages such as an Active Kids Sports Program and Incursions, NCC early learners Kindy prepares every child for school and beyond.</p>   |           |               |     |               |
| <p><b>Lady Gowrie Balonne Community Kindergarten</b></p>  <p><b>Lady Gowrie QLD</b><br/>Educating and caring for children since 1940</p>   | <p>144-146 Victoria St, ST GEORGE QLD 4487<br/>P: 07 4625 3923<br/>E: <a href="mailto:balonnekindy@ladygowrie.com.au">balonnekindy@ladygowrie.com.au</a></p> <p>Hours of operation:<br/>Monday, Tuesday &amp; Wednesday 8:15 – 3:30<br/>Thursday &amp; Friday 8:15am – 4:00<br/>8.15am - 4.00pm</p>  | <p>Two groups:</p> <ol style="list-style-type: none"> <li>Mon, Tues &amp; Wed 8:30 – 2:30</li> <li>Thurs &amp; Fri 8:30 – 4:00</li> </ol> <p>Kindergarten<br/>Pre-Prep (4-5yrs)</p>  |           |               |     |               |
| <b>Dirranbandi Kindergarten Assoc.</b>   | <p>16 Moore Street, DIRRANBANDI QLD 4486<br/>P.O.Box 19</p>  | <p><b>Playgroup runs every Friday 9am-11am at the Dirranbandi State School.</b></p>  |           |               |     |               |











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|  | P: 07 4625 8458<br>E: <a href="mailto:dirranbandi@candk.asn.au">dirranbandi@candk.asn.au</a>   |  |
| <b>Mungindi Community Pre School</b>   | Barwon Street, MUNGINDI NSW 2406<br>P: 02 6753 2220  | 8am -3pm<br>Tues/ Wed/ Thurs   |
| <b>Mungindi Playgroup</b>  | Mungindi Youth Centre<br>P: 02 6752 4536   | Wednesday's 10am-11.30am   |
| <b>Bollon Playgroup</b>  | Rural Children's Centre<br>(Beside Bollon School)<br>Sarah Isles 0437757667  | Every Tuesday<br>9am -11am   |
| <b>Begonia Playgroup</b>   | Contact Danielle Koster<br>P: 0467 323 042<br>@ Begonia Sports Club  | Playgroup First Wednesday of the month   |
| <b>St George Aboriginal Housing Pty Ltd</b><br><br><br> | 90 The Terrace, ST GEORGE QLD 4487<br>P. O. Box 222<br>P: 07 4625 1883<br><b>Early Childhood Worker</b><br>Nerissa Webster<br>M: 0448 016 879<br>E: <a href="mailto:stgahc_earlychildhood@bigpond.com">stgahc_earlychildhood@bigpond.com</a><br><br><b>Indigenous Family and Children Support Officer</b><br>Jolean Bennett<br>M:0448 016 638<br>E: <a href="mailto:stgahc_familysupport@bigpond.com">stgahc_familysupport@bigpond.com</a> | Offers pick up and drop off for school, appointments, and ongoing support for families.<br><br>After school activities like Homework Club, on Tuesdays and Thursdays 3:15pm – 4:30 pm  |
| <b>Parent Group</b><br><br>Care Balonne<br>CARING FOR THE COMMUNITY  | <b>Family Support Worker</b><br>Kymberley Wilde<br>P: 07 4625 5450<br>M: 0428 528 251<br>E: <a href="mailto:familysupport@carebalonne.com">familysupport@carebalonne.com</a><br>Care Balonne 32 Henry Street, ST GEORGE QLD  | Every 1 <sup>st</sup> Tuesday of the month<br>9.30am – 11.30am<br>This group is open to all parents with children 0-5yrs. The group is informal, and topics are generated by the parents. This is a great opportunity to meet other parents and enjoy a cuppa and friendly conversation. |
| <b>Sunrise Playgroup</b><br>   | St George State School<br>P: 07 4620 8333<br>E: <a href="mailto:admin@stgeorgess.eq.edu.au">admin@stgeorgess.eq.edu.au</a>   | Wednesday and Thursday Weekly<br>9am -10:30am<br>Please contact School if you require transport.<br><b>Please Note:</b><br><b>The above play days and time excludes all School and Public Holidays</b>   |
| <b>First 5 Forever</b>   | St George Library<br>110 Victoria Street, ST GEORGE QLD<br>P: 07 4620 8878   | Friday's 9.30am-10.30am  |
| <b>Mainly Music</b>  | Harvest Point Church, Hill Street ST GEORGE QLD<br>P: 0413 856 671   | Monday's 9.30am-11am<br>\$3/child or \$5/family<br>Under 12months is free  |
| <b>EDUCATION</b>   |  |  |
| <b>Begonia State School</b><br>   | 4233 Begonia Road, Begonia via St George Qld 4487<br>P: 07 4625 7445<br><b>Principal</b><br>E: <a href="mailto:principal@begoniass.eq.edu.au">principal@begoniass.eq.edu.au</a>  | Kindergarten to Year 6<br><b>OFFICE HOURS</b><br>The school Office is open 8:00am – 4:00pm   |
| <b>Bollon State School</b><br>  | 60 Main St, BOLLON QLD 4488<br>P.O.Box 39<br>P: 07 4625 6139<br><b>Principal</b>   | <b>OFFICE HOURS</b><br>The school office is staffed by an administration officer two days a week (Tuesday and Thursday) from 8:30am – 2:30pm.  |



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|   | E <a href="mailto:principal@bollonss.eq.edu.au">principal@bollonss.eq.edu.au</a>   |  |
| <b>Dirranbandi P-10 State School</b><br>         | Jane Street, DIRRANBANDI QLD 4486<br>P: 07 4625 8555<br>Absence line:4625 8566<br>E: <a href="mailto:admin@dirranbass.eq.edu.au">admin@dirranbass.eq.edu.au</a><br>W: <a href="http://www.dirranbass.eq.edu.au">www.dirranbass.eq.edu.au</a>   | Prep – Grade 10<br><br><b>Playgroup every Friday</b><br><b>9am -11am</b><br><b>Dirranbandi State School</b>  |
| <b>Hebel State School</b><br>                    | 41/49 Maud Street, HEBEL QLD 4486<br>P: 07 4625 0938<br>E: <a href="mailto:principal@hebelss.eq.edu.au">principal@hebelss.eq.edu.au</a>  | Hebel State School is a small Kindy to Year 6 school in the Balonne Cluster, member of the Darling Downs Southwest Region.   |
| <b>Mungindi Central School</b><br>               | 59-67 Wirrah Street MUNGINDI NSW 2406<br>P: 02 6753 2207<br>E: <a href="mailto:mungindi-c.school@det.nsw.edu.au">mungindi-c.school@det.nsw.edu.au</a>  | A preschool to year 12 comprehensive school.   |
| <b>St George State High School</b><br>          | 2 Victoria St, ST GEORGE QLD 4487<br>P.O.Box 209<br>P: 07 4620 8222<br>W: <a href="http://www.stgeorgeshs.eq.edu.au">www.stgeorgeshs.eq.edu.au</a><br>EQ Service Centre P 1800 680 445<br><br><b>Principal</b><br>E <a href="mailto:admin@stgeorgeshs.eq.edu.au">admin@stgeorgeshs.eq.edu.au</a><br><br><b>Guidance Officer</b><br>Annette Mclean<br>E: <a href="mailto:guidance.officer@stgeorgeshs.eq.edu.au">guidance.officer@stgeorgeshs.eq.edu.au</a><br><br><b>School Based Youth Health Nurse</b><br>E: <a href="mailto:SBYHN@stgeorgeshs.eq.edu.au">SBYHN@stgeorgeshs.eq.edu.au</a><br><br><b>Community Education Counsellor</b><br>Joy Weatherall<br>E: <a href="mailto:CEC@stgeorgeshs.eq.edu.au">CEC@stgeorgeshs.eq.edu.au</a><br><br><b>School Chaplain</b><br>E: <a href="mailto:chaplain@stgeorgeshs.eq.edu.au">chaplain@stgeorgeshs.eq.edu.au</a> | The school caters for more that 200 students from Years 7 to 12 and aims to provide high quality education which makes a positive difference to the lives of all its students. |
| <b>St George State School</b><br>              | 20-40 Grey Street, ST GEORGE QLD 4487<br>P.O.Box 231<br>P: 07 4620 8333<br><b>Principal</b><br>E: <a href="mailto:principal@stgeorges.eq.edu.au">principal@stgeorges.eq.edu.au</a><br><br><b>Guidance Officer</b><br>Annette Mclean<br>E: <a href="mailto:guidance.officer@stgeorgeshs.eq.edu.au">guidance.officer@stgeorgeshs.eq.edu.au</a>   | Prep – Grade 6<br>Special Education Unit   |
| <b>St Joseph’s Catholic Primary School</b><br> | 72-74 Bucknell Street, MUNGINDI NSW 2406<br>P: 02 6753 2327<br>E: <a href="mailto:munadmin@arm.catholic.edu.au">munadmin@arm.catholic.edu.au</a>   | Prep- Grade 6  |

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| <p><b>St Patrick's Catholic Primary School</b></p>  | <p>36-44 Balonne Street, ST GEORGE QLD 4487<br/> P.O. Box 609<br/> P: 07 4625 3058<br/> 8.30am – 3.00pm</p> <p><b>Principal</b><br/> Mr James Wren<br/> E: <a href="mailto:James.Wren@twb.catholic.edu.au">James.Wren@twb.catholic.edu.au</a><br/> W: <a href="http://www.stgeorge.catholic.edu.au">www.stgeorge.catholic.edu.au</a></p> <p><b>Admin/Finance</b><br/> Tracey Bella<br/> M: 0429 853 487<br/> E: <a href="mailto:stgeorge@twb.catholic.edu.au">stgeorge@twb.catholic.edu.au</a></p> | <p>Prep- Grade 6</p>  |
| <p><b>SU QLD School Chaplaincy</b></p>              | <p><b>Community Chaplain</b><br/> <b>St George State High School Chaplain</b><br/> P: 07 4620 8222<br/> <b>St George State School Chaplain</b><br/> P: 07 4620 8333</p>  | <p>Currently servicing St George High School, St George State School, Bollon State School, and Thallon State School. Providing pastoral care support for students and the wider community including emotional, spiritual, and practical support</p> |
| <p><b>Thallon State Primary School</b></p>         | <p>15 Henry St, THALLON QLD 4497<br/> P: 07 4625 9139<br/> E: <a href="mailto:principal@thallonss.eq.edu.au">principal@thallonss.eq.edu.au</a><br/> W: <a href="https://thallonss.eq.edu.au/OurSchool/ContactUs">https://thallonss.eq.edu.au/OurSchool/ContactUs</a></p>   | <p>Kindy to Year 6</p>  |
| <b>EMERGENCY SERVICES</b>  |  |   |
| <p><b>Fire &amp; Rescue</b></p>                   | <p><b>St George Fire &amp; Rescue</b><br/> 39 Henry Street, ST GEORGE QLD 4487<br/> P: 07 4671 4457</p> <p><b>Thallon Rural Fire Brigade</b><br/> Pine Street, THALLON QLD 4497<br/> P: 07 4625 9284<br/> M: 0428 259 284</p> <p><b>Dirranbandi Rural Fire Brigade</b><br/> 4 Cowildi Street, Dirranbandi QLD 4486<br/> 07 4671 8112</p>   | <p style="color: red; text-align: center;"><b>FOR ALL EMERGENCIES DIAL 000</b></p>  |
| <p><b>Qld Ambulance</b></p>                       | <p><b>Dirranbandi</b><br/> Cr Jane &amp; Crothers Street, DIRRANBANDI QLD 4486<br/> P: 07 4625 8632</p> <p><b>St George</b><br/> 62 Victoria Street, ST GEORGE QLD 4487<br/> P: 07 4625 3224</p>   |   |





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| <p><b>Qld Police</b></p>   | <p><b><u>Bollon</u></b><br/>22 Mary Street, BOLLON QLD 4488<br/>P: 07 4625 6200</p> <p><b><u>Dirranbandi</u></b><br/>Kirby Street, DIRRANBANDI QLD 4486<br/>P: 07 4622 9707</p> <p><b><u>Mungindi - QLD</u></b><br/>49-67 Mungindi<br/>M: 0429 648 757</p> <p><b><u>Mungindi – NSW</u></b><br/>250 St George Street<br/>P: 0267 591 260</p> <p><b><u>St George</u></b><br/>The Terrace, ST GEORGE QLD 4487<br/>P: 07 4620 3033</p> <p><b>Police Liaison Officers</b><br/>Sydney Mann<br/>Chelsea Beardmore</p> <p><b><u>Thallon</u></b><br/>Pine Street, THALLON QLD 4497<br/>P: 07 4625 9120</p> | <p>Reporting of crimes not occurring at the time is Police link 131444<br/>Crime Stoppers 1800 333 000</p> <p>Stations should only be contacted for local enquiries, not reporting.</p> <p>Emergencies (occurring at the time)<br/>Dial: 000</p> <p>Police Liaison Officers are here to assist the community.</p>  |
| <p><b>State Emergency Service</b><br/><b>Ph 132500</b></p>   | <p><b><u>St George</u></b><br/>Balonne Shire Council, ST GEORGE 4487<br/>P: 07 4620 8888</p> <p><b><u>Thallon</u></b><br/>Pine Street, THALLON QLD 4497<br/>P: 07 4625 9259</p>   | <p><b>Balonne Shire Council Emergency Dashboard</b><br/>Provides information on Emergency News, Road Conditions, Weather Warnings and Power Outages within the shire.<br/>Log onto <a href="http://emergency.balonne.qld.gov.au">emergency.balonne.qld.gov.au</a> click on Opt-In Alerts and register details.</p>   |
| <b>EMPLOYMENT SERVICES</b>  |   |  |
| <p><b>Busy at Work</b></p>   | <p>78b The Terrace, ST GEORGE Qld 4487<br/>P: 0437 282 953 or 13 18 79<br/>E: <a href="mailto:busy@busyatwork.com.au">busy@busyatwork.com.au</a></p> <p>Call Centre open 8am – 8pm AEST</p>   | <p><b>Programs and Services</b></p> <ul style="list-style-type: none"> <li>- Workforce Australia Employment Services</li> <li>- Workforce Australia Transition to Work</li> </ul>  |
| <b>FINANCIAL SERVICES</b>   |   |  |
| <p><b>Rural Financial Counsellor Service</b><br/><b>QLD Central Southern Region</b></p>   | <p>David Knight<br/>P: 07 4622 5500<br/>M: 0447 760 743<br/>E: <a href="mailto:david.knight@rfcssq.org.au">david.knight@rfcssq.org.au</a><br/>W: <a href="http://www.rfcssq.org.au">www.rfcssq.org.au</a></p>   | <p>Primary role is to support Primary Producers &amp; small Rural Businesses who are suffering financial hardship, who have no alternative sources of impartial support, to manage challenges of industry change and adjustment.<br/>Independent of Financial institutions, welfare agencies and the government <b><u>FREE SERVICE</u></b></p>   |
| <p><b>Lifeline Darling Downs &amp; South West Qld</b><br/><b>Financial Counselling Service</b></p>  | <p>PO Box 2119, TOOWOOMBA QLD 4350<br/>Free call 1300 991 443<br/>F: 07 46991610<br/><b>Financial Counsellor</b><br/>Bill McNaughton<br/>M: 0457 844 089</p>  | <p>Financial Counselling Service covering Roma, St George &amp; Charleville area/s. Providing a FREE and independent service to consumers who want information or assistance.</p>  |

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| <p style="text-align: center;"><b>SPER</b></p>                       | <p>P.O.Box 1387, BRISBANE QLD 4000</p> <p><b>General Enquiries</b><br/> P: 13 QGOV (13 74 68)<br/> W: <a href="http://www.qld.gov.au">www.qld.gov.au</a></p>   | <p>The State Penalties Enforcement Registry is responsible for the collection and enforcement of unpaid fines and penalties. SPER will only be able to assist with inquiries about debts or that have been registered with SPER by the issuing authority.</p>   |
| <b>FUNERAL DIRECTORS</b>   |  |   |
| <p><b>St George Funeral Services</b></p>                            | <p>75 Alfred St, ST GEORGE QLD 4487<br/> P: 07 4625 1531<br/> F: 07 4625 1531</p> <p><b>John &amp; Trisha Morris</b><br/> M: 0411 857 691</p> <p><b>Sophie Morris</b><br/> P: 0402 418 987<br/> E: <a href="mailto:stgfuneralcare@outlook.com">stgfuneralcare@outlook.com</a></p>                              | <p>Is a proudly family owned and operated Funeral Service caring for the families in St George and surrounds.</p>   |
| <b>HEALTH SERVICES</b>   |  |   |
| <p><b>Alexandra Donoghue Rural Psych</b></p>                      | <p><b>Alex Donoghue</b><br/> Psychologist &amp; Occupational Therapist</p> <p>St George Medical Centre<br/> 116 Alfred Street St George</p> <p>M: 0447 086 607<br/> E: <a href="mailto:alex@ruralpsych.info">alex@ruralpsych.info</a><br/> W: <a href="http://www.ruralpsych.info">www.ruralpsych.info</a></p> | <p>Comprehensive Psychologist Assessment, including psychometric assessment, to inform diagnosis. Psychological Interventions across the Lifespan: children, teens, adults &amp; seniors. Group facilitation and presentations upon request. Referrals accepted from GP, self, Workover, NDIS.</p>  |
| <p><b>Community &amp; Allied Health Services - St George</b></p>  | <p>1 Victoria St, ST GEORGE QLD 4487<br/> P 07 4620 2265</p>   | <p>Aboriginal Health Worker<br/> Adult Mental Health Worker<br/> Allied Health Assistants<br/> Breast Care Nurse<br/> Cancer and Palliative Care Nurse<br/> Cardiac Nurse<br/> Child &amp; Family Health Nurse<br/> Child &amp; Youth Mental Health Worker<br/> Chronic Disease Nurse<br/> Community Health Nurse<br/> Midwifery Service<br/> Dietitian<br/> Occupational Therapist<br/> Nurse Navigators<br/> Physiotherapists<br/> Podiatrist<br/> School Based Health Nurse<br/> Speech Therapist<br/> Social Worker</p> |
| <p><b>Bollon Community Clinic</b></p>  | <p>37 Main Street, BOLLON QLD 4488<br/> P.O.Box 17<br/> P: 07 4625 6105<br/> E: <a href="mailto:bollonadministration@health.qld.gov.au">bollonadministration@health.qld.gov.au</a></p>   | <p>Primary Health Care Facility visiting Doctor clinics Twice a week.</p>   |
| <p><b>Dirranbandi Multipurpose Health Service</b></p>             | <p>Cr Jane &amp; Crothers Street, DIRRANBANDI QLD 4486<br/> PO Box 20<br/> Dirranbandi, Q 4486<br/> P: 07 4625 8222<br/> F: 07 4625 8273<br/> E: <a href="mailto:dirranbandi_administration@health.qld.gov.au">dirranbandi_administration@health.qld.gov.au</a></p>  | <p>24-hour service providing acute and non-acute care.</p> <p>A range of visiting Allied Health Professionals provide Outreach services to Dirranbandi.</p>   |

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|   | <p><b>Community Health Nurse</b><br/>Kimberley Clark<br/>M: 0428722659<br/>E: <a href="mailto:kimberley_clark@health.qld.gov.au">kimberley_clark@health.qld.gov.au</a></p> <p><b>Aboriginal Health Worker</b><br/>Donna Hooper<br/>M: 0447 767349<br/>E: <a href="mailto:donna_hooper@health.qld.gov.au">donna_hooper@health.qld.gov.au</a></p>  | <p><b>Community Health Nurse</b><br/>Mon – Fri 8am – 4pm<br/>Registered Nurse who provides information, advice and services oriented toward improving the health and / or quality of life and the development of optimal independence.<br/>Information, support, referral, and resources can be provided.<br/>Also Endorsed Nurse Immuniser – can do all scheduled immunisations.</p> <p><b>Aboriginal Health Worker</b><br/>Mon – Fri 8am – 4pm<br/>Available to all members of the indigenous community to provide information, advice, and advocacy regarding their health needs.</p>   |
| <p><b>Dirranbandi Medical Practice</b></p>   | <p>Cr Jane &amp; Crothers Street, DIRRANBANDI QLD 4486<br/>P: 07 4625 8266<br/>F: 07 4625 8267<br/>E: <a href="mailto:dirranbandi-medical-practice@health.qld.gov.au">dirranbandi-medical-practice@health.qld.gov.au</a></p>   | <p>Child Health services and Antenatal care can be provided by Practice Nurse</p>  |
| <p><b>Goondir Health</b><br/><br/></p> | <p>127 Victoria Street, ST GEORGE QLD 4487<br/>P.O.Box 246<br/>P: 07 4625 5040<br/>W: <a href="http://www.goondir.org.au">www.goondir.org.au</a></p> <p><b>Mon-Thurs 8.30am-4.30pm</b><br/><b>Fri 8am-2pm</b></p> <p><b>Clinic Manager</b><br/>Kelvin Duiker<br/>M: 0448 993 479<br/>E: <a href="mailto:k.duiker@goondir.org.au">k.duiker@goondir.org.au</a></p> <p><b>Social and Emotional Wellbeing Counsellor</b><br/>Janelle Fatnowna<br/>M: 0436 621 456<br/>P: 4625 5040<br/>E: <a href="mailto:j.fatnowna@goondir.org.au">j.fatnowna@goondir.org.au</a></p> | <p>General Practice, Dental Care, 715 health checks, Client Transport to and from appointments and long-distance travel, Gym facilities, Big Buddies Program</p> <ul style="list-style-type: none"> <li>• 2 Aboriginal Health Workers assist with screening patients.</li> <li>• Assists with self-harm, loss &amp; grief, drugs and alcohol issues, self-esteem issues, anxiety &amp; emotional support.</li> <li>• Service is available for children, youths, adults, and elderly. Families are also welcome. Service extends to connecting indigenous individuals and/or families to genealogy.</li> </ul> <p>Intake via referrals, self-referrals, medical referrals</p> |
| <p><b>Mungindi Community Health Centre</b></p>   | <p>153 George Street, MUNGINDI NSW 2406<br/>P: 02 6705 6000<br/>M: 0429 002 732</p>  | <p>8:30am – 5:00pm, Monday – Thursday<br/>(Excluding public holidays)</p>  |
| <p><b>Mungindi Doctor Surgery</b></p>  | <p>86 -90 Barwon Street MUNGINDI NSW 2406<br/>P: 02 6705 6158</p>  | <p>Mon – Fri 8.30am -12pm 2pm -5pm<br/>Sat 8.30am -12pm</p>  |
| <p><b>Mungindi Hospital</b></p>  | <p>90 Barwon Street, Mungindi Qld 2406<br/><b>In an emergency call 000</b><br/>P: 02 6705 6100</p>   | <p>Accident and Emergency, Outpatients, Pharmaceutical (Nurse), Respite Care. Long term residential Acute Inpatient Care – Adult and</p>   |

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|  | <p>F: 02 6705 6190<br/> E: <a href="mailto:mungindiadmin@health.qld.gov.au">mungindiadmin@health.qld.gov.au</a><br/> W: <a href="https://www.southwest.health.qld.gov.au">https://www.southwest.health.qld.gov.au</a><br/> <b>ATSI Health Worker</b><br/> Casey Orchid<br/> M: 0497 275 546</p>                          | <p>Children, Minor Operations, Indigenous Health Care, Palliative Care, Nurse X-ray operator Services (Chest and Extremities only), Dental, Immunisation, Paediatrics, Child Health Clinic and Parenting groups, Foot Clinic (Nurse), teleconferencing with specialists, Aboriginal Health, Occupational Therapy.</p>  |
| <p><b>Optometrists<br/>Cooper &amp; Smith</b></p>  | <p>44 Grey Street, ST GEORGE QLD 4487<br/> P: 4671 1550</p>  | <p>3<sup>rd</sup> Tuesday every month<br/> Health Checks<br/> - glaucoma<br/> - diabetic<br/> - eye<br/> Fits contact lenses and glasses.</p>  |
| <p><b>Optometrist</b></p>  | <p>Goondir Health<br/> P: 07 4625 8211</p>   | <p><b>St George</b><br/> Book appts through Goondir Health<br/> <b>Dirranbandi Hospital</b><br/> Book appts at Post Office Dirranbandi<br/> <b>Bollon</b><br/> Consulting Community Care</p>   |
| <p><b>Roma Hospital</b></p>        | <p><b>Street Address</b><br/> 197-234 McDowall Street, Roma Qld</p> <p><b>Postal Address</b><br/> PO Box 124, Roma Qld 4455</p> <p><b>In an emergency call 000</b><br/> P: 07 4624 2700<br/> F:07 4624 2711<br/> W: <a href="https://www.southwest.health.qld.gov.au">https://www.southwest.health.qld.gov.au</a></p>    | <p>Roma Hospital provides community and allied health services, and home and community care support to the Roma community, nearby towns and the wider Southwest.</p> <p>General enquires office hours:<br/> 8:30am to 5:00pm Monday to Friday</p>  |
| <p><b>St George Hospital</b></p>  | <p><b>Street Address</b><br/> Victoria Street, St George Qld</p> <p><b>Postal Address</b><br/> PO Box 602, St George Qld 4487</p> <p><b>In an emergency call 000</b><br/> P: 07 4620 2222<br/> F: 07 4620 2200<br/> W: <a href="https://www.southwest.health.qld.gov.au">https://www.southwest.health.qld.gov.au</a></p> | <p>TRAVEL SUBSIDY FORMS AVAILABLE<br/> St George Visiting Specialists Include:</p> <ul style="list-style-type: none"> <li>• Anaesthetist</li> <li>• Adult Psychiatry Team</li> <li>• Dermatologist</li> <li>• Obstetrician/Gynaecologist</li> <li>• Ophthalmologist</li> <li>• Paediatrician</li> <li>• Physician</li> <li>• Surgeon</li> </ul> <p>St George parent and family rooms consist of 2 self-contained, 2-bedroom units (linen supplied), for use by expectant mothers, day surgery patients and relatives of an ill patient, who live outside the St George township. The units are provided at no cost to eligible persons. Bookings can be made through the St George Hospital Administration Office.</p> |
| <p><b>Dirranbandi<br/>Pharmacy</b></p>   | <p>50 Railway Street, DIRRANBANDI 4486<br/> P: 4620 7060</p>   | <p><b>Opening Hours:</b><br/> <b>Mon-Fri 9am-12:30pm, 1:30-5pm</b><br/> <b>Sat-Sun 9am-12pm</b></p>  |
| <p><b>St George Medical<br/>Centre</b></p>   | <p>116 Alfred Street/ Po Box 180<br/> P: 07 46255344</p>   | <p>Sullivan and Nicolaides Pathology<br/> Steven Smith – Optometrist<br/> Steven Oreo – Sonographer</p>  |



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|    | <p>Monday to Thursday: 8.00am to 5.30pm<br/>Friday: 8:00am – 5:00pm</p>   | <p>Matthew Edwards – Podiatrist<br/>AOD Counsellor<br/>Vital Health – Physiotherapist, OT, Speech Therapist</p>  |
| <p><b>Stride</b><br/><b>STRIDE</b> For better mental health</p>  | <p>13 Grey St, ST GEORGE QLD 4487</p> <p><b>Community Managed Mental Health</b><br/>Jo Bunyan<br/>Support Worker<br/>M: 0447 748 682<br/>P: 1300 001 907<br/>E: <a href="mailto:josephine.bunyan@stride.com.au">josephine.bunyan@stride.com.au</a></p> <p><b>Formerly known as Aftercare</b></p>  | <p>Stride’s Mental Health Community Support (MHCS) program delivers community-based services supporting people aged 18+ that are experiencing mental concerns. Our aim is to keep people out of hospital and improve their overall wellbeing. Personalised, one-on-one support, self-help services, and group support services for people with mental health concerns.</p> |
| <p><b>Tackling Regional Adversity through Connected Communities (TRACC)</b></p>  | <p>Corner Spencer &amp; Bowen Streets, ROMA QLD 4455<br/>P: 0429 328 335<br/>E: <a href="mailto:traic_swhhs@health.qld.gov.au">traic_swhhs@health.qld.gov.au</a></p> <p><b>Kelly Harms</b><br/>P: 0429 328 335<br/>E: <a href="mailto:kelly.harms@health.qld.gov.au">kelly.harms@health.qld.gov.au</a><br/>W: <a href="http://www.health.qld.gov.au">www.health.qld.gov.au</a></p> <p><b>Gavin Johannesen</b><br/>P: 0409 059 201<br/>E: <a href="mailto:gavin.johannesen@health.qld.gov.au">gavin.johannesen@health.qld.gov.au</a><br/>W: <a href="http://www.health.qld.gov.au">www.health.qld.gov.au</a></p> | <p><b>Services:</b> Working with communities to reduce the mental health impact of disaster-related adversity and community crises; building resilience and creating connections in the Southwest.</p>   |
| <p><b>HOUSING</b></p>  |   |  |
| <p><b>Bollon &amp; District Children’s Residence</b></p>   | <p>Main Street, BOLLON QLD 4488<br/>P: 07 4625 6159</p>   |  |
| <p><b>Care Balonne Association Inc.</b></p>                                    | <p>32 Henry St, ST GEORGE QLD 4487<br/>P. O. Box 517<br/>P: 07 4625 5450<br/>E: <a href="mailto:cdo@carebalonne.com">cdo@carebalonne.com</a></p>  | <p>Assists with Housing Applications and lodgement to the Department</p>   |
| <p><b>Dirranbandi RTC (Dirranbandi Housing)</b></p>  | <p>35 Railway St DIRRANBANDI, QLD 4486<br/>P: 07 4625 8411</p>  | <p>QGAP – Housing. Send lodge applications and hold keys<br/>Centrelink Agency</p>   |
| <p><b>Dirranbandi Progress Association Inc</b></p>                            | <p>PO BOX 15, Dirranbandi QLD 4486<br/>P: 46207309</p>  | <p>Registered Community Housing Provider with ten units – 6 x 1 brm and 4 x 2 brm – focused on aged and disabled tenants.<br/>Assists with Housing Applications and lodgement to the Department</p>  |

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| <p><b>St George<br/>Aboriginal Housing<br/>Pty Ltd</b></p>                         | <p>90 The Terrace, ST GEORGE QLD 4487<br/>P. O. Box 222<br/>P: 07 4625 4160</p> <p><b>Manager</b><br/>E: <a href="mailto:stgahc@bigpond.com">stgahc@bigpond.com</a></p>   | <p>Assist with applications and lodgement.</p>  |
| <p><b>Department of<br/>Communities,<br/>Housing and Digital<br/>Economy</b></p>  | <p>Toowoomba South West Housing Service Centre<br/>Ground Floor, 10 Russell Street, TOOWOOMBA QLD 4350<br/>PO Box 418<br/>P: 07 4699 4400<br/>E: <a href="mailto:toowoombahsc@chde.qld.gov.au">toowoombahsc@chde.qld.gov.au</a><br/>W: <a href="http://www.chde.qld.gov.au">www.chde.qld.gov.au</a></p> <p>Online application for Social Housing<br/><a href="http://www.qld.gov.au">www.qld.gov.au</a></p>   | <p>Social housing is available to vulnerable Queenslanders who are assessed as having the greatest need. Our housing Service Centre delivers coordinated service to support people throughout Queensland. Housing service centres help people sustain housing in the private rental market through bond loans, rental grants and other products and services.</p>   |
| <b>LEGAL SERVICES</b>  |   |   |
| <p><b>Aboriginal &amp; Torres<br/>Strait Islander Legal<br/>Service (Qld)</b></p>  | <p>88 The Terrace, ST GEORGE QLD 4487<br/>P.O. Box 222<br/>P: 07 4625 3052</p> <p><b>Field Officer</b><br/>Diana Weribone<br/>E: <a href="mailto:diana.weribone@atsils.org.au">diana.weribone@atsils.org.au</a></p>   | <p>ATSI LEGAL SERVICE<br/>-information and referral<br/>-court support</p>  |
| <p><b>Inland Legal</b></p>   | <p>68 The Terrace, ST GEORGE QLD 4487<br/>P.O.Box 501<br/>P: 07 4625 5083<br/>E: <a href="mailto:info@inlandlegal.com.au">info@inlandlegal.com.au</a></p>   | <p>Open from 8.30am-5.00pm Mon-Fri</p>  |
| <p><b>Justice Group</b></p>    | <p><b>Justice Group Coordinator</b><br/>Shaun Lacey<br/>P: 07 4625 4160<br/>M: 0467 875 048<br/>E: <a href="mailto:stgcommunityjustice@outlook.com">stgcommunityjustice@outlook.com</a></p>   |   |
| <p><b>Aboriginal Family<br/>Legal Service</b></p>                                | <p><b>ROMA NEIGHBOURHOOD CENTRE</b><br/>Cnr Quinton &amp; Bowen Streets, ROMA QLD 4455<br/>FREECALL 1800 185 950<br/>8.20am -5pm</p> <p>P: 07 4624 0813<br/>E: <a href="mailto:robyn.outen@maranoa.qld.gov.au">robyn.outen@maranoa.qld.gov.au</a></p>   | <p>Legal and Counselling support for ATSI victims of Family Violence &amp; Sexual Assault</p>   |
| <p><b>The Advocacy and<br/>Support Centre Inc.</b></p>                          | <p>96 Arthur Street Roma QLD 4455</p> <p>P: 07 4523 6600<br/>Monday to Thursday 9am to 4.30pm;<br/>Friday 9am to 4pm</p> <p><a href="http://www.tascnational.org.au/">http://www.tascnational.org.au/</a><br/><a href="https://www.qsjc.com.au/">https://www.qsjc.com.au/</a></p> <p><b>Shannon Rasmussen</b><br/><i>Social Justice Advocate</i><br/>P:07 4616 9781<br/>E: <a href="mailto:shannonr@tascnational.org.au">shannonr@tascnational.org.au</a></p> | <p>TASC is a Community Service that provides Legal Assistance and Advocacy to the vulnerable and marginalised members of our community.</p> <p>Our Advocacy and Legal services are free for those who meet our eligibility criteria.</p> <p>We are the largest regional Community Legal Centre in Queensland, we have embraced the Social Justice message and pursue powerful ways to raise awareness, collaborate and showcase our advocacy for Social Justice throughout our communities. TASC upholds the principles of social justice when we remove barriers that people face because of gender, age, race, ethnicity, religion, culture, or disability.</p> |

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|  |  | <p>Opening Times: 9am to 4.30pm Monday to Thursday; 9am to 4pm Friday.</p> <p>Towns serviced include Charleville, Stanthorpe, Tara, Warwick, Dalby, St George, Miles, Millmerran, Cunnamulla, Roma, Goondiwindi, Chinchilla</p> <p>Visits approximately once per month (depends on demand and solicitor/advocate available) or target groups, assistance available</p> <ul style="list-style-type: none"> <li>• <b>Family Law</b></li> <li>• <b>Civil Law</b></li> <li>• <b>Criminal Law</b></li> <li>• <b>Disability Advocacy</b></li> <li>• <b>Tenancy</b></li> </ul> |
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## MENS SUPPORT






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| <p><b>St George Community Men's Shed</b></p>   | <p>Lindores Street, ST GEORGE QLD 4487<br/>PO Box 233</p> <p><b>Chairperson</b><br/>Keith Codrington<br/>E: <a href="mailto:cathcod@hotmail.com">cathcod@hotmail.com</a><br/>P: 0457 282 437</p> | <p>We support men's health, wellbeing, and sense of community. We welcome new members over 18 years. We work within the community for the community.</p> |
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## OPPORTUNITY SHOPS

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| <b>Jacobs Well</b> | Roe Street (Behind Anglican Church) ST GEORGE QLD 4487 | Open Tuesday and Thursday from 9am-2pm<br>Last Saturday of each month 9am-12.30pm             |
| <b>Lifeline</b>    | 138 Victoria St, ST GEORGE QLD 4487<br>P: 07 4625 4341 | Open Mon-Fri from 9am-4pm Sat 9am-12noon  |
| <b>Vinnies</b>     | 115 Victoria St, ST GEORGE QLD 4487<br>P: 07 4625 5572 | <p>Tuesday, Wed, Fri - 9.30am -2pm</p> <p>Thursday 10am -2.30pm</p> <p>Saturday 9am -12pm</p> |

## YOUTH SERVICES

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| <p><b>Goondir Health</b></p>     | <p>127 Victoria Street, ST GEORGE QLD 4487<br/>P.O. Box 246<br/>P: 07 4625 5040<br/>W: <a href="http://www.goondir.org.au">www.goondir.org.au</a><br/>Mon-Thurs 8.30am-4.30pm<br/>Fri 8am-2pm</p> <p><b>Social Emotional Wellbeing Counsellor</b><br/>Janelle Fatnowna<br/>M: 0436 621 456<br/>P: 4625 5040<br/>E: <a href="mailto:J.fatnowna@goondir.org.au">J.fatnowna@goondir.org.au</a></p> <p><b>Big Buddy Program</b><br/>Jaiden Davis<br/>P: 0436 689 843<br/>E: <a href="mailto:j.davis@goondir.org.au">j.davis@goondir.org.au</a></p> | <p>General Practice, Dental Care, 715 health checks, Client Transport to and from appointments and long-distance travel, Gym facilities, Big Buddies Program</p> <ul style="list-style-type: none"> <li>• 2 Aboriginal Health Workers assist with screening patients.</li> <li>• Assists with self-harm, loss &amp; grief, drugs and alcohol issues, self-esteem issues, anxiety &amp; emotional support.</li> <li>• Service is available for children, youths, adults and elderly. Families are also welcome. Service extends to connecting indigenous individuals and/or families to genealogy.</li> </ul> <p>Intake via referrals, self-referrals, medical referrals</p> <p>The Big Buddy Programs aims to empower Indigenous Youth to achieve their full potential and thrive through mentorship, education, social interaction and promoting life skills.</p> |
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| <p><b>Gateway to Training</b></p>     | <p>ST GEORGE QLD<br/>119 Victoria Street</p> <p>GOONDIWINDI OFFICE<br/>15- 21 Russell Street,<br/>LMB 7<br/>GOONDIWINDI QLD 4390</p> <p>P 07 4671 2258<br/>E <a href="mailto:info@gttc.com.au">info@gttc.com.au</a><br/>W <a href="http://www.gttc.com.au">www.gttc.com.au</a></p> | <p><b>GTT</b> is a not-for-profit community-based organisation that offers flexible and responsive learning opportunities across Southwest Queensland. Our vision is to connect and create partnerships that provide lifelong learning options to build resilient communities that are alive with opportunities. GTT offers the following specialised training and support programs as well as fee for service tailored training:</p> <ul style="list-style-type: none"> <li>• <b>Get Set for Work Program</b><br/>15 to 19 years</li> <li>• <b>Steady, Ready, Go! Program</b><br/>Over 15 years</li> <li>• <b>Transition to Work Program</b><br/>15 to 21 years</li> <li>• <b>Tailored Training</b></li> </ul> |
| <p><b>Lifeline Darling Downs</b></p>    | <p><b>St George Youth Development Worker</b><br/>P: 1300 991 443 (Ask for the St George office)</p>  | <p><b>Program aim:</b> The program is responding to the needs of youth within the LGA between the ages of 12-24 focusing on youth at risk of involvement in criminal activity and antisocial behaviour.</p> <p>Partnering with Big Buddy to run programs, events and teaching for the youth in our area to build their life skills, improve their education and improve their social interaction skills.</p> <p>Some current programs running are:</p> <ul style="list-style-type: none"> <li>- Suspension support for students</li> <li>- Youth group club every Wednesday from 5pm to 7pm.</li> </ul>   |

**St George  
Aboriginal Housing  
Pty Ltd**



90 The Terrace, ST GEORGE QLD 4487

P. O. Box 222

P: 07 4625 1883

**Youth & Cultural Officer**

Kaiamba Davis

P: 0491 230 161

E: [stgahc\\_youthculture@bigpond.com](mailto:stgahc_youthculture@bigpond.com)

**Program aim:** The program is responding to the needs of youth within the LGA between the ages of 12-24 focusing on youth at risk of involvement in criminal activity and antisocial behaviour.

Partnering with Big Buddy to run programs, events, and teaching for the youth in our area to build their life skills, improve their education and improve their social interaction skills.

Some current programs running are:

- Suspension support for students
- Youth group club every Wednesday from 5pm to 7pm.

## 24 HOUR ASSISTANCE HOTLINE NUMBERS

|   |                      |
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| <b>AMBULANCE – POLICE – FIRE EMERGENCY</b>                        | <b>000</b>           |
| <b>ALCOHOL &amp; DRUG DEPENDANCY</b>                              | <b>1800 177 833</b>  |
| <b>BEYOND BLUE</b>  | <b>1300 224 636</b>  |
| <b>CHILD ABUSE HOTLINE (SWQ Only)</b>                             | <b>1800 458 288</b>  |
| <b>CRISIS CARE</b>  | <b>1800 177 135</b>  |
| <b>CRIMESTOPPERS</b>  | <b>1800 333 000</b>  |
| <b>DV Connect</b>   | <b>1800 811 811</b>  |
| <b>ELDERS ABUSE HOTLINE</b>                                       | <b>1300 651 192</b>  |
| <b>HEALTHLINE</b>   | <b>13 43 25 84</b>   |
| <b>INTERPRETER SERVICE</b>  | <b>07 3018 0333</b>  |
| <b>KIDS HELP LINE</b>   | <b>1800 551 800</b>  |
| <b>LEGAL AID</b>  | <b>1300 65 11 88</b> |
| <b>LIFELINE HELPLINE</b>  | <b>13 11 14</b>      |
| <b>MENTAL HEALTH<br/>(24hr Emergency &amp; Out of Hrs Advice)</b> | <b>07 4616 5210</b>  |
| <b>MENS INFO LINE</b>   | <b>1800 600 636</b>  |
| <b>PARENTLINE</b>   | <b>1300 301 300</b>  |
| <b>POISONS HOTLINE</b>  | <b>131126</b>        |
| <b>RELATIONSHIPS AUSTRALIA</b>                                    | <b>1300 364 277</b>  |
| <b>SES (State Emergency Service)</b>                              | <b>132 500</b>       |
| <b>SEXUAL ASSAULT HELPLINE</b>                                    | <b>1800 010 120</b>  |
| <b>SIDS and Kids Queensland</b>                                   | <b>1800 628 648</b>  |
| <b>WOMEN's INFO LINK</b>  | <b>1800 177 577</b>  |