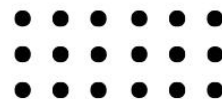


Balonne



BALONNE COMMUNITY SERVICES DIRECTORY

Services across the Balonne Shire and the South West Hospital Health Service



Updated June 2026



Care Balonne
CARING FOR THE COMMUNITY

Please help us to keep the Balonne Community Services Directory current and notify of any changes.
To update information place contact Care Balonne 32 Henry Street, St George
via phone 07 4625 5450 or email cdo@carebalonne.com

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AGED CARE

Dirranbandi Home Care Service - CHSP QLD Health	Co-ordinator P 07 4625 8222	Referrals accepted from My Aged Care My Aged Care 1800 200 422
St George Home Care Service - CHSP Qld Health	Co-ordinator P 07 4620 2263	Referrals accepted from My Aged Care My Aged Care 1800 200 422
Meals on Wheels Association Inc. 	Dirranbandi Hospital Kitchen P 07 4625 8222 St George Care Balonne Association E: stgmealsonwheels@gmail.com or E: admin@carebalonne.com P: 0477 130 878 P: 07 4625 5450	Provides meals to persons who are disabled, elderly, new mothers, post-surgery. No referral required. • Dirranbandi – MOW Monday- Friday • St George - MOW is delivered Monday
Churches of Christ Aged Care Facility Warrawee 	276-296 Alfred Street, ST GEORGE QLD 4487 P: 07 4620 2000 E: warraweerv@cofcqld.com.au	Community Nursing Centre Residential Aged Care Serviced Apartments Home Care
Vital Health Aged Care In-Person Support	116 Alfred Street, St. George P: 07 4625 5344 E: stgeorgereception@vitalhealthqld.com.au https://www.vitalhealth.com.au	Our local and rural based team of allied health professionals work together to provide you with high quality care that meets your individual needs and helps you improve your quality of life and achieve your goals. We talk you through the referral process and funding available, you just need to make the booking: Allied Health Services available for supply: Dietetics, Exercise Physiology, Occupational Therapy, Physiotherapy, Speech Pathology.

CHURCHES

Anglican Parish of St George With Dirranbandi 	133-137 Victoria Street, ST GEORGE QLD 4487 P: 4625 3044 E: stgeorge@anglicanchurchsq.org.au E: stgeorgeanglican@bigpond.com Warden Annette Maclean	Mass times, Facebook: https://www.facebook.com/anglicanchurchstgeorge
Catholic Church 	St Patrick's Church, 26 Balonne Street St Patricks Parish Hall, 28 Balonne St ST GEORGE QLD 4487 P: 07 4625 3021 E: balonneparish@bigpond.com Priest Fr Anthony Arockiam	Mass Times: Monday to Friday 7:00am 1st & 3rd (Sunday) - Saturday 6:00pm 2nd, 4th & 5th Sunday - 8:30am Dirranbandi 1st & 3rd Sunday 8:00am HEBEL 1st Sunday 10 am
Harvest Point Church 	10 Hill Street, ST GEORGE QLD 4487 Jessie and Amber Richardson E: inc.stgeorge@gmail.com E: harvestpointchurchstg@gmail.com P: 0413 856 671	Services: 9.30am Sunday via zoom or face-to-face service

Jehovah's Witness 	14 Robert Street, ST GEORGE QLD 4487 M:0417 636 895 Presiding Minister Peter	Online services until further notice See website: https://www.jw.org/en/
Lutheran Church 	P. O. Box 477, ST GEORGE QLD 4487 P: 07 4625 4838 Contact Rhonda Roll	Lutheran services are held at the Anglican Church every second Sunday of the month at 8.30am.
Presbyterian Church 	56 Grey Street, ST GEORGE QLD 4487 P: 07 4625 3015 Minister Victor Weber: 0427254527 Session Clerk Debbie Weber E: dwe72153@bigpond.net.au	Service 9am Every Sunday
St George Kings Church 	100 Arthur Street, ST GEORGE QLD Pastor: Kirsty and Nathan Waters E: kirsty.waters@kings.org.au https://www.kings.org.au/stgeorge/ https://www.facebook.com/kingschurchsg/ https://live.kings.org.au/ for online services and times.	King's Church is a multi-generational, Pentecostal, apostolic, soul-winning church that has been operating for over 40 years and is connected to a ground-breaking school. We are an ACC (Australian Christian Churches) Church, and we are a growing community where people gather to connect with each other and with God. #WeAreKings Afterschool Care
St George Uniting Church 	14-16 Barlee Street, ST GEORGE QLD 4487 Cnr Victoria and Barlee Streets P.O. Box 228 Contact: Brett Letcher M: https://www.facebook.com/StGeorgeUnitingChurch/ E: stguc@outlook.com	Mass every Sunday: 9am in church.
St George Riverlife Church of Christ 	276 Alfred Street St George admin@rcoc.com.au Pastor: Mrs Win Salmon	Any 5th Sunday of the month is usually a joint service with Riverlife Church of Christ in St George (time and place will be advertised on our Facebook page).
Bush Disciples 	Michael Brumpton 140 Victoria Street, ST GEORGE QLD M: 0427 625 926 E: contact@bushdisciples.church W: bushdisciples.church	
COMMUNITY SERVICES		
Anglicare Southern Queensland	52 Arthur Street, ROMA QLD 4455 P: 1300 610 610 W: https://anglicaresq.org.au	Forster and Kinship Care
Balonne Shire Council 	118 Victoria Street, ST GEORGE QLD 4487 P. O. Box 201 P: 07 4620 8888 E: council@balonne.qld.gov.au W: www.balonne.qld.gov.au	

Balonne Visitors Information Centre 	The Terrace, ST GEORGE QLD 4487 P: 07 4620 8877 E: vic@balonne.qld.gov.au Monday – Friday 9am -5pm Weekends and Public Holidays 10am – 2pm	
Care Balonne Association Inc.  	32 Henry Street, ST GEORGE QLD 4487 P. O. Box 517 P: 07 4625-5450 Monday – Friday 8.30am -4.30pm Excluding all public holidays W: https://www.carebalonne.com Manager Robyn Fuhrmeister P: 0417 193 504 E: manager@carebalonne.com Administration Jodie Kings P: 07 4625 5450 E: admin@carebalonne.com Active Seniors Program Sophie Cooke P: 07 4625 5450 M: 0491 260 290 E: activeseniors@carebalonne.com Community Development Officer Sarah Southern P: 07 4625 5450 M: 0455 024 223 E: cdo@carebalonne.com Rural Family Support Worker Danielle Hine P: 07 4625 5450 M: 0428 528 251 E: familysupport@carebalonne.com	Various Resources and Services Available including Room & Equipment Rental: Free Use - Baby Changing Facilities - Mothers Room with Lounge The Following Services incur fees - Computer Access - Laminating/ Scanning/ Photocopying Hire of the following equipment and Rooms may incur a bond and fee. - Conference Room - Office Space ACTIVE SENIORS PROGRAM – FREE SERVICE The Active Seniors Program works with our senior community members to reduce social isolation and encourage active lifestyles. Regular activities, workshops and events are held throughout the year. COMMUNITY DEVELOPMENT - FREE SERVICE • Provide information, advice & referrals. • Source funding opportunities • Respond to identified & emergent needs of the community. • To better inform the community of affecting issues FAMILY SUPPORT - FREE SERVICE • Focuses on empowering families to care for their children. • The service provides families with advice, information, referrals and where needed ongoing emotional support.
Care Goondiwindi 	111 Callandoon Street, GOONDIWINDI QLD 4390 PO Box 648 P: 07 4670 0700 E: info@caregoondiwindi.org.au W: www.caregoondiwindi.org.au CEO Tracy McDonald E: manager@caregoondiwindi.org.au	Provides the following services: • Rural Family Services • NILS – No Interest Loan Scheme • Community/ Seniors Development • Youth Development, NDIS • IPSS – Indigenous Parenting • Community Justice Group • Medico – transport to and from medical Appts.

Centrelink  centrelink	Australian Government Services Australia Page: https://www.servicesaustralia.gov.au/contact-us Crisis Contact/Payment: https://www.servicesaustralia.gov.au/crisis-payment P: 1802266 Phone Self Service 136 250 Job Seekers 132 850 Farmer Assist Hotline 132 316 Free call 1800 050 585 Indigenous Contact Centre 1800 136 380 Carers 132 717 Family Payments 136150 Languages Multilingual 131 202 Migrants, Refugees & Visitors 132 850 Mygov 132 307 Older Australians 132 300 People with Disability 132 717 Report Income 133 276 Students/Trainees & Apprentices 132 490 (<i>Austudy/ Youth Allowance</i>) 1800 132 317 (<i>ABSTUDY</i>) 132 318 (<i>Isolated children</i>) 133 633 (<i>Apprentices Line</i>) Child Support 131 272 Medicare 132 011 Australian Immunisation Register: 1800 653 809 Other Services https://www.servicesaustralia.gov.au/contact-us	Mon-Fri 8am-5pm Mon-Fri 8am-5pm Mon-Fri 8am-5pm Mon-Fri 8am-5pm Mon-Fri 8am-8pm Mon-Fri 8am-5pm Open Mon-Friday 7am-7pm Mon-Fri 8am-5pm 7days week, 24hrs day Mon-Fri 8am-5pm Mon-Fri 9am-5pm Mon-Fri 8am-4:30pm Mon-Fri 8am-5pm Mon-Fri 8am-4:45pm Mon-Fri 8am-5pm
Dirranbandi Rural Transaction Centre	35-37 Railway Street, DIRRANBANDI QLD 4486 P: 07 4625 8411	Town Library, Tourist Information Centre QGAP office: Housing forms, motor vehicle registrations, Centrelink Agency, Country Universities Centre (CUC)

Gateway to Training  	ST GEORGE QLD 119 Victoria Street GOONDIWINDI OFFICE 15- 21 Russell Street, LMB 7 GOONDIWINDI QLD 4390 P 07 4671 2258 E info@gttc.com.au W www.gttc.com.au Patricia Kennedy M: 0447 123 600 E: patricia@gttc.com.au	GTT is a not-for-profit community-based organisation that offers flexible and responsive learning opportunities across Southwest Queensland. Our vision is to connect and create partnerships that provide lifelong learning options to build resilient communities that are alive with opportunities. GTT offers the following specialised training and support programs as well as fee for service tailored training: • Get Set for Work Program 15 to 19 years • Steady, Ready, Go! Program Over 15 years • Transition to Work Program 15 to 21 years • Tailored Training
Goolburri Aboriginal Health Advancement Co Ltd   	Goolburri Aboriginal Health Advancement Co Ltd Toowoomba office 20 Scott Street, Toowoomba QLD 4350 PO Box 1198 P: 07 4632 0338 W: www.goolburri.org.au St George Office 94 Victoria Street, ST GEORGE QLD 4487 P: 07 4625 1058 Team Leader for the Southwest Leah Lang E: LeahL@goolburi.org.au Regional Family & Child Wellbeing Worker St George Office Kirsten Taylor P: 07 4625 1058 M: 0413 225 386 E: KirstenT@goolburi.org.au Foster & Kinship Care	Servicing St George, Cunnamulla, Charleville, Roma and Dirranbandi, Goondiwindi and surrounding areas. Goolburri Family Wellbeing Service supports Aboriginal and Torres Strait Islanders with a range of services to strengthen families and communities' relationship while protecting the vulnerable and those at risk. Goolburri aims to do this through supporting families at risk, acting as an Aboriginal and Torres Strait Islander 'voice' when working with the Department of Child Safety, Youth and Women and being actively involved in placing Aboriginal and Torres Strait Islander children and young people within appropriate families and/or cultural settings when the need arises. Goolburri Family Wellbeing Service has integrated two previous services into one: • Services of Family Support (FS) • Recognised Entity (RE) Goolburri Family Wellbeing Service understands that families sometimes face challenges and difficulties throughout the storyline of life. An Aboriginal and Torres Strait Islander Family Wellbeing Service Worker assists families with referrals and support to develop skills to deal with these hardships and the issues that surround them on their journey of life. Goolburri Aboriginal Health Advancement Foster & Kinship Care Service will ensure support through the arrangements of placement, implementation of a Care Plan, and support for Foster & Kinship Carers in meeting emotional, behavioural, and other needs of our Aboriginal and Torres Strait Islander children

		and young people while they are in out-of-home care. Carers receive an allowance to cover items such as food, clothing, household supplies, gifts, pocket money and entertainment for the children/young people in care. The allowance is not a payment but is a partial contribution towards the direct cost of looking after children/young people with high needs. Other reimbursements for carers are also available from the Department of Communities (Child Safety), including an additional allowance provided for carers who have children/young people with high needs.
Lifeline Darling Downs  	138 Victoria Street, ST GEORGE QLD 4487 P: 1300 991 443 Referrals Online: www.lifelinedarlingdowns.org.au/make-a-referral Manager Roma/St George P: 0429 635 450 Administration Officer - Roma P: 1300 991 443 Monday – Friday 8:00am to 5:00pm. CHANGING LANES Danielle Rankin (Charleville) drankin@lifelinedarlingdowns.org.au 0438 453 601 FAMILY INTERVENTION SERVICE Maria Villar (Charleville) mvillar@lifelinedarlingdowns.org.au 0474 845 944	Provides Line Management functions to funded programs and staff in the Southwest Region We deliver Youth Offending support services that work alongside young people involved in, or at risk of involvement in, the justice system. Through Youth Justice and restorative justice responses, we support young people to take responsibility for their actions, repair harm, and build safer pathways forward. Our Disengaged Youth early intervention services focus on reconnecting young people with education, family, culture, and community. We take a strengths-based, trauma-informed approach that recognises the complex factors impacting young people's lives and supports positive change, resilience, and long-term outcomes. The service supports families to develop practical skills that help parents improve the safety of the home environment, building stability and stronger attachments between parent and child. This service supports families where a child (or children) remains living at home under ongoing intervention by Child Safety Services and assists in the reunification of a child (or children) with their family from an out of home placement. The service only accepts referrals from the Department of Child Safety, Seniors and Disability Services.

	GROWING CONNECTIONS Sue Shortland (Charleville) M: 0418 633 599 E: sshortland@lifelinedarlingdowns.org.au RURAL FAMILY COUNSELLING Fiona Jones (Charleville) M: 0455 117 725 E: fjones@lifelinedarlingdowns.org.au FAMILY & CHILD CONNECT Melissa Fourie (Roma) M: 0429 188 506 E: mfourie@lifelinedarlingdowns.org.au	This program is funded by the Department of Child Safety, Seniors and Disability Services. Service offered in Toowoomba and Charleville. Our Children's Contact Service provides safe, supported opportunities for children to maintain relationships with family members following separation or family breakdown. We deliver services across South West Queensland through face-to-face contact visits and secure online sessions via Microsoft Teams, where appropriate. The service prioritises the safety, wellbeing, and best interests of children. Our experienced staff manage risk, support positive interactions, and ensure contact occurs in a structured, child-focused environment that is responsive to each family's needs. The Rural Family Counselling Service provides counselling and support to families with dependent children aged between 0 -18 years. Support can be provided for issues including grief and loss, social isolation, relationship problems and parenting. The aim of the service is to build on existing strengths, increase the emotional capacity of family members, by developing healthy coping strategies, emotional resilience and self-esteem of individuals and family members. Counselling sessions can be provided face-to-face or over the telephone. Centre based and outreach service offered from Charleville and Dalby. The outreach service can be provided to those living in Augathella, Morven, Mitchell, Wyandra, Cunnamulla, Tambo, Quilpie, Thargomindah, Jandowae, Bell, Crows Nest, Meringandan, Cecil Plains, Yarraman and Cooyar. This program is funded by the Queensland Government Department of Communities, Child Safety and Disabilities Services. Family and Child Connect is a free, voluntary triage service that works with families to identify their strengths, needs, and priorities. We partner with parents and carers to understand what's working well and where additional support may be helpful. We assess and manage risk to ensure the safety and wellbeing of children, while supporting families through early intervention and coordinated referral pathways. By connecting families with the right services, we help build on strengths, address identified needs, and promote safe, positive outcomes for children and young people.
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	TRACKS TO SUCCESS P: 1300 991 443 Cresta Overs (St George) M: 0438 467 679 covers@lifelinedarlingdowns.org.au YOUTH DEVELOPMENT Kymberley Wilde (St George) M: 0429 206 299 E: kwilde@lifelinedarlingdowns.org.au MENS BEHAVIOUR CHANGE Joshua Cross (Charleville) M: 0428 105 512 E: jcross@lifelinedarlingdowns.org.au Hayley Jackson (Charleville) M: 0409 131 256 hjackson@lifelinedarlingdowns.org.au Paul Harper Green (Cunnamulla) M: 0456 123 227 E: pgreen@lifelinedarlingdowns.org.au Callie-Anne Wolter (Roma) M: 0447 715 998 E: cwolter@lifelinedarlingdowns.org.au	The Tracks to Success Program aims to increase educational engagement and school retention rates for Aboriginal and Torres Strait Islander children by providing practical hands-on assistance to parents and families. This can include budgeting and financial help, training, health and wellbeing initiatives and parenting support. The service is offered in Toowoomba and St George. This program is funded by the Prime Minister of Cabinet (Australian Government) under the Indigenous Advancement Strategy (IAS). Our Youth Work Program provides a safe, welcoming, and supportive environment where young people can connect, grow, and thrive. Through our Youth Drop-In sessions, young people have access to a relaxed space to build friendships, access guidance, and participate in positive activities. Our Bus Run service ensures safe and reliable transport, helping young people stay connected to school, programs, and community opportunities. We work closely with local schools through our School Engagement program, supporting attendance, wellbeing, and positive learning outcomes. Our team also provides Community and Family Support, partnering with families to strengthen relationships, build resilience, and connect to additional services when needed. For young people who require more tailored support, we offer One-to-One Youth Mentoring, providing individual guidance, goal setting, and advocacy. In addition, our Youth Groups create opportunities for leadership development, skill-building, cultural connection, and social inclusion. Together, our programs empower young people to feel supported, valued, and confident in shaping their futures. MENS BEHAVIOUR CHANGE is a transformative education program designed to support men to take responsibility for their choices and stop perpetrating domestic and family violence. The program provides a structured, evidence-based space where participants can examine the beliefs, attitudes and behaviours that contribute to the use of violence, control and coercion in relationships. Through guided group work, reflection and practical skill-building, men learn to recognise patterns of harmful behaviour, understand the impact of violence on partners, children and the broader community, and develop healthier ways of communicating, managing emotions and resolving conflict.
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	FINANCIAL CAPABILITY AND WELLBEING TEAM Brittany Shortland (Charleville) M: 0476 896 843 E: bshortland@lifelinedarlingdowns.org.au COMMONWEALTH PSYCHOSOCIAL SUPPORT PROGRAM Jolene Russell (Charleville) M: 0460 670 015 E: jrussell@lifelinedarlingdowns.org.au Ainsleigh Johnson (Charleville) M: 0409 599 628 E: ajohnson@lifelinedarlingdowns.org.au Zac Maddox (Roma) M: 0429 337 890 E: zmaddox@lifelinedarlingdowns.org.au MY CONNECTIONS MY WAY Cam Wilson (Charleville) M: 0408 455 905 E: cwilson@lifelinedarlingdowns.org.au Amanda Scott M: 0408 455 905 E: cwilson@lifelinedarlingdowns.org.au	MENS BEHAVIOUR CHANGE promotes accountability, respect and non-violence. The program prioritises the safety and wellbeing of women and children while supporting men to make lasting, positive changes in their lives and relationships. Sometimes people from all walks of life find themselves struggling to buy food, pay the rent or mortgage, and coping with unmanageable debts on credit cards or personal loans. Financial counselling can help you manage your situation. This service provides assistance to people in financial difficulty by working alongside them to address financial challenges, make informed choices and build longer term capacity to budget and manage their money. Centre based and outreach service offered from Toowoomba and Dalby. Outreach and remote services can be provided to Warwick, Stanthorpe, Dalby, Roma, Miles, Chinchilla, Tara, St George and Taroom. Financial Counselling and Problem Gambling Financial Counselling are funded by the Commonwealth Department of Social Services. Financial Literacy and Resilience is funded by the Queensland State Government. Our Commonwealth Psychosocial Support service provides recovery-oriented support to people in South West Queensland living with mental health challenges. We work alongside individuals to build on their strengths, enhance wellbeing, and support greater independence and community connection. The service focuses on practical, non-clinical support such as goal setting, daily living skills, social connection, and linking with community and specialist services. Our approach is person-centred, trauma-informed, and responsive to the unique needs of each individual. We provide Cognitive Behavioural Therapy (CBT) to individuals experiencing low to moderate mental health concerns. Our service supports people to better understand the connection between their thoughts, feelings, and behaviours, and to develop practical strategies to manage challenges such as anxiety, depression, stress, and low mood. Our qualified practitioners deliver evidence-based, goal-focused therapy in a safe and supportive environment. We take a person-centred approach, working collaboratively with each individual to build coping skills, resilience, and improved wellbeing.
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	Safe Connections Core – DFV Catherine McQuillan (St George) M: 0448 802 463 E: cmcquillan@lifelinedarlingdowns.org.au Harley Mathes (Charleville) M: 0459 856 557 E: hmathes@lifelinedarlingdowns.org.au Tay Winchester (Charleville) M: 0488 224 917 E: twinchester@lifelinedarlingdowns.org.au Rachel McEwan (Roma) M: 0409 445 177 E: rmcewan@lifelinedarlingdowns.org.au Shantal Duque M: 0418 889 910 E: sduque@lifelinedarlingdowns.org.au Safe Connection Sexual Violence Support SV Practitioner P: 1300 991 443 Family & Child Connect Program (FaCC) P: 1300 991 443 M: 0448 013 277 E: W: https://familysupportreferral.org.au/	Safe Connections is a specialist domestic and family violence program focused on increasing safety, accountability and respectful relationships. The program supports individuals and families impacted by DFV through education, advocacy and coordinated responses that prioritise the safety and wellbeing of women and children. Safe Connections works to strengthen understanding of the dynamics of power, control and coercion, while promoting behaviour change, early intervention and community responsibility. Through collaboration and culturally responsive practice, the program aims to build safer homes and stronger, violence-free communities. Program Aim: Sexual violence is an umbrella term that covers a broad range of sexual behaviours, language or activities that are unwanted and happen without consent. It can make a person feel uncomfortable, frightened, threatened or even numb. Support is offered to young and older women seeking support and guidance in historical or current situations around sexual violence. Program aims: Family and Child Connect helps families care for and protect their children. at home by connecting them to the services they need. Family and Child Connect can talk to you about your family’s worries and refer you to local services that can help. This includes: • developing your parenting skills and managing child behavior • building better relationships between family members, including help with any violence. at home • budgeting and managing money. • managing alcohol, drug, or gambling problems • accessing housing, healthcare or other • community or government services Referrals are welcome from any service and clients are able to self-refer to this program.
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	Grief & Loss Counselling P: 13 11 14 Crisis Counselling P: 1300 991 443 Lifeline Shop, St George 138 Victoria St, St George Qld 4487 P: 07 4625 4341 Lifeline National Crisis Support & Suicide Prevention 24hrs P: 13 11 14 Gambling Help P: 1300 991 443 Monday to Friday - 9:30am to 4:30pm	Program Aim: To access phone counselling in times of need for people during and after dealing with a loss of someone in their lives. Contact the Toowoomba office and the reception staff will be able to connect you with a suitable program counsellor who will be fully qualified to work with clients over the phone or travel to Toowoomba if clients wish to engage with the counsellor directly. Donate and buy with Lifeline and help save lives. Lifeline services in Qld are operated by Uniting Care Community. Proceeds from the shops help fund the Lifeline 24-Hour 13 11 14 Crisis Support Line. Suicide Prevention Services and the Lifeline Community Recovery program. If you would like more information about our business and services, please log onto the website: www.lifelineqld.org.au/shops-and-events/shops Program Aim: Lifeline is a national charity providing all Australians experiencing a personal crisis with access to 24-hour crisis support and suicide prevention services. We're committed to empowering Australians to be suicide-safe through connection, compassion, and hope. Our vision is for an Australia free of suicide. Gambling, relationship & financial counselling • Information, support or counselling to individuals, families or friends of people affected by gambling. • Face to face or telephone counselling. • Education and training on gambling issues to community groups. • Liaise with venues around the issue of responsible gambling. For enquiries & appointments contact Gambling Help Toowoomba & Southwest Queensland during business hours
QGAP	<u>DIRRANBANDI</u> Rural Transaction Centre, DIRRANBANDI QLD 4486 P: 07 4625 8411 <u>ST GEORGE</u> Court House, The Terrace, ST GEORGE QLD 4487 P: 07 4570 9300	Pay Car Registrations, housing applications and lodgement. St George Hours: Mon- Tues and Thurs- Fri 8.30am-4pm Weds 9.30am-4pm Close every day from 1pm-2pm
DISABILITIES		
Australian Humanity 	Contact: Emmanuel Victoria street, ST GEORGE QLD 4487 M: 0458 624 261 E: info@ahano.org	• Disability Services • Transport Services

In Action Network Organisation	W: www.ahano.org	
Disability Plan Services	Level 2, Shop 2046a Grand Central Shopping Centre TOOWOOMBA QLD 4350 P: 1800 312 870 E: info@disabilityplanservices.com.au	Fortnightly visits to St George at Care Balonne Association 32 Henry Street.
Indigicare Connect   	94 St Georges Terrace, ST GEORGE QLD 4487 P: 07 4625 1742 Managing Director Jennifer Waters jennie@indigicareconnect.com.au Director Ronald Waters ron@indigicareconnect.com.au Business Manager Melissa Waters melissa@indigicareconnect.com.au Abilities Coordinator Tracey Campbell tracey@indigicareconnect.com.au	Support whole of community with assistance to achieve optimum quality of life, freedom of choice, inclusion in the community and psychosocial support. NDIS Registered NDIS or self-referred with an approved package Services Provided: • Assistance with Self Care Activities • Social & Community Participation • Support Coordination • Supported Independent Living • Short Term accommodation • Health Supports by a Nurse
National Disability Insurance Agency  Delivered by the National Disability Insurance Agency	Susan Mullens E: Susan.mullens@ndis.gov.au E: enquiries.qld@ndis.gov.au P: 0436 840 493 90 The Terrace, ST GEORGE QLD	Remote Planner
Vital Health NDIS Allied Health Support Services (in clinic, at support service or insitu) 	116 Alfred Street, St. George P: 07 4625 5344 E: stgeorgereception@vitalhealthqld.com.au www.vitalhealthqld.com.au	Our local and rural based team of allied health professionals work together to provide you with high quality care that meets your individual needs and helps you improve your quality of life and achieve your goals. We talk you through the referral process and funding available, you just need to make the booking

DOMESTIC VIOLENCE

DV Connect 	www.dvconnect.org P: 1800 737 732 Women's line P: 1800 811 811 Men's line P: 1800 600 636 Sexual Assault Helpline P: 1800 010 120 Pets in Crisis Workplace Training WHAT TO EXPECT You can expect to be heard when you call DV Connect. Whether you are calling our Women's line, Men's line or Sexual Assault Helpline, we will listen, provide options and offer support. Your safety is our number one priority. We work with the National Relay Service and Translating and Interpreting Service (TIS National) to ensure access accessibility for people with disability or people from non-English speaking backgrounds	We help Queenslanders find pathways to safety, away from domestic, family, and sexual violence. We provide emergency transport and accommodation for your entire family including pets. We also provide safety planning, crisis counselling, intervention, information, and referrals at no cost to you. We operate bridging accommodation residence Bella's Sanctuary, a safe haven for victim survivors to heal and rebuild their lives. We also educate through our Workplace Domestic and Family Violence Training program.
LifeLine  	138 Victoria Street, ST GEORGE QLD 4487 PO Box 92 1300 991 443	We offer: • Crisis intervention • Counselling for: • Children who witness or experience domestic and family violence. • Young people who witness or experience domestic and family violence. • People who experience abuse and violence in relationships • Court support • information support and referral Towns serviced: Dirranbandi -fortnightly visits. Target group: Victims, young people, and children of domestic and family violence
Cunnamulla Aboriginal Corporation for Health  	Far West Indigenous Family Violence Service Domestic Violence Support Worker Lifeline Building 138 Victoria Street, St George 4487 Coordinator Far West Indigenous Family Violence Service Tracey Mckay E: tmackay@cphcc.com.au P: 0427 900 319 Domestic Violence Support Worker - St George P: 0498 600 625 Monday – Friday 8:30am – 5:00pm	Far West Indigenous Family Violence Service offers support, advice and advocacy to families who have or are experiencing Domestic and Family Violence in the form of crisis assistance and intervention.

DROUGHT SUPPORT SERVICES

Farm Angels 	P: 07 4662 7371 E: admin@farmangels.org.au W: www.farmangels.org.au PO Box 451, Chinchilla QLD 4413	A not-for-profit agency based in Chinchilla providing assistance in the form of pre-paid Visa cards, food hampers, care packs, and local store vouchers.
Flood and Drought Response and Recovery Agency 	Regional Recovery Officer South West QLD E: RROsouthwestqld@pmc.gov.au P: 0428 557 342 W: www.droughtandflood.gov.au	The Agency works hand in hand with communities, all levels of government, charities, and agricultural organisations to support farmers and other rural and regional Australians living through the immediate and longer-term effects of drought and flood.
Queensland Country Women's Association 	P: 07 3236 6419 W: www.qcwa.org.au St George: StGeorgeBranch@QCWA.org.au Dirranbandi: DirranbandiBranch@QCWA.org.au Thallon: ThallonDaymarBranch@QCWA.org.au Bollon: BollonBranch@qcwa.org.au	QCWA Public Rural Crisis Fund supports families suffering from drought, flood, or fire, as well as families experiencing any type of crisis. Support is in the form of grocery vouchers, store credit or payment of overdue accounts.
Royal Flying Doctor Service 	RFDS Drought and Wellbeing Service E: outback@rfdsqld.com.au P: 1300 010 174	Offer a wide range of mental health services including - individual counselling sessions - talks, group presentations and training Pit stop health checks
Rural aid 	Community Representative Gail Courte P: 1300 327 624 M: 0428 185 184 E: gail.courte@ruralaid.org.au 70 Station Road, Indooroopilly, Q, 4068. PO Box 476, Indooroopilly Centre, Q. 4068	Rural Aid is a not-for-profit relief agency founded by a Brisbane couple who were motivated to help address the needs of primary producers experiencing drought and natural disaster. They provide material, practical, and financial aid through a range of programs including Buy a Bale as well as a fully funded specialised on-farm counselling program.
Rural Financial Counsellor 	David Knight P: 07 4622 5500 M: 0447 760 743 E: david.knight@rfcssf.org.au W: www.rfcssq.org.au small Business Rural Financial Counsellors P: 1300 372 777 P: 07 4622 5500 E: admin@rfcssq.org.au W: www.rfcssq.org.au	The RFCS Program enables eligible rural operators to access free, independent, impartial, and confidential support and assistance, to work through their current situation and towards financial self-sufficiency. Rural Financial Counsellors can meet in the office or on farm. Local Office: C/- QDAF Building 126 Alfred Street, St George QLD C/- QDAF Building 26 Lagoon Street, Goondiwindi QLD 4390
St Vincent de Paul 	Vinnies Drought Appeal P: 1300 846 643 W: www.vinnies.org.au	In the Western Downs Local Government Area SVDP administrate the Drought Community Relief Program for farmers, farm workers and farm suppliers/contractors affected by the drought. SVDP also have their own relief programs and funds.

DRUG & ALCOHOL SUPPORT

Anglicare  Support for the life you want	Youth Alcohol and Other Drugs Counsellor Youth in Charge Program 50-52 Arthur Street PO Box 795 ROMA QLD 4455 P: 07 4620 4038 M: 0418 901 891 E: kculverhouse@anglicaresq.org.au W: www.anglicaresq.org.au	We support young people aged up to 25 years old, who are worried about their drug or alcohol use or who are at risk of lapsing/relapsing and would like some support around their use to improve their health and wellbeing. WHAT DO WE DO? • Management of lapse and prevention of relapse. • Provide education and information sessions. • Brief intervention • Individual counselling • Group counselling • Advocacy and support Self-referral or referral from service providers P: 1300 114 397
Drug ARM Australasia 	Clinical Worker – Creating Options Ben Chan 44 Grey Street St George Medical Centre Allied Health Building ST GEORGE QLD 4487 E: BenC@drugarm.com.au P: 0436 913 603 Intake: 07 3620 8880	Creating Options is a twelve-week treatment program for people who want help to address issues related to their alcohol or other drug use. Our team of specialists provide non-judgemental and confidential support through weekly counselling sessions and case management. We can help in areas such as relapse prevention, coping strategies, relationship skills, anger management, emotional regulation, mental health, and other life skills support. Creating Options can also help to coordinate care by engaging with existing healthcare and social services providers or connecting to new providers. Our holistic approach means we help with all the issues that might be contributing to, and maintaining, alcohol and other drug use. We work with each person to identify their goals and provide practical solutions to make progress towards them. Creating Options is free, voluntary and no referral is required. Our flexible program delivery approach means that you can access support in our office, your home, a safe community space or via telephone.
Drug ARM Australasia 	Breakthrough for Families QLD Family Support Facilitator Felicia Lin 61 McDowell Street ROMA QLD 4455 P: 0473 072 264 Intake: 07 3620 8880 E: Felicial@drugarm.com.au	A program designed to provide information and support to families and significant others of those affected by substance use. <u>We offer:</u> • Free one-on-one counselling and support sessions for Family members (by appointment) • Free public information sessions • Connection and referral to other support service <u>We can help with:</u> • How to have a conversation with a family member, friend or loved one who has a substance use issue • How to set healthy boundaries... and keep them.

		- Information on why people use alcohol and other drugs, lapse and relapse. and the stages of behaviour change - Trustworthy source of information about alcohol and other drugs - Information on how to navigate the alcohol and other drug treatment system. - Support for family members, including connection to ongoing social and health services
Goondir Health  	127 Victoria Street, ST GEORGE QLD 4487 P.O.Box 246 P: 07 4625 5040 W: www.goondir.org.au Mon-Thurs 8.30am-4.30pm Fri 8am-2pm Social Emotional Wellbeing Counsellor Janelle Fatnowna E: j.fatnowna@goondir.org.au M: 0436 621 456 P: 4625 5040 Big Buddy Program Jaiden Davis P: 0436 689 843 E: j.davis@goondir.org.au	General Practice, Dental Care, 715 health checks, Client Transport to and from appointments and long-distance travel, Gym facilities, Big Buddies Program 2 Aboriginal Health Workers assist with screening patients. - Assists with self-harm, loss & grief, drugs and alcohol issues, self-esteem issues, anxiety & emotional support. - Service is available for children, youths, adults, and elderly. Families are also welcome. Service extends to connecting indigenous individuals and/or families to genealogy. - Intake via referrals, self-referrals, medical referrals
St George Pharmacy	103 Victoria St, ST GEORGE QLD 4487 P: 07 4625 3469	TRADING HOURS Mon – Fri 8.30am-5.30pm Sat 8.30am-12noon
Visiting Service – Drug & Alcohol	Roma QLD 4455 P: 07 4624 2977	Outreach to St George occurs every fortnight and clinic is held at the St George Hospital
#SITC Sober in the Country	https://www.soberinthecountry.org/ Website offering anonymous online support for drinkers of all levels. https://www.soberinthecountry.org/bush-tribe	Sober In The Country is a grassroots rural charity leading social impact and change across rural Australia through peer support, education, advocacy, and our #OK2SAYNO campaign.
EARLY CHILDHOOD		
Early Childhood Centre St George 	40 Kenny Lane, ST GEORGE QLD 4487 P: 07 4625 1830 F 07 4625 3227 E: stgeorge@nccearlylearners.com.au W: www.nccearlylearners.com.au/stgeorge Director Roslyn Coaker P: 07 4625 1830 E: roslyn.coaker@ncc.qld.edu.au	Provide Long Day Care for children from 6 weeks to school age weekdays from 7.30am – 6pm Now operating a Qld Government Approved Kindergarten Program, provided by a qualified teacher. Kindy is an important time for children, to assist in developing social skills, emotional wellbeing and building steps in literacy, numeracy, and creativity to lay foundations for future learning. Including other advantages such as an Active Kids Sports Program and Incursions, NCC early learners Kindy prepares every child for school and beyond.

Lady Gowrie Balonne Community Kindergarten  Lady Gowrie ^{QLD} Educating and caring for children since 1940	144-146 Victoria St, ST GEORGE QLD 4487 Po Box 24, St George, QLD, 4487 P: 07 4625 3923 E: balonnekindy@ladygowrie.com.au Hours of operation: Monday 8:30-3:00, Tuesday-Friday 8:00-5:00	Two groups: 1. Tues & Wed 8:30 – 4:00 2. Thurs & Fri 8:30 – 4:00 Kindergarten Pre-Prep, (4-5yrs)
St George Kings Church  KING'S CHURCH	100 Arthur Street, ST GEORGE QLD Pastor: Kirsty and Nathan Waters E: Kirsty.waters@kings.org.au https://www.kings.org.au/stgeorge/ https://www.facebook.com/kingschurchsg/ https://live.kings.org.au/ For online services and times.	King's Church is a multi-generational, Pentecostal, apostolic, soul-winning church that has been operating for over 40 years and is connected to a ground-breaking school. We are an ACC (Australian Christian Churches) Church, and we are a growing community where people gather to connect with each other and with God. #WeAreKings
Dirranbandi Kindergarten Assoc.	16 Moore Street, DIRRANBANDI QLD 4486 P.O. Box 19 P: 07 4625 8458 E: dirranbandi@candk.asn.au	<i>Playgroup runs every Friday 9am-11am at the Dirranbandi State School.</i>
Mungindi Community Pre School	Barwon Street, MUNGINDI NSW 2406 P: 02 6753 2220	8am -3pm Tues/ Wed/ Thurs
Mungindi Playgroup	Mungindi Youth Centre P: 02 6752 4536	Wednesday's 10am-11.30am
Bollon Playgroup	Rural Children's Centre (Beside Bollon School) Sarah Isles 0437757667	Every Tuesday 9am -11am
Begonia Playgroup	Contact Danielle Koster P: 0467 323 042 @ Begonia Sports Club	Playgroup First Wednesday of the month
Parent Group  Care Balonne CARING FOR THE COMMUNITY	Family Support Worker Kymberley Wilde P: 07 4625 5450 M: 0428 528 251 E: familysupport@carebalonne.com Care Balonne 32 Henry Street, ST GEORGE QLD	Every 1 st Tuesday of the month 9.30am – 11.30am This group is open to all parents with children 0-5yrs. The group is informal, and topics are generated by the parents. This is a great opportunity to meet other parents and enjoy a cuppa and friendly conversation.
Sunrise Playgroup 	St George State School P: 07 4620 8333 E: admin@stgeorgess.eq.edu.au	Wednesday and Thursday Weekly 9am -10:30am Please contact School if you require transport. Please Note: <i>The above play days and time excludes all School and Public Holidays</i>
First 5 Forever	St George Library 110 Victoria Street, ST GEORGE QLD P: 07 4620 8878	Friday's 9.30am-10.30am
Mainly Music	Harvest Point Church, Hill Street ST GEORGE QLD P: 0413 856 671	Monday's 9.30am-11am \$3/child or \$5/family Under 12months is free

Vital Health Childhood Allied Health Intervention & Support Services (in clinic, at school or insitu) 	Our local and rural based team of allied health professionals work together to provide you with high quality care that meets your individual needs and helps you improve your quality of life and achieve your goals. We talk you through the referral process and funding available, you just need to make the booking: (07) 4625 5344 116 Alfred Street, St. George www.vitalhealthqld.com.au stgeorgereception@vitalhealthqld.com.au	Allied Health Services available for supply: NDIS Coordinator, Dietetics, Exercise Physiology, Occupational Therapy, Physiotherapy, Speech Pathology.
EDUCATION		
Begonia State School 	4233 Begonia Road, Begonia via St George Qld 4487 P: 07 4625 7445 Principal E: principal@begoniass.eq.edu.au	Kindergarten to Year 6 OFFICE HOURS The school Office is open 8:00am – 4:00pm
Bollon State School 	60 Main St, BOLLON QLD 4488 P.O.Box 39 P: 07 4625 6139 Principal E: principal@bollonss.eq.edu.au	OFFICE HOURS The school office is staffed by an administration officer two days a week (Tuesday and Thursday) from 8:30am – 2:30pm.
Country Universities Centre	Centre Manager P: 0409 446 421 E: W: https://www.cucbalonne.edu.au	We provide dedicated learning and study spaces in St George and Dirranbandi that have been designed for regional people by regional people. Students have free access to high-speed internet, modern technology, and wrap around support. Registration is free and available to students enrolled with any higher education provider.
Dirranbandi P-10 State School 	Jane Street, DIRRANBANDI QLD 4486 P: 07 4625 8555 Absence line: 4625 8566 E: admin@dirranbass.eq.edu.au W: www.dirranbass.eq.edu.au	Prep – Grade 10 <i>Playgroup every Friday 9am -11am Dirranbandi State School</i>
Hebel State School 	41/49 Maud Street, HEBEL QLD 4486 P: 07 4625 0938 E: principal@hebelss.eq.edu.au	Hebel State School is a small Kindy to Year 6 school in the Balonne Cluster, member of the Darling Downs Southwest Region.
Mungindi Central School 	59-67 Wirrah Street MUNGINDI NSW 2406 P: 02 6753 2207 E: mungindi-c.school@det.nsw.edu.au	A preschool to year 12 comprehensive school.

St George State High School 	2 Victoria St, ST GEORGE QLD 4487 P.O.Box 209 P: 07 4620 8222 W: www.stgeorgeshs.eq.edu.au EQ Service Centre P 1800 680 445 Principal E: admin@stgeorgeshs.eq.edu.au Guidance Officer Annette Mclean E: guidance.officer@stgeorgeshs.eq.edu.au School Based Youth Health Nurse E: SBYHN@stgeorgeshs.eq.edu.au Community Education Counsellor Joy Weatherall E: CEC@stgeorgeshs.eq.edu.au School Chaplain E: chaplain@stgeorgeshs.eq.edu.au	The school caters for more than 200 students from Years 7 to 12 and aims to provide high quality education which makes a positive difference to the lives of all its students.
St George State School 	20-40 Grey Street, ST GEORGE QLD 4487 P.O.Box 231 P: 07 4620 8333 Principal E: principal@stgeorgess.eq.edu.au Guidance Officer Annette Mclean E: guidance.officer@stgeorgeshs.eq.edu.au	Prep – Grade 6 Special Education Unit
St Joseph's Catholic Primary School 	72-74 Bucknell Street, MUNGINDI NSW 2406 P: 02 6753 2327 E: munadmin@arm.catholic.edu.au	Prep- Grade 6
St Patrick's Catholic Primary School 	36-44 Balonne Street, ST GEORGE QLD 4487 P.O. Box 609 P: 07 4625 3058 8.30am – 3.00pm Principal Mr James Wren E: James.Wren@twb.catholic.edu.au W: www.stgeorge.catholic.edu.au Admin/Finance Tracey Bella M: 0429 853 487 E: stgeorge@twb.catholic.edu.au	Prep- Grade 6 At St Patrick's our aim is to provide quality educational experiences for all our students from levels Prep to Year Six. We encourage students to explore and learn about the Catholic faith and the understanding of and the love for Jesus

SU QLD School Chaplaincy 	Community Chaplain St George State High School Chaplain P: 07 4620 8222 St George State School Chaplain P: 07 4620 8333	Currently servicing St George High School, St George State School, Bollon State School, and Thallon State School. Providing pastoral care support for students and the wider community including emotional, spiritual, and practical support
Thallon State Primary School 	15 Henry St, THALLON QLD 4497 P: 07 4625 9139 E: principal@thallonss.eq.edu.au W: https://thallonss.eq.edu.au/OurSchool/ContactUs	Kindy to Year 6
EMERGENCY SERVICES FOR ALL EMERGENCIES DIAL 000		
Fire & Rescue 	St George Fire & Rescue 39 Henry Street, ST GEORGE QLD 4487 P: 07 4671 4457 Thallon Rural Fire Brigade Pine Street, THALLON QLD 4497 P: 07 4625 9284 M: 0428 259 284 Dirranbandi Rural Fire Brigade 4 Cowildi Street, Dirranbandi QLD 4486 07 4671 8112	
Qld Ambulance 	Dirranbandi Cr Jane & Crothers Street, DIRRANBANDI QLD 4486 P: 07 4625 8632 St George 62 Victoria Street, ST GEORGE QLD 4487 P: 07 4625 3224	
Qld Police 	Bollon 22 Mary Street, BOLLON QLD 4488 P: 07 4625 6200 Dirranbandi Kirby Street, DIRRANBANDI QLD 4486 P: 07 4622 9707 Mungindi - QLD 49-67 Mungindi M: 0429 648 757 Mungindi – NSW 250 St George Street P: 0267 591 260 St George The Terrace, ST GEORGE QLD 4487 P: 07 4620 3033	Reporting of crimes not occurring at the time is Police link 131444 Crime Stoppers 1800 333 000 Stations should only be contacted for local enquiries, not reporting. Emergencies (occurring at the time) Dial: 000 Police Liaison Officers are here to assist the community.  

	Police Liaison Officers Sydney Mann Chelsea Beardmore Thallon Pine Street, THALLON QLD 4497 P: 07 4625 9120	
State Emergency Service Ph 132500 	St George Balonne Shire Council, ST GEORGE 4487 P: 07 4620 8888 Thallon Pine Street, THALLON QLD 4497 P: 07 4625 9259	Balonne Shire Council Emergency Dashboard Provides information on Emergency News, Road Conditions, Weather Warnings and Power Outages within the shire. Log onto https://emergency.balonne.qld.gov.au/ click on Opt-In Alerts and register details. 

EMPLOYMENT SERVICES

Busy at Work 	78b The Terrace, ST GEORGE Qld 4487 P: 0437 282 953 or 13 18 79 E: busy@busyatwork.com.au Call Centre open 8am – 8pm AEST	Programs and Services - Workforce Australia Employment Services - Workforce Australia Transition to Work
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FINANCIAL SERVICES

Rural Financial Counsellor Service QLD Central Southern Region	David Knight P: 07 4622 5500 M: 0447 760 743 E: david.knight@rfcssq.org.au W: www.rfcssq.org.au	Primary role is to support Primary Producers & small Rural Businesses who are suffering financial hardship, who have no alternative sources of impartial support, to manage challenges of industry change and adjustment. Independent of Financial institutions, welfare agencies and the government FREE SERVICE
Lifeline Darling Downs & South West Qld Financial Counselling Service 	PO Box 2119, TOOWOOMBA QLD 4350 Free call 1300 991 443 F: 07 46991610 Financial Counsellor Bill McNaughton M: 0457 844 089	Financial Counselling Service covering Roma, St George & Charleville area/s. Providing a FREE and independent service to consumers who want information or assistance.
SPER 	P.O.Box 1387, BRISBANE QLD 4000 General Enquiries P: 13 QGOV (13 74 68) W: www.qld.gov.au	The State Penalties Enforcement Registry is responsible for the collection and enforcement of unpaid fines and penalties. SPER will only be able to assist with inquiries about debts or that have been registered with SPER by the issuing authority.

FUNERAL DIRECTORS

Goondiwindi and St George Regional Funerals 	Lisa Zellers P: 0487 755 510 E: lisa.zellers@outlook.com	Funeral service
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HEALTH SERVICES

Alexandra Donoghue Rural Psych



Alex Donoghue
Psychologist & Occupational Therapist

St George Medical Centre
Beardmore Place St George

P: 07 4519 0761

E: alex@ruralpsych.info

W: www.ruralpsych.info

Comprehensive Psychologist Assessment, including psychometric assessment, to inform diagnosis.
Psychological Interventions across the Lifespan: children, teens, adults & seniors. Group facilitation and presentations upon request. Referrals accepted from GP, self, Workover, NDIS.

Community & Allied Health Services - St George



McGahan St, ST GEORGE QLD 4487
P 07 4620 2265

Aboriginal Health Worker
Adult Mental Health Worker
Allied Health Assistants
Cancer and Palliative Care Nurse
Cardiac Nurse
Child & Family Health Nurse
Child & Youth Mental Health Worker
Chronic Disease Nurse
Community Health Nurse
Diabetes Educator
Dietitian
Home Care Programs (CHSP)
Occupational Therapist
Nurse Navigators
Physiotherapists
Podiatrist
School Based Health Nurse
Speech Therapist
Social Worker

Bollon Community Clinic

37 Main Street, BOLLON QLD 4488
P.O. Box 17
P: 07 4625 6105
E: bollonadministration@health.qld.gov.au

Primary Health Care Facility visiting Doctor clinics
Twice a week.

Dirranbandi Multipurpose Health Service



Cr Jane & Crothers Street, DIRRANBANDI QLD 4486
PO Box 20
Dirranbandi, Q 4486
P: 07 4625 8222
F: 07 4625 8273
E:

dirranbandi_administration@health.qld.gov.au

Community Health Nurse

Mon – Fri 8am – 4pm

Kimberley Clark

M: 0428722659

E: kimberley_clark@health.qld.gov.au

Aboriginal Health Worker

Mon – Fri 8am – 4pm

Donna Hooper

M: 0447 767349

E: donna_hooper@health.qld.gov.au

24-hour service providing acute and non-acute care.

A range of visiting Allied Health Professionals provide Outreach services to Dirranbandi.

Community Health Nurse

Registered Nurse who provides information, advice and services oriented toward improving the health and / or quality of life and the development of optimal independence.

Information, support, referral, and resources can be provided.

Also Endorsed Nurse Immuniser – can do all scheduled immunisations.

Aboriginal Health Worker

Available to all members of the indigenous community to provide information, advice, and advocacy regarding their health needs.

Dirranbandi Medical Practice	Cr Jane & Crothers Street, DIRRANBANDI QLD 4486 P: 07 4625 8266 F: 07 4625 8267 E: dirranbandi-medical-practice@health.qld.gov.au	Child Health services and Antenatal care can be provided by Practice Nurse
Goondir Health   	127 Victoria Street, ST GEORGE QLD 4487 P.O.Box 246 P: 07 4625 5040 W: www.goondir.org.au Mon-Thurs 8.30am-4.30pm Fri 8am-2pm Clinic Manager Kelvin Duiker M: 0448 993 479 E: k.duiker@goondir.org.au Social and Emotional Wellbeing Counsellor Janelle Fatnowna M: 0436 621 456 P: 4625 5040 E: j.fatnowna@goondir.org.au	General Practice, Dental Care, 715 health checks, Client Transport to and from appointments and long-distance travel, Gym facilities, Big Buddies Program 2 Aboriginal Health Workers assist with screening patients. - Assists with self-harm, loss & grief, drugs and alcohol issues, self-esteem issues, anxiety & emotional support. - Service is available for children, youths, adults, and elderly. Families are also welcome. Service extends to connecting indigenous individuals and/or families to genealogy. Intake via referrals, self-referrals, medical referrals
Mungindi Community Health Centre	153 George Street, MUNGINDI NSW 2406 P: 02 6705 6000 M: 0429 002 732	8:30am – 5:00pm, Monday – Thursday (Excluding public holidays)
Mungindi Doctor Surgery	86 -90 Barwon Street MUNGINDI NSW 2406 P: 02 6705 6158	Mon – Fri 8.30am -12pm 2pm -5pm Sat 8.30am -12pm
Mungindi Hospital	90 Barwon Street, Mungindi Qld 2406 In an emergency call 000 P: 02 6705 6100 F: 02 6705 6190 E: mungindiadmin@health.qld.gov.au W: https://www.southwest.health.qld.gov.au ATSI Health Worker Casey Orchid M: 0497 275 546	Accident and Emergency, Outpatients, Pharmaceutical (Nurse), Respite Care. Long term residential Acute Impatient Care – Adult and Children, Minor Operations, Indigenous Health Care, Palliative Care, Nurse X-ray operator Services (Chest and Extremities only), Dental, Immunisation, Paediatrics, Child Health Clinic and Parenting groups, Foot Clinic (Nurse), teleconferencing with specialists, Aboriginal Health, Occupational Therapy.
Optometrist	Goondir Health P: 07 4625 8211	St George Book appts through Goondir Health Dirranbandi Hospital Book appts at Post Office Dirranbandi Bollon Consulting Community Care

River Country Support Services  Anne Lee Health and Wellbeing Counsellor Australian Counselling Association 12527 Provider #151461A ABN: 77 524 832 278 Phone: 0499 850 937 Email: rivercountryss@gmail.com	Ann Lee Health and Wellbeing Counsellor P: 0499 850 937 E: rivercountryss@gmail.com Referrals can be self, GP, NDIS or Child Safety Services	Qualified, registered and experienced Counsellor and Primary Health Worker responsive to the concerns and needs of children, young people and adults. Helps to build an awareness of holistic health and wellbeing. Is able to use a mix of therapeutic interventions to work through worries for anxiety, depression, trauma, grief and loss; connection and self compassion.
Roma Hospital 	Street Address 197-234 McDowall Street, Roma Qld Postal Address PO Box 124, Roma Qld 4455 In an emergency call 000 P: 07 4624 2700 F: 07 4624 2711 W: https://www.southwest.health.qld.gov.au	Roma Hospital provides community and allied health services, and home and community care support to the Roma community, nearby towns and the wider Southwest. General enquires office hours: 8:30am to 5:00pm Monday to Friday
StandBy Support After Suicide (visiting service) 	Postal Address PO Box 1151 Roma QLD 4455 P: 1300 727 247 E: standby.wqld@uccommunity.org.au www.standbysupport.com.au Monday to Friday 8:30am - 4:30pm After hours service 6:00am to 10:00pm 7 days a week	In-person or telehealth support StandBy offers compassionate suicide bereavement support for individuals, families and communities. Services include face-to-face individual and group support, counselling, lived experience peer support and after-hours phone support (1300 727 247). StandBy can also deliver workshops and education in local communities to help build capacity to support others impacted or bereaved by suicide. Toolkits and resources are readily available online at www.standbysupport.com.au helping people navigate the impacts of suicide whenever needed.
St George Hospital 	Street Address Victoria Street, St George Qld Postal Address PO Box 602, St George Qld 4487 In an emergency call 000 P: 07 4620 2222 F: 07 4620 2200 W: https://www.southwest.health.qld.gov.au	TRAVEL SUBSIDY FORMS AVAILABLE St George Visiting Specialists Include: • Anaesthetist • Adult Psychiatry Team • Dermatologist • Obstetrician/Gynaecologist • Ophthalmologist • Paediatrician • Physician • Surgeon St George parent and family rooms consist of 2 self-contained, 2-bedroom units (linen supplied), for use by expectant mothers, day surgery patients and relatives of an ill patient, who live outside the St George township. The units are provided at no cost to eligible persons. Bookings can be made through the St George Hospital Administration Office.
Dirranbandi Pharmacy	50 Railway Street, DIRRANBANDI 4486 P: 4620 7060	Opening Hours: Mon-Fri 9am-12:30pm, 1:30-5pm Sat-Sun 9am-12pm

St George Medical Centre 	116 Alfred Street/ Po Box 180 P: 07 46255344 Monday to Thursday: 8.00am to 5.30pm Friday: 8:00am – 5:00pm	Sullivan and Nicolaides Pathology Steven Smith – Optometrist Steven Oreo – Sonographer Matthew Edwards – Podiatrist AOD Counsellor Vital Health – Physiotherapist, OT, Speech Therapist
Stride 	13 Grey St, ST GEORGE QLD 4487 Community Managed Mental Health Jo Bunyan Support Worker M: 0447 748 682 P: 1300 001 907 E: josephine.bunyan@stride.com.au Formerly known as Aftercare	Stride’s Mental Health Community Support (MHCS) program delivers community-based services supporting people aged 18+ that are experiencing mental concerns. Our aim is to keep people out of hospital and improve their overall wellbeing. Personalised, one-on-one support, self-help services, and group support services for people with mental health concerns.
Tackling Regional Adversity through Connected Communities (TRACC) 	Corner Spencer & Bowen Streets, ROMA QLD 4455 P: 0429 328 335 E: traic_swhhs@health.qld.gov.au W: www.health.qld.gov.au	Services: Working with communities to reduce the mental health impact of disaster-related adversity and community crises; building resilience and creating connections in the Southwest.
Vital Health St George Clinic Childhood Allied Health Intervention & Support Services (in clinic, at school or insitu) 	Our local and rural based team of allied health professionals work together to provide you with high quality care that meets your individual needs and helps you improve your quality of life and achieve your goals. We talk you through the referral process and funding available, you just need to make the booking: (07) 4625 5344 116 Alfred Street, St. George www.vitalhealthqld.com.au stgeorgereception@vitalhealthqld.com.au	Allied Health Services available for supply: NDIS Coordinator, Dietetics, Exercise Physiology, Occupational Therapy, Physiotherapy, Speech Pathology.
HOUSING		
Bollon & District Children’s Residence	Main Street, BOLLON QLD 4488 P: 07 4625 6159	
Care Balonne Association Inc. 	32 Henry St, ST GEORGE QLD 4487 P. O. Box 517 P: 07 4625 5450 E: cdo@carebalonne.com	Assists with Housing Applications and lodgement to the Department
Dirranbandi RTC (Dirranbandi Housing)	35 Railway St DIRRANBANDI, QLD 4486 P: 07 4625 8411	QGAP – Housing. Send lodge applications and hold keys Centrelink Agency

Dirranbandi Progress Association Inc 	PO BOX 15, Dirranbandi QLD 4486 P: 07 4620 7309	Registered Community Housing Provider with ten units – 6 x 1 brm and 4 x 2 brm – focused on aged and disabled tenants. Assists with Housing Applications and lodgement to the Department
Department of Communities, Housing and Digital Economy 	Toowoomba South West Housing Service Centre Ground Floor, 10 Russell Street, TOOWOOMBA QLD 4350 PO Box 418 P: 07 4699 4400 E: toowoombahsc@chde.qld.gov.au W: www.chde.qld.gov.au Online application for Social Housing www.qld.gov.au	Social housing is available to vulnerable Queenslanders who are assessed as having the greatest need. Our housing Service Centre delivers coordinated service to support people throughout Queensland. Housing service centres help people sustain housing in the private rental market through bond loans, rental grants and other products and services.
LEGAL SERVICES		
Aboriginal & Torres Strait Islander Legal Service (Qld) 	88 The Terrace, ST GEORGE QLD 4487 P.O. Box 222 P: 07 4625 3052 Field Officer Diana Weribone E: diana.weribone@atsils.org.au	ATSI LEGAL SERVICE -information and referral -court support
Inland Legal	68 The Terrace, ST GEORGE QLD 4487 P.O. Box 501 P: 07 4625 5083 E: info@inlandlegal.com.au	Open from 8.30am-5.00pm Mon-Fri
Aboriginal Family Legal Service 	ROMA NEIGHBOURHOOD CENTRE Cnr Quinton & Bowen Streets, ROMA QLD 4455 FREECALL 1800 185 950 8.20am -5pm P: 07 4624 0813 E: robyn.ouden@maranoa.qld.gov.au	Legal and Counselling support for ATSI victims of Family Violence & Sexual Assault
The Advocacy and Support Centre Inc. 	96 Arthur Street Roma QLD 4455 P: 07 4523 6600 Monday to Thursday 9am to 4.30pm; Friday 9am to 4pm http://www.tascnational.org.au/ https://www.qsjc.com.au/ Shannon Rasmussen <i>Social Justice Advocate</i> P:07 4616 9781 E: shannonr@tascnational.org.au	TASC is a Community Service that provides Legal Assistance and Advocacy to the vulnerable and marginalised members of our community. Our Advocacy and Legal services are free for those who meet our eligibility criteria. We are the largest regional Community Legal Centre in Queensland, we have embraced the Social Justice message and pursue powerful ways to raise awareness, collaborate and showcase our advocacy for Social Justice throughout our communities. TASC upholds the principles of social justice when we remove barriers that people face because of gender, age, race, ethnicity, religion, culture, or disability.

		Opening Times: 9am to 4.30pm Monday to Thursday; 9am to 4pm Friday. Towns serviced include Charleville, Stanthorpe, Tara, Warwick, Dalby, St George, Miles, Millmerran, Cunnamulla, Roma, Goondiwindi, Chinchilla Visits approximately once per month (depends on demand and solicitor/advocate available) or target groups, assistance available • Family Law • Civil Law • Criminal Law • Disability Advocacy • Tenancy
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MENS SUPPORT

St George Community Men's Shed 	Lindores Street, ST GEORGE QLD 4487 PO Box 233 Chairperson David Hill P: 0428 259 159 E: dunkerrysouth@gmail.com	We support men's health, wellbeing, and sense of community. We welcome new members over 18 years. We work within the community for the community.
Vital Health St George Clinic Childhood Allied Health Intervention & Support Services (in clinic, at school or insitu) 	Our local and rural based team of allied health professionals work together to provide you with high quality care that meets your individual needs and helps you improve your quality of life and achieve your goals. We talk you through the referral process and funding available, you just need to make the booking: (07) 4625 5344 116 Alfred Street, St. George www.vitalhealthqld.com.au stgeorgereception@vitalhealthqld.com.au	Allied Health Services available for supply: NDIS Coordinator, Dietetics, Exercise Physiology, Occupational Therapy, Physiotherapy, Speech Pathology.

OPPORTUNITY SHOPS

Jacobs Well	Roe Street (Behind Anglican Church) ST GEORGE QLD 4487	Open Tuesday and Thursday from 9am-2pm Last Saturday of each month 9am-12.30pm
Lifeline	138 Victoria St, ST GEORGE QLD 4487 P: 07 4625 4341	Open Mon-Fri from 9am-4pm Sat 9am-12noon
Vinnies	115 Victoria St, ST GEORGE QLD 4487 P: 07 4625 5572	Tuesday, Wed, Fri - 9.30am -2pm Thursday 10am -2.30pm Saturday 9am -12pm

YOUTH SERVICES

Goondir Health 	127 Victoria Street, ST GEORGE QLD 4487 P.O. Box 246 P: 07 4625 5040 W: www.goondir.org.au Mon-Thurs 8.30am-4.30pm Fri 8am-2pm	General Practice, Dental Care, 715 health checks, Client Transport to and from appointments and long-distance travel, Gym facilities, Big Buddies Program
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	Social Emotional Wellbeing Counsellor Janelle Fatnowna M: 0436 621 456 P: 4625 5040 E: J.fatnowna@goondir.org.au Big Buddy Program P: 0436 689 843 E:	• 2 Aboriginal Health Workers assist with screening patients. • Assists with self-harm, loss & grief, drugs and alcohol issues, self-esteem issues, anxiety & emotional support. • Service is available for children, youths, adults and elderly. Families are also welcome. Service extends to connecting indigenous individuals and/or families to genealogy. Intake via referrals, self-referrals, medical referrals The Big Buddy Programs aims to empower Indigenous Youth to achieve their full potential and thrive through mentorship, education, social interaction and promoting life skills.
Gateway to Training  	ST GEORGE QLD 119 Victoria Street GOONDIWINDI OFFICE 15- 21 Russell Street, LMB 7 GOONDIWINDI QLD 4390 P 07 4671 2258 E info@gttc.com.au W www.gttc.com.au	GTT is a not-for-profit community-based organisation that offers flexible and responsive learning opportunities across Southwest Queensland. Our vision is to connect and create partnerships that provide lifelong learning options to build resilient communities that are alive with opportunities. GTT offers the following specialised training and support programs as well as fee for service tailored training: • Get Set for Work Program 15 to 19 years • Steady, Ready, Go! Program Over 15 years • Transition to Work Program 15 to 21 years Tailored Training
Lifeline Darling Downs   	St George Youth Development Worker P: 1300 991 443 (Ask for the St George office)	Program aim: The program is responding to the needs of youth within the LGA between the ages of 12-24 focusing on youth at risk of involvement in criminal activity and antisocial behaviour. Partnering with Big Buddy to run programs, events and teaching for the youth in our area to build their life skills, improve their education and improve their social interaction skills. Some current programs running are: - Suspension support for students - Youth group club every Wednesday from 5pm to 7pm.

24 HOUR ASSISTANCE HOTLINE NUMBERS

AMBULANCE – POLICE – FIRE EMERGENCY	000
ALCOHOL & DRUG DEPENDANCY	1800 177 833
BEYOND BLUE	1300 224 636
CHILD ABUSE HOTLINE (SWQ Only)	1800 458 288
CRISIS CARE	1800 177 135
CRIMESTOPPERS	1800 333 000
DV Connect	1800 811 811
ELDERS ABUSE HOTLINE	1300 651 192
HEALTHLINE	13 43 25 84
INTERPRETER SERVICE	07 3018 0333
KIDS HELP LINE	1800 551 800
LEGAL AID	1300 65 11 88
LIFELINE HELPLINE	13 11 14
MENTAL HEALTH (24hr Emergency & Out of Hrs Advice)	07 4616 5210
MENS INFO LINE	1800 600 636
PARENTLINE	1300 301 300
POISONS HOTLINE	131126
RELATIONSHIPS AUSTRALIA	1300 364 277
SES (State Emergency Service)	132 500
SEXUAL ASSAULT HELPLINE	1800 010 120
SIDS and Kids Queensland	1800 628 648
WOMEN's INFO LINK	1800 177 577